

Example Dot Phrase



Use this example dot phrase to build your own in your hospital's EHR!

Dot Phrase: (.PMHRESPONSE)

- Patient screened positive for **XXX** (dropdown: depression, anxiety, depression and anxiety, other)
- With **XXX** screening tool (dropdown: PHQ-9, EPDS, GAD-7, EPDS anxiety subscale, MDQ, other).
- Screening score **XXX** (fill in number) consistent with **XXX** (dropdown: mild, moderate, severe) symptom severity.
- Patient safety was assessed and there were no safety concerns.
- Provided counseling on **treatment options (therapy, medication, or both)**.
- The patient elects for **XXX** (dropdown: therapy, medication, or both).
- Provided referral with warm handoff to **XXX** (dropdown: therapy, other behavioral health, social work, other support services).
- Scheduled close OB follow up appointment to see the patient back within 2 weeks.
- Perinatal mental health education and support services resources (such as home visiting programs, PSI peer support, IL MOMS Line) provided.