

ESSI Sustainability Plan

Hospital Name:
Nurse Champion(s):
Provider Champion(s):
Date Sustainability Plan Drafted:

Quarterly Review Dates:	September 2026	December 2026	March 2027	June 2027
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How to Use This Plan:

This plan is intended to support teams in sustaining ESSI practices over time. Teams should use this document to outline to continue to ensure that we are continuing to meet our goals and to address movement away from the quality improvement goals.

While REDCap submissions occur quarterly, teams may find it helpful to review this plan more frequently (e.g., monthly) to monitor progress and address gaps in real time.

Monitoring Progress on Key ESSI Measures

Key Aim: ≥80% of infants will be discharged with a completed ESSI bundle. *The ESSI Bundle consists of three components:*

- **Awareness:** Parents or caregivers report an understanding of a safe sleep environment
- **Readiness:** Social Determinants of Health screening and linkage to appropriate resources complete.
- **Transfer of Care:** Communication to primary care provider completed

- I. What does monitoring ESSI-related practices and performance look like at your hospital? (e.g., how data is collected, reviewed, and used to understand performance over time).

- II. Team member(s) responsible for quarterly data entry in REDCap:

- III. Team member(s) responsible for pulling reports from REDCap for monitoring:

- IV. How often will your QI team meet to monitor success and identify opportunities for improvement?
 - Monthly
 - Quarterly
 - Other: _____
- V. How will your team approach identifying and addressing gaps when performance for individual ESSI measures fall below your hospital's goal?

Ongoing Education for providers and nurses:

- I. What education tool(s) will you use for ongoing education?
- Annual competency training (online or LMS-based)
 - Safe Sleep Modeling Audit Tool
 - Case reviews or debriefs (e.g., unsafe sleep observations, discharge gaps)
 - Review of unit-level ESSI data and audit results
 - Other:

II. **For Nurses:**

- What strategies will your team use to reinforce ESSI education for nurses over time?

- How often will this education occur?

- In what settings will this education take place (e.g., onboarding, staff meetings, bedside teaching)?

III. **For Providers:**

- What strategies will your team use to reinforce ESSI education for providers over time?

- How often will this education occur?

- In what settings will this education take place?

IV. **For Ancillary Staff (e.g., therapists, lactation consultants, social workers, support staff):**

- What strategies will your team use to reinforce ESSI education for ancillary staff over time?

- How often will this education occur?

- In what settings will this education take place?

New Hire Education for all new hires

- I. What education tool(s) will you use for ongoing education for all new hires?
 - Online or LMS-based training
 - Safe Sleep Modeling Audit Tool
 - Case reviews or debriefs (e.g., unsafe sleep observations, discharge gaps)
 - Other:

- II. How will your new hire education differ from the original ESSI education provided at the beginning of ESSI?

- III. How does education differ by role (e.g., nurses vs. providers/learners)? *(Briefly describe any differences in content, format, or expectations)*

- IV. How will your team ensure new hires demonstrate understanding of these topics?

- V. Team member(s) responsible for delivering education and tracking completion:

Leadership Engagement for ESSI Sustainability

- I. What leaders need to remain engaged?
 - Administrator
 - NICU Director
 - Unit leadership
 - Other:

- II. What information is shared with leadership to support ongoing QI work?
 - Audit performance (postpartum and NICU)
 - ESSI bundle completion rates
 - Equity and disparity data
 - Resource needs (e.g., supplies, staffing, workflow support)
 - Other:

ESSI Sustainability Plan

III. How will you share this information with leadership?

IV. Are there any gaps or additional data that would better support leadership engagement?

V. How often will this information be shared with leadership?

- Monthly
- Quarterly
- Annually
- Other:

Sustained Systems-level Changes

I. List at least 3 policies, workflows, or documentation tools that ensure ESSI practices remain embedded in routine care?

II. How will you ensure that perinatal-specific SDOH screening continues to occur for every patient?

III. How often will you update your local resource mapping tool? At what frequency will it be updated?

IV. How will the approach to having respectful conversations about safe sleep with families be maintained over time?

V. Describe how ESSI is embedded into routine care:

- Standardized safe sleep expectations embedded into unit workflows (e.g., periodic discussion during rounds)
- EMR documentation tools in place (e.g., dot phrases, smart phrases, required fields)
- SDOH screening and resource linkage workflows in place
- ESSI bundle integrated into discharge workflows
- Transfer of care processes include ESSI bundle elements
- Routine review of ESSI data with clinical team feedback
- Recognition for staff demonstrating ESSI practices

ESSI Sustainability Plan

Other:

VI. Team member(s) responsible for attending Quarterly ESSI sustainability calls and sharing updates on progress with your sustainability plan:

VII. What parts of your current workflow feel most vulnerable to breakdown or inconsistency over time (describe at least 3)? (e.g., reliance on a single staff member, turnover, inconsistent process)

VIII. What changes from ESSI are most firmly integrated into your workflows and likely to be sustained long-term?

Sustained Patient/Community Engagement

I. What does ongoing patient, family, and community engagement look like at your hospital in areas such as safe sleep, respectful care, and cultural responsiveness?

- Safe sleep conversations with families
- Respectful Care Breakfasts
- Inclusion of families or community members in QI teams
- Interpreter use and language access services
- Cultural responsiveness tools or practices
- Other:

II. What tools will your hospital use to support caregiver education and engagement, and what additional tools or approaches may be needed to sustain this work over time?

- Safe Sleep Conversation Tip Sheet
- My Baby's Safe Sleep Plan
- Safe Sleep Guidance for Families
- Other:

Additional tools or approaches needed:

III. How does your team gather and use feedback from patients, families, or community partners to inform care and improve patient experience?

ESSI Sustainability Plan

IV. Is your team planning on hosting a Respectful Care Breakfast in the next year?

Yes

No

V. If yes, please list anticipated date(s) and frequency (if known):
