

# A Celebration of Respectful Care

## ILPQC Respectful Care Breakfast

### Steps to Planning your Respectful Care Breakfast

1. Set the date.
2. Invite postpartum patients, parents, community partners, providers, nurses, social workers and staff.
3. Order coffee and breakfast treats or plan a lunch if better timing.
4. Host a discussion. This could be in the form of a panel or a smaller group/table discussion.
5. Celebrate together!

### Invite Postpartum Patients, Parents, Community Partners, Providers, Nurses, Social Workers and other Clinical Staff

#### Patients and Parents

Ask OB / Neo providers to identify and personally reach out to and invite the following:

- Patients who delivered in the last year and their partners
- NICU parents

Personal invitations work best.

Engage outpatient clinics, post a flyer, or engage postpartum support groups.

#### Community Partners

Connect with Doulas, CHWs, local health department, WIC office.

#### Clinical Staff

Providers, nurses, staff, and social workers.

### Sample Agenda

**20 min:** Enjoy breakfast (or lunch) together / mingling with name tags

**10 min:** Welcome/Intro to ILPQC initiative and share Respectful Care Practices

**30 min:** Patient/Parent/Doula Discussion: How do we optimize Respectful Care?

### Host a Discussion

- Invite 3-4 patients/parents/community partners (such as a doula) to share their perspectives, experiences, and recommendations to promote Respectful Care.
- Identify a facilitator to lead the discussion, could be a panel or small group / table discussion.
- Invite other patients/parents attending breakfast to provide their input.

### Sample Discussion Questions

- What does respectful care mean to each participant on the panel?
- Please share a specific example when you have experienced what felt to you like Respectful Care during pregnancy or delivery? What did the doctor or nurse do that was most memorable for you or your family/support persons?
- Please share a specific example when you may not have experienced respectful care? What could the doctor or nurse have done better to make sure you received the best care?
- How can clinical team members best take action on the Respectful Care Practices? How do we make sure patients feel listened to? How do we best practice shared decision making?

### Celebrate Together!

Celebrate respectful care, parent and patient voices with clinical team members, patients, parents and community partners and enjoy breakfast and discussion together!



**Respectful Care Breakfasts are a great opportunity to identify Patient, Parent and Community Partners for ongoing engagement with your QI team!**

[Respectful Care Breakfast Feedback Survey for Participants](#)

Please ask **ALL** participants to complete this brief survey at the end of the event! We will share anonymous results back with you.

