

Perinatal mental health (PMH) conditions are a leading cause of maternal morbidity and mortality

IL MOMS
Line

What is the IL MOMS Line?

- Free, 24/7 hotline answered live by licensed mental health professionals
- Provides assessment, support and mental health referrals

**Any time, any language,
free and confidential**

How to use it:

- Provide IL MOMS Line resource to pregnant and postpartum patients, especially those who screen positive for PMH conditions
- Patients/families can call 24/7
- Providers can call as needed, or with your patient, for help with assessment and mental health care referrals

866-364-MOMS (6667)

Anyone can call us. We can help.

We answer 24/7/365