

PMH Individual Data Collection

Record ID _____

Inclusion criteria: Patient-Level Data form is completed for 10 charts for:

Patients with a current PMH condition, as defined by:

- **Currently screened positive: The patient screens positive for depression (EPDS or PHQ-9 with a score of ≥ 10 or any non-zero answer to the self-harm question) or for anxiety (GADS-7 or EPDS anxiety subscale with a score of ≥ 5) during their pregnancy or delivery admission. If you have fewer than 10 patients who meet the criteria above, you can additionally include patients with the below criteria:**

- **History of PMH diagnosis, currently reporting signs/symptoms: The patient has a history of PMH condition (diagnosed before or during pregnancy) AND has experienced or reported active symptoms of anxiety or depression or other perinatal mental health condition during this pregnancy or the delivery admission. To identify patients for post-delivery chart reviews to complete PMH patient-level data forms: develop a system to identify all positive prenatal and delivery admission PMH screens, will need to access prenatal PMH screening results from affiliated prenatal care locations, can also utilize log books on L&D and/or use ICD-10 or key word searches for PMH conditions listed below in medical chart. (max of 10 charts audited per month).**

If you have 10 or fewer patients meeting the above criteria this month, please review ALL the charts. If you had more than 10 patients meeting the above criteria, please take a random sample of those patients using the instructions below:

- **Divide the total number of patients who meet the current PMH condition definition at your facility in a given month by 10.**
- **Select every nth chart where n is the result of that division. Example: If your hospital/practice has 28 patients with a current PMH condition in a month, divide 28 by 10 (= 2.8). You will select every 2nd chart for that month from your list of 28 patients who meet criteria.**

Data Dictionary

Term Abbreviation/Definition

Perinatal Mental Health

PMH

Substance Use Disorder

SUD

Social Determinants of Health

SDOH

Medications for Opioid Use Disorder

MOUD

Delivery Admission

Any admission during which a delivery occurred

AIM PMHC ICD-10 Codes

Condition Group Definition

Depression

F320, F321, F322, F323, F324, F325, F328, F3289, F329, F32A, F330, F331, F332, F333, F334, F3340, F3341, F3342, F338, F339, F341, F530, O906, O9934

Bipolar Disorder

F3010, F3011, F3012, F3013, F302, F303, F304, F308, F309, F310, F3110, F3111, F3112, F3113, F312, F3130, F3131, F3132, F314, F315, F3160, F3161, F3162, F3163, F3164, F3170, F3171, F3172, F3173, F3174, F3175, F3176, F3177, F3178, F3181, F3189, F319, F340, F3481, F3489, F39

Anxiety

F064, F409, F4000, F4001, F4002, F4010, F4011, F40218, F40240, F40241, F408, F410, F411, F413, F418, F419, F430, F458, F488, F489, F938, F99, R457

Posttraumatic stress disorder

F4310, F4311, F4312

Obsessive-compulsive disorder

F422, F423, F424, F428, F429, R4681

Psychosis

F060, F062, F200, F201, F202, F203, F205, F2081, F2089, F209, F21, F22, F23, F24, F250, F251, F258, F259, F28, F29, F531, F440, F441, F442, F4481, F4489, F449, F481, F482

Other

R45850, R45851, F061, F0630, F0631, F0632, F0633, F0634, F349, F4320, F4321, F4322, F4323, F4324, F4325, F4329, F4381, F4389, F439, F444, F445, F446, F447, F450, F451, F4520, F4521, F4522, F4529, F4541, F4542, F458, F459, F5101, F5102, F5103, F5104, F5105, F5109, F5111, F5112, F5113, F5119, F518, F519, F54, F59, O99340, O99341, O99342, O99343, O99344, O99345

AIM SUD ICD-10 Codes

Substance Definition

Opioids

F1110, F1111, F11120, F11121, F11122, F11129, F1114, F11150, F11151, F11159, F11181, F11182, F11188, F1119, F1120, F1121, F11220, F11221, F11222, F11229, F1123, F1124, F11250, F11251, F11259, F11281, F11282, F11288, F1129, F1190, F11920, F11921, F11922, F11929, F1193, F1194, F11950, F11951, F11959, F11981, F11982, F11988, F1199

Sedatives

F1310, F1311, F13120, F13121, F13129, F1314, F13150, F13151, F13159, F13180, F13181, F13182, F13188, F1319, F1320, F1321, F13220, F13221, F13229, F13230, F13231, F13232, F13239, F1324, F13250, F13251, F13259, F1326, F1327, F13280, F13281, F13282, F13288, F1329, F1390, F13920, F13921, F13929, F13930, F13931, F13932, F13939, F1394, F13950, F13951, F13959, F1396, F1397, F13980, F13981, F13982, F13988, F1399

Cocaine

F1410, F1411, F14120, F14121, F14122, F14129, F1414, F14150, F14151, F14159, F14180, F14181, F14182, F14188, F1419, F1420, F1421, F14220, F14221, F14222, F14229, F1423, F1424, F14250, F14251, F14259, F14280, F14281, F14282, F14288, F1429, F1490, F14920,

F14921, F14922, F14929, F1494, F14950, F14951, F14959, F14980, F14981, F14982, F14988,
F1499

Amphetamines / Stimulants

F1510, F1511, F15120, F15121, F15122, F15129, F1514, F15150, F15151, F15159, F15180, F15181, F15182,
F15188, F1519, F1520, F1521, F15220, F15221, F15222, F15229, F1523, F1524, F15250, F15251, F15259, F15280,
F15281, F15282, F15288, F1529, F1590, F15920, F15921, F15922, F15929, F1593, F1594, F15950, F15951, F15959,
F15980, F15981, F15982, F15988, F1599

Scoring and Screening Resources

EPDS Scoring: Sum the columns and then sum the column totals. A score ≥ 10 and/or a non-zero response on the last question (self-harm question in red) is a positive screen. Use page 18, "Depression" section for treatment options.

Bipolar Disorder (MDQ) Scoring: Total the number of Y responses above the grey bar containing the text beginning with "Please place a ..." A score ≥ 7 is a positive screen.

Anxiety (GAD-7): Scoring: Sum the ratings for the 7 items. A score ≥ 5 is a positive screen.

Posttraumatic Stress Disorder (PC-PTSD-5) If the first item response is NO, the score is 0. If the first item response is YES, sum the number of YES for the last five questions. A score ≥ 3 indicates a positive screen for PTSD.

Hospital ID Number

- 113 - AdventHealth Bolingbrook
- 112 - AdventHealth Hinsdale
- 053 - Advocate Sherman Hospital
- 128 - Advocate Children's- Oak Lawn
- 042 - Advocate Christ Medical Center
- 004 - Advocate Condell Medical Center
- 119 - Advocate Good Samaritan Hospital
- 039 - Advocate Good Shepherd Hospital
- 056 - Advocate Illinois Masonic Medical Center
- 021 - Advocate Lutheran General/ Advocate Children's Hospital
- 120 - Advocate Trinity Hospital
- 068 - Alton Memorial Hospital
- 069 - Anderson Hospital
- 131 - Ann & Robert H. Lurie Children's Hospital of Chicago
- 023 - Ascension Alexian Brothers
- 027 - Ascension Health St. Joseph Hospital - Chicago
- 015 - Ascension Saint Alexius
- 097 - Ascension Saint Mary - Kankakee
- 028 - Barnes-Jewish Hospital
- 070 - Blessing Hospital
- 115 - Carle BroMenn Medical Center
- 018 - Carle Foundation Hospital
- 124 - Carle Health Methodist
- 059 - Carle Richland Memorial Hospital
- 073 - CGH Medical Center
- 117 - OSF Children's Hospital of Illinois- Peoria
- 072 - Crawford Memorial Hospital
- 024 - Decatur Memorial Hospital
- 016 - Edward Hospital
- 022 - Elmhurst Memorial Hospital
- 003 - Endeavor Health Evanston Hospital
- 058 - Endeavor Health Highland Park Hospital
- 051 - Endeavor Health Swedish Hospital
- 066 - FHN Memorial Hospital
- 045 - Franciscan Health Olympia Fields
- 076 - Genesis Medical Center - Silvis Campus
- 025 - Gibson Area Hospital
- 121 - Graham Hospital
- 080 - HSHS St. Anthony's Memorial Hospital
- 105 - HSHS St. Elizabeth's Hospital
- 006 - HSHS St. John's Hospital
- 054 - HSHS St. Francis Hospital - Litchfield
- 081 - Ingalls Memorial Hospital
- 092 - Jacksonville Memorial Hospital
- 083 - Katherine Shaw Bethea (KSB) Hospital
- 010 - Loyola University Medical Center
- 046 - MacNeal Hospital
- 085 - McDonough District Hospital
- 122 - Memorial Hospital East
- 055 - Memorial Hospital of Carbondale
- 017 - Mercyhealth Javon Bea Hospital
- 089 - Morris Hospital and Health Care Centers
- 036 - Mount Sinai
- 044 - NM Central DuPage Hospital
- 071 - NM Delnor Hospital
- 126 - NM Huntley Hospital
- 107 - NM Kishwaukee Hospital
- 090 - NM Lake Forest Hospital
- 048 - NM Palos Hospital
- 001 - Northwest Community Hospital
- 007 - Northwestern Medicine Prentice Women's Hospital
- 098 - OSF Healthcare Sacred Heart Medical Center
- 114 - OSF Little Company of Mary Hospital
- 060 - OSF St. Anthony Medical Center- Rockford
- 061 - OSF St. Elizabeth Medical Center
- 011 - OSF St. Francis Medical Center

- 063 - OSF St. Joseph Medical Center
- 064 - OSF St. Mary Medical Center
- 125 - Prime Healthcare Mercy Medical Center
- 095 - Prime Healthcare Resurrection Medical Center
- 037 - Prime Healthcare St. Joseph Medical Center - Joliet
- 096 - Prime Healthcare Saint Mary of Nazareth
- 099 - Riverside Medical Center
- 065 - Roseland Community Hospital
- 013 - Rush University Medical Center
- 034 - Rush-Copley Medical Center
- 109 - Sarah Bush Lincoln
- 005 - Silver Cross Hospital
- 087 - Springfield Memorial Hospital
- 012 - SSM Health Cardinal Glennon Children's Hospital
- 077 - SSM Health Good Samaritan
- 123 - SSM Health St. Mary's Hospital - St. Louis
- 019 - St. Anthony Hospital
- 020 - St. Joseph's Hospital Breese
- 040 - Stroger Hospital of Cook County
- 110 - UI Health
- 103 - UnityPoint Health Trinity
- 002 - University of Chicago Medical Center
- 104 - UWNI Swedish American Hospital
- 050 - Vista Medical Center East
- 052 - West Suburban Medical Center

Please select the period for this monthly data

- Baseline October 2024
- Baseline November 2024
- Baseline December 2024
- September 2025
- October 2025
- November 2025
- December 2025
- January 2026
- February 2026
- March 2026
- April 2026
- May 2026
- June 2026
- July 2026
- August 2026
- September 2026
- October 2026
- November 2026
- December 2026
- January 2027
- February 2027
- March 2027
- April 2027
- May 2027
- June 2027
- July 2027

How many patient charts did you identify this month with active PMH conditions per the inclusion criteria above?

- 0
- Less than 10
- 10

Please select the criteria that was met for this patient per the inclusion criteria listed above:

- Patient screened positive during current pregnancy or delivery hospitalization
- Patient has a history of PMH diagnosis and is currently reporting signs/symptoms
- Patient has a history of PMH diagnosis and is currently/recently on medication

Please select the criteria that was met for this patient per the inclusion criteria listed above:

- Patient screened positive during current pregnancy or delivery hospitalization
- Patient has a history of PMH diagnosis and is currently reporting signs/symptoms

Demographic Information

Age

Race/Ethnicity

Please select all that apply

- White
- Black / African American
- Hispanic
- Asian
- Native American or Alaska Native
- Native Hawaiian or other Pacific Islander
- Other
- Race not reported

Health Insurance

- Private Insurance
- Public Insurance (Medicaid)
- Self-pay
- Uninsured
- Unknown

Primary Language: Other than English

- Yes
- No

Date of Delivery (MM/DD/YYYY)

Gestational Age at Delivery
(weeks (0-45) / days (0-6))

Was the baby admitted to a neonatal unit (e.g. NICU, Special Care Nursery, Infant Nursery)?

- Yes
- No

Perinatal loss this pregnancy?

- Yes
- No

Perinatal Mental Health Screening and History

Did the patient attend any prenatal care outpatient visits?

- Yes
- No

If yes, was the patient screened at least once prenatally for depression using a validated tool (i.e. EPDS, PHQ-9)?

- Yes
- No
- Prenatal records not available

If yes, did the patient screen positive on EPDS or PHQ-9 depression screening prenatally, or with another screening tool?

- Yes
 No
 Unknown

EPDS and PHQ-9: A score ≥ 10 and/or a non-zero response on the self-harm question (last question/question #10) is a positive screen for depression. (ACOG Clinical Practice Guideline #4)

If yes, was the patient screened at least once prenatally for anxiety using a validated tool (i.e. GAD-7, EPDS anxiety subscale)?

- Yes
 No
 Prenatal records not available

If yes, did the patient screen positive for anxiety on GAD-7 or EPDS anxiety subscale (items 3,4,5), screening prenatally, or with another screening tool?

- Yes
 No
 Unknown

GAD-7 or EPDS anxiety subscale: A score of ≥ 5 or higher is a positive screen for anxiety. (ACOG Clinical Practice Guideline #4)

Was the patient screened during delivery hospitalization for depression using a validated tool (i.e. EPDS, PHQ-9)?

- Yes
 No

If yes, did the patient screen positive on EPDS or PHQ-9 depression screening during delivery hospitalization, or with another screening tool?

- Yes
 No
 Unknown

EPDS and PHQ-9: A score ≥ 10 and/or a non-zero response on the self-harm question (last question/question #10) is a positive screen for depression. (ACOG Clinical Practice Guideline #4)

Was the patient screened during delivery hospitalization for anxiety using a validated tool (i.e. GAD-7, EPDS anxiety subscale)?

- Yes
 No

If yes, did the patient screen positive for anxiety on GAD-7 or EPDS anxiety subscale (items 3,4,5), screening during delivery hospitalization, or with another screening tool?

- Yes
 No
 Unknown

GAD-7 or EPDS anxiety subscale (items 3, 4, 5): A score of ≥ 5 is a positive screen for anxiety. (ACOG Clinical Practice Guideline #4)

PMH Conditions History / Diagnosis

When was the mental health condition (or positive PMH screen) identified?

Please select one.

- Prior to current pregnancy
 During current pregnancy
 During delivery hospital admission
 Unknown

What mental health condition (or positive PMH screen) has been identified during this current pregnancy? Select all that apply

- Depression
- Anxiety
- Obsessive compulsive disorder
- Suicidality
- PTSD
- Psychosis
- Bipolar Disorder
- History of perinatal mental health conditions in past pregnancy or postpartum
- Other

PMH Treatment

Was the patient receiving behavioral health treatment (medication and/or therapy/counseling) prior to pregnancy?

- Yes
- No
- Unknown

If yes, was the behavioral health treatment (medication and/or therapy/counseling) continued during this pregnancy?

- Yes
- No
- Unknown

Was the patient provided medication treatment for PMH condition prenatally or by delivery discharge?

- Yes
- No
- Counseling documented but declined

If yes, when was medication started? (select all that apply)

- Pre-pregnancy
- During pregnancy
- During delivery admission
- Unknown

Was the patient provided behavioral health counseling/support options with follow up appointment scheduled or warm hand off documented (such as to IL MOMS Line) prenatally or by delivery discharge?

- Yes
- No
- Referral made but not scheduled
- Counseling documented but declined
- Warm handoff provided

If yes, when was patient connected to services?

- Pre-pregnancy
- Connected prenatally, before delivery admission
- Connected during delivery admission
- Unknown

Was the patient scheduled for an early postpartum follow-up visit with a clinical provider (by 2 weeks postpartum)?

- Yes
- No

Education

Was the patient provided IL MOMS Line phone number and information and/or other perinatal mental health support lines?

- Yes
- No

Was the patient (and the family/support persons if available) provided education on perinatal mental health conditions, warning signs, and follow up options?

- Yes
- No

SUD Screening and Discharge

Was the patient screened for SUD/ODD during pregnancy or delivery admission?

- Yes
 No

Did the patient screen positive or have a diagnosis of SUD/ODD?

- Yes - SUD
 Yes - OUD
 No

If yes, did the patient receive follow up behavioral health referral scheduled during pregnancy or by delivery discharge?

- Yes
 No
 Offered but declined

If OUD diagnosis, did the patient receive MOUD during pregnancy or by delivery discharge?

- Yes
 No - Patient declined MOUD
 No - MOUD not available
 No - MOUD not indicated
 No - MOUD counseling not provided
 Unknown

MOUD stands for medication for opioid use disorder. Patient on prescribed Methadone, Buprenorphine/Subutex/Suboxone, or Other (e.g. Vivatrol, Naltrexone)

If OUD diagnosis, was the patient linked to MAR Now hotline for treatment and follow-up support?

- Yes
 No
 Offered but declined
 Unknown

If OUD diagnosis, was Narcan counseling documented during pregnancy or before delivery discharge?

- Yes
 No

If OUD diagnosis, was free Narcan kit provided through DOPP program? (Check all that apply)

- Yes
 No
 Offered but declined
 No - DOPP free Narcan kits not yet available at our hospital
 No - but Narcan prescription was provided
 Unknown

SDOH Screening and Linkage

Was this patient screened for social determinants of health?

- Yes - screened and SDOH needs identified
 Yes - screened and no SDOH needs identified
 No

If SDOH needs identified, did patient have documentation of linkage to needed resources/services

- Yes
 Patient offered resources but declined
 No

If SDOH needs identified, was patient linked to home visiting program or other community follow up / support program?

- Yes
 Patient offered resources but declined
 No
 Patient screened but not eligible for home visiting program
 We do not yet have access to a home visiting program or other community follow up / support programs for our patients