

# On-line Referrals for Warm Handoffs to Behavioral Health Care for Pregnant and Postpartum Patients

01.

## Mammha

**Services:** Individual therapy; group therapy; medication management; mobile app; case manager to help navigate pregnant/postpartum patients to behavioral health care

**Insurance:** All major insurances

**Location:** Virtual across IL

Refer a patient here:



02.

## Hopeful Beginnings

**Services:** Therapy for anxiety, depression, adjustment, grief and loss; case management; Spanish and English

**Insurance:** Medicaid and all major insurances

**Location:** Virtual across IL; in -person in Palatine, Hanover Park, Elgin

Refer a patient here:



03.

## Partum Health

**Services:** Mental health, lactation, nutrition, doula care, physical therapy

**Insurance :** Clinical services - all major insurances (Medicaid coverage in Spring); Doula care - Medicaid and all major insurances

**Location:** Virtual across IL; in-person in Chicago

Refer a patient here:



04.

## Matrescence Therapy

**Services:** Continuous therapy for PMH conditions, fertility, miscarriage, stillbirth

**Insurance:** All major insurances; free support for people with Medicaid

**Location:** Virtual across IL

Refer a patient here:

