

# ON-LINE REFERRALS FOR WARM HANDOFFS TO BEHAVIORAL HEALTHCARE FOR PREGNANT AND POSTPARTUM PATIENTS

01.

## Mammha

**Services:** Individual therapy; group therapy; medication management; mobile app; case manager to help navigate pregnant/postpartum patients to behavioral healthcare

**Insurance:** All major insurances

**Location:** Virtual across IL

Refer a patient here:



02.

## Hopeful Beginnings

**Services:** Therapy for anxiety, depression, adjustment, grief and loss; case management; Spanish and English

**Insurance:** Medicaid and all major insurances

**Location:** Virtual across IL; in-person in Palatine, Hanover Park, Elgin

Refer a patient here:



03.

## Partum Health

**Services:** Mental health, lactation, nutrition, doula care, physical therapy

**Insurance:** Clinical services -all major insurances (Medicaid coverage in Spring); Doula care -Medicaid and all major insurances

**Location:** Virtual across IL: in-person in Chicago

Refer a patient here:



04.

## Matrescence Therapy

**Services:** Continuous therapy for PMH conditions, fertility, miscarriage, stillbirth

**Insurance:** All major insurances; free support for people with Medicaid

**Location:** Virtual across IL

Refer a patient here:



05.

## Nurture Therapy

**Services:** Continuous therapy throughout the reproductive journey; medication management

**Insurance:** All major insurances

**Location:** In-person in Chicago; Virtual across IL

Refer a patient  
here:

