

A Celebration of Respectful Care



ILPQC Respectful Care Breakfast



Steps to Planning your Respectful Care Breakfast

1. Set the date.
2. Invite patients, parents, community partners, providers, nurses, & staff.
3. Order coffee and breakfast treats, or plan a lunch if better timing.
4. Host a panel discussion.
5. Celebrate together!

Invite Patients, Parents, Community Partners, and Clinical Staff

Patients and Parents

Ask OB / Neo providers to identify and personally reach out to & invite the following:

- Patients who delivered in the last year
- NICU parents

Personal invitations work best.

Engage outpatient clinics, post a flyer, or engage postpartum support groups.

Community Partners

Connect with Doulas, CHWs, local health department, WIC office.

Clinical Staff

Providers, nurses, staff, and social workers.

Sample Agenda

20 min: Enjoy breakfast (or lunch) together / mingling with name tags

10 min: Welcome/Intro to ILPQC initiative and share Respectful Care Practices

30 min: Patient/Parent/Doula Panel Discussion: How do we optimize Respectful Care?

Host a Panel Discussion

- Invite 3–4 patients/parents/community partners (such as a doula) to share their perspectives, experiences, and recommendations to promote Respectful Care.
- Identify a Panel Moderator to lead discussion.
- Invite other patients/parents attending breakfast to provide their input.

Sample Panel Discussion Questions

- What does respectful care mean to each participant on the panel?
- Please share a specific example when you have experienced what felt to you like Respectful Care during pregnancy or delivery of care? What did the doctor or nurse do that was most memorable for you or your family/support persons?
- Please share a specific example when you may not have experienced respectful care? What could the doctor or nurse have done better to make sure you received the best care?
- How can clinical team members best take action on the Respectful Care Practices? How do we make sure patients feel listened to? How do we best practice shared decision making?

Celebrate Together!

Celebrate respectful care, parent and patient voices with clinical team members, patients, parents and community partners and enjoy breakfast and discussion together!

Respectful Care Breakfasts are a great opportunity to identify Patient, Parent and Community Partners for ongoing engagement with your QI team!

[Respectful Care Breakfast Feedback Survey for Participants](#)

Please ask **ALL** participants to complete this brief survey at the end of the event! We will share anonymous results back with you.

