

**ILPQC Perinatal Mental Health (PMH) Monthly Hospital Measures Data Collection Form**

**Abbreviation Dictionary**

<i>Term</i>	<i>Abbreviation</i>
Perinatal Mental Health	PMH
Substance Use Disorder	SUD
Social Determinants of Health	SDOH

**Definitions:**

PMH Definition: For the purposes of this data form, perinatal mental health conditions refer to mood, anxiety, and anxiety-related disorders that occur during pregnancy or within one year of delivery and are inclusive of mental health conditions with onset that predates pregnancy. These conditions include and are not limited to depression, anxiety and other mood disorders such as posttraumatic stress disorder and obsessive-compulsive disorder, bipolar disorder, and postpartum psychosis.

**REDCAP Study Identifiers**

REDCap Record ID \_\_\_\_\_ REDCap Record ID: \_\_\_\_\_

Hospital ID Number \_\_\_\_\_ Hospital ID Number: \_\_\_\_\_

Please select the period for this monthly data:	<input type="checkbox"/> Baseline October 2024 <input type="checkbox"/> Baseline November 2024 <input type="checkbox"/> Baseline December 2024 <input type="checkbox"/> September 2025 <input type="checkbox"/> October 2025 <input type="checkbox"/> November 2025 <input type="checkbox"/> December 2025 <input type="checkbox"/> January 2026 <input type="checkbox"/> February 2026 <input type="checkbox"/> March 2026 <input type="checkbox"/> April 2026 <input type="checkbox"/> May 2026	<input type="checkbox"/> June 2026 <input type="checkbox"/> July 2026 <input type="checkbox"/> August 2026 <input type="checkbox"/> September 2026 <input type="checkbox"/> October 2026 <input type="checkbox"/> November 2026 <input type="checkbox"/> December 2026 <input type="checkbox"/> January 2027 <input type="checkbox"/> February 2027 <input type="checkbox"/> March 2027 <input type="checkbox"/> April 2027 <input type="checkbox"/> May 2027 <input type="checkbox"/> June 2027 <input type="checkbox"/> July 2027
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**Structure Measures:**

<p>1. Hospital has established a process to educate all OB clinical staff caring for pregnant/postpartum patients on PMH warning signs, PMH screening, updated treatment protocols, referral processes, use of hotlines/warmlines for assistance (IL Doc Assist, IL MOMS Line, MAR Now) and trauma informed care.</p>	<input type="checkbox"/> Haven't started <input type="checkbox"/> Working on it <input type="checkbox"/> In place
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<p>2. Hospital has established a process to educate all ER clinical staff caring for pregnant/postpartum patients on PMH warning signs, PMH screening, updated treatment protocols, referral processes, use of hotlines/warmlines for assistance (IL Doc Assist, IL MOMS Line, MAR Now) and trauma informed care.</p>	<p><input type="checkbox"/> Haven't started  <input type="checkbox"/> Working on it  <input type="checkbox"/> In place</p>
<p>3. Create a PMH Access Workgroup with multidisciplinary inpatient and outpatient care team members (including, OB, ED, Peds, social work, psychiatry, outpatient and inpatient OB nursing leaders) and community stakeholders across perinatal continuum of care to identify barriers to perinatal mental health care and opportunities to enhance care coordination and connections to mental health resources, including innovative strategies, for pregnant and postpartum patients.</p>	<p><input type="checkbox"/> Haven't started  <input type="checkbox"/> Working on it  <input type="checkbox"/> In place</p>
<p>4. Hospital has established a process to provide postpartum patients education on PMH conditions warning signs for patients and family members/support people and follow up options including, hotlines/warmlines, such as IL MOMS</p>	<p><input type="checkbox"/> Haven't started  <input type="checkbox"/> Working on it  <input type="checkbox"/> In place</p>

line, PSI, and MAR Now, before delivery discharge.	
5. Hospital has established a process to share PMH patient education resources with outpatient settings, such as prenatal care sites, FQHCs, emergency departments, and pediatric offices.	<input type="checkbox"/> Haven't started <input type="checkbox"/> Working on it <input type="checkbox"/> In place
6. Hospital has established a process to share validated PMH screening tools and screening/treatment algorithms and process flow for linkage to PMH follow up with outpatient settings, such as prenatal care sites, FQHCs, emergency departments, and pediatric offices. Include resources to support utilization of IL Doc Assist for PMH clinical consultation, and IL MOMS Line for patient support and linkage to follow up.	<input type="checkbox"/> Haven't started <input type="checkbox"/> Working on it <input type="checkbox"/> In place
7. Hospital has identified a patient partner to join PMH quality improvement team and / or other opportunities to engage patients and community members with lived experiences and prioritize their recommendations.	<input type="checkbox"/> Haven't started <input type="checkbox"/> Working on it <input type="checkbox"/> In place
8. Hospital has established protocol and workflow to screen all OB patients for PMH conditions with validated screening tools	<input type="checkbox"/> Haven't started <input type="checkbox"/> Working on it <input type="checkbox"/> In place

<p>during delivery hospitalization.</p>	
<p>9. Hospital has established process flow for treating positive PMH screens during delivery hospitalization including treatment initiation algorithms using tiered assessment based on severity and risk of harm, include utilization of IL DocAssist for PMH clinical consultation.</p>	<p><input type="checkbox"/> Haven't started  <input type="checkbox"/> Working on it  <input type="checkbox"/> In place</p>
<p>10. Hospital has established a process flow for referral to link patients who screen positive for PMH conditions during delivery hospitalization to follow up behavioral health care and support, include utilization of IL Doc Assist for provider support and IL MOMS Line for patient support with linkage to follow up mental health care.</p>	<p><input type="checkbox"/> Haven't started  <input type="checkbox"/> Working on it  <input type="checkbox"/> In place</p>
<p>11. Identify and implement innovative strategies to address barriers to follow up behavioral health care for patients with both private and Medicaid health insurance, such as: telehealth behavioral health services, technology/apps to support PMH, PSI online peer support groups and peer mentoring or other peer supports, task sharing with nurses/community health workers trained to</p>	<p><input type="checkbox"/> Haven't started  <input type="checkbox"/> Working on it  <input type="checkbox"/> In place</p>

<p>provide behavioral health care/support, home visiting programs, and/or other community resources that expand treatment and behavioral health follow up options.</p>	
<p>12. Hospital has established process flow for linkage to recovery treatment services for positive perinatal SUD screens in OB settings, including utilization of IL DocAssist for clinical consultation and MAR Now to link patients to recovery treatment services and care coordination with a warm handoff.</p>	<p><input type="checkbox"/> Haven't started  <input type="checkbox"/> Working on it  <input type="checkbox"/> In place</p>
<p>13. Hospital has established process flow for treatment/linkage to recovery treatment services for positive perinatal SUD screens in ER settings, including treatment initiation algorithms and process for utilization of IL DocAssist for clinical consultation and MAR Now to link patients to recovery treatment services and care coordination with a warm handoff.</p>	<p><input type="checkbox"/> Haven't started  <input type="checkbox"/> Working on it  <input type="checkbox"/> In place</p>
<p>14. Improve risk reduction for SUD through participation in IL Drug Overdose Prevention Program (DOPP) to access and distribute free Naloxone for pregnant/postpartum patients with a history of OUD/use of opioids (prescribed or unprescribed),</p>	<p><input type="checkbox"/> Haven't started  <input type="checkbox"/> Working on it  <input type="checkbox"/> In place</p>

during delivery hospitalization and in emergency departments, and/or outpatient OB clinics or other community locations.	
<b>Process Measures</b>	
15. % of OB providers caring for pregnant/postpartum patients with PMH training completed	<input type="checkbox"/> 0% <input type="checkbox"/> 10% <input type="checkbox"/> 20% <input type="checkbox"/> 30% <input type="checkbox"/> 40% <input type="checkbox"/> 50% <input type="checkbox"/> 60% <input type="checkbox"/> 70% <input type="checkbox"/> 80% <input type="checkbox"/> 90% <input type="checkbox"/> 100%
16. % of OB nursing staff caring for pregnant/postpartum patients with PMH training completed	<input type="checkbox"/> 0% <input type="checkbox"/> 10% <input type="checkbox"/> 20% <input type="checkbox"/> 30% <input type="checkbox"/> 40% <input type="checkbox"/> 50% <input type="checkbox"/> 60% <input type="checkbox"/> 70% <input type="checkbox"/> 80% <input type="checkbox"/> 90% <input type="checkbox"/> 100%
17. % of ER providers caring for pregnant/postpartum patients with PMH training completed	<input type="checkbox"/> 0% <input type="checkbox"/> 10% <input type="checkbox"/> 20% <input type="checkbox"/> 30% <input type="checkbox"/> 40% <input type="checkbox"/> 50% <input type="checkbox"/> 60% <input type="checkbox"/> 70% <input type="checkbox"/> 80% <input type="checkbox"/> 90% <input type="checkbox"/> 100%
18. % of ER nurses caring for pregnant/postpartum patients with PMH training completed.	<input type="checkbox"/> 0% <input type="checkbox"/> 10% <input type="checkbox"/> 20% <input type="checkbox"/> 30% <input type="checkbox"/> 40% <input type="checkbox"/> 50% <input type="checkbox"/> 60%

	<input type="checkbox"/> 70% <input type="checkbox"/> 80% <input type="checkbox"/> 90% <input type="checkbox"/> 100%
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19. PMH Screening Workflow (10 chart audit):

- Random sample of 10 charts to audit per month from **ALL** delivered patients in that month
- Divide the total number of delivered patients typically occurring at your facility in a given month **by 10**. Select every *n*th chart of delivered patient where '*n*' is the result of that division to identify 10 charts to audit per month

Complete brief chart review on 10 randomly sampled charts to answer the questions below:

	Sample Patient Chart #1	Sample Patient Chart #2	Sample Patient Chart #3	Sample Patient Chart #4	Sample Patient Chart #5	Sample Patient Chart #6	Sample Patient Chart #7	Sample Patient Chart #8	Sample Patient Chart #9	Sample Patient Chart #10
Insurance Status	Choose an item.									
Race/Ethnicity	Choose an item.									
Primary Language	Choose an item.									
Patient had documentation of depression screening using a validated tool prenatally										
Patient had documentation of depression screening using a validated tool prior to discharge										
Patient had documentation of anxiety screening using a validated tool prenatally										

Patient had documentation of anxiety screening using a validated tool prior to discharge										
Patient had documentation of receiving education before delivery discharge on PMH conditions, IL MOMS Line, and MAR Now.										