MNO Collaborative Discharge Plan

This discharge plan should be completed <u>collaboratively</u> with mother or caregiver for **EVERY** newborn affected by opioids prenatally (if possible) and completed by infant discharge. This Collaborative Discharge Plan is to be shared with the infant's and the mother's providers and supports.

CURRENT SUPPORTS (Use this section to identify current supports e.g. partner/spouse, family/friends, Medication Assisted Treatment (MAT), behavioral health counseling/recovery services, spiritual faith/community, recovery community, etc.)

STRENGTHS AND GOALS (Use this section to identify existing strengths and possible needs in each of these areas)
Breastfeeding:
Family/Household:
Parenting:
Housing:
Smoking Cessation:
Opioid Use Disorder Treatment and Recovery:
Other:

ADDITIONAL QUESTIONS ABOUT OPIOID USE DISORDER AND NEONATAL ABSTINENCE SYNDROME
What can I expect at home:
Strategies to soothe my baby:
What to do if I'm stressed or need a break:

EMERGENCY CHILDCARE CONTACT/OTHER PRIMARY SUPPORTS	
Name:	Phone Number:
Name:	Phone Number:
Name:	Phone Number:
Name:	Phone Number:

NOTES/ADDITIONAL SUPPORT NEEDED

Services, Supports, and New Referrals

Community Pediatrician Identification & Referral

☐ **Newborn has an appointment scheduled with a community pediatrician for post-discharge follow-up (within 24 – 48 hours after infant discharge)**	My Newborn's Pediatrician Name:
	Pediatrician's Office Address:
	Pediatrician's Office Phone Number:
	Appointment Date:
	Appointment Time:

Early Intervention (Illinois Child & Family Connections) Identification and Referral

☐ **Referral faxed to Early Intervention (Illinois Child & Family Connections) for Newborn Developmental Follow-Up completed by newborn discharge** **OR** ☐ ***Referral to Early Intervention (Illinois Child & Family Connections) for Newborn Developmental Follow-Up not applicable at this time**	My Local Early Intervention Office Name:
	Office Location:
	Office Phone Number:

*If infant does not meet EI referral eligibility criteria by infant discharge, please share this information with the infant's pediatrician.

- If you have future questions about your infant's Early Intervention eligibility, benefits, or local EI services in your area please contact the Illinois Department of Human Services Help Line (1-800-843-6154). You can also look-up your local office online here: http://www.dhs.state.il.us/page.aspx?module=12
- The Early Intervention program aims to ensure that families who have infants and toddlers (birth to 36 months old) with diagnosed disabilities, developmental delays, or are at risk for delays receive the necessary resources to support you and help optimize your child's development. Early Intervention provides these services in the comfort and ease of your living arrangements.

*Note: Services may be offered through a health department

Adverse Pregnancy Outcomes Reporting System (APORS) Education for Mother, Caregiver, and Family

☐ **An APORS referral was submitted on behalf of your newborn within 7 days of discharge.**

- APORS is a tool that your care team uses to identify and refer newborns who require special services to correct and/or prevent possible developmental problems.
- Families of newborns submitted to APORS may be eligible for follow-up services through the Illinois Department of Human Services' High Risk Infant Follow-up (HRIF) Program.
- You will be contacted by a community health nurse to offer case-management services, including home visiting and assistance with any identified needs.
- You may be eligible to receive six (6) visits during your infant's first two years of life, where a community health nurse will conduct physical and developmental assessments, provide education, and make referrals for additional services.

Additional Community Resources to Optimize Care of Mothers and Newborns affected by Opioids (As Applicable)

My Local Health Department Services (As Applicable)

Your local health department can be an important resource for services to support you and your infant including WIC, case management, home visiting, and developmental screenings.	Name of Office:
	Main Number:
	Website:

My Local WIC Office (As Applicable)

The WIC program strives to improve the health and nutritional well-being for you through supplemental nutritious foods, education and counseling, and screenings and referrals to other health, welfare and social services. WIC provides these services to pregnant women, breastfeeding women, and infants and children under the age of 5.	Name of Office:
	Office Location:
	Main Number:
	Website:

*Note: Services may be offered through a health department

My Local Family Case Management Office & High-Risk Infant Follow-Up (HRIF) (As Applicable)

The Family Case Management Program (FCM) can help assist you and your newborn with access to medical care, newborn health education and counseling, developmental screening, and referrals to other community services needed.	Name of Office:
	Main Number:
	Website:

***Note: Services may be offered through a health department**

My Local Home Visiting Programs (As Applicable)

The Illinois home visiting program promotes positive parenting, healthy child grown and development, and prepares young children for school success. Program components include home/personal visits, group connections, screening, and family service planning.	Name of Program:
	Main Number:
	Website:

***Note: Services may be co-located in a health department**

My Local Early Head Start / Head Start Offices (As Applicable)

Early Head Start and Head Start can help support you and your child's learning in the early years. These programs provide comprehensive child development services for your child to help improve their growth and development and promote school readiness.	Name of Program:
	Main Number:
	Website:

***Note: Services may be offered through a health department**