

Preeclampsia Early Recognition Tool (PERT)

ASSESS	NORMAL (GREEN)	WORRISOME (YELLOW)	SEVERE (RED)
Awareness	Alert/oriented	<ul style="list-style-type: none"> •Agitated/confused •Drowsy •Difficulty speaking 	<ul style="list-style-type: none"> •Unresponsive
Headache	None	<ul style="list-style-type: none"> •Mild headache •Nausea, vomiting 	<ul style="list-style-type: none"> •Unrelieved headache
Vision	None	<ul style="list-style-type: none"> •Blurred or impaired 	<ul style="list-style-type: none"> •Temporary blindness
Systolic BP (mm HG)	100-139	140-159	≥160
Diastolic BP (mm HG)	50-89	90-105	≥105
HR	61-110	111-129	≥130
Respiration	11-24	25-30	<10 or >30
SOB	Absent	Present	Present
O2 Sat (%)	≥95	91-94	≤90
Pain: Abdomen or Chest	None	<ul style="list-style-type: none"> •Nausea, vomiting •Chest pain •Abdominal pain 	<ul style="list-style-type: none"> •Nausea, vomiting •Chest pain •Abdominal pain
Fetal Signs	<ul style="list-style-type: none"> •Category I •Reactive NST 	<ul style="list-style-type: none"> •Category II •IUGR •Non-reactive NST 	<ul style="list-style-type: none"> •Category III
Urine Output (ml/hr)	≥50	30-49	≤30 (in 2 hrs)
Proteinuria <small>(Level of proteinuria is not an accurate predictor of pregnancy outcome)</small>	Trace	<ul style="list-style-type: none"> •≥ +1** •≥300mg/24 hours 	
Platelets	>100	50-100	<50
AST/ALT	<70	>70	>70
Creatinine	<0.8	0.9-1.1	≥1.2
Magnesium Sulfate Toxicity	<ul style="list-style-type: none"> •DTR +1 •Respiration 16-20 	<ul style="list-style-type: none"> •Depression of patellar reflexes 	<ul style="list-style-type: none"> •Respiration <12

