10 Steps to Getting Started with ESSI

1. Establish leadership commitment for ESSI
2. Confirm that your ESSI QI team roster is complete and up-to-date
   - Include a provider and nurse lead
   - Begin brainstorming potential strategies to engage parent partners
3. Schedule regular ESSI QI team meetings
4. Review the **ESSI (1) Monthly Patient and (2) Monthly Hospital Data Collection Form** with your team and discuss strategies for data collection
5. Complete the ESSI Teams Readiness Survey if you have not done so already
6. Review your current safe sleep and respectful care provider, nursing, and staff education
7. Review Key ESSI resources including the Key Driver Diagram and the ESSI Online Toolkit
8. Begin the QI work by drafting a 30/60/90 day plan
9. Attend upcoming ESSI Webinars:
   - **ESSI Initiative Launch Call** – Monday, November 20th at 2pm
     - All team members should attend this webinar
   - **QI Team Leads Support Call** – Thursday, December 7th at 12pm
     - All team leads should attend this webinar
   - **ESSI Data Training Webinars** – Thursday, January 11th, 2024 at 12pm **or** Thursday, January 18th, 2024 at 12pm
     - Team leads and anyone entering data in REDCap should attend one of these webinar offerings
10. Energize and educate your hospital team members about ESSI

Key QI Terms

Term	Definition
Readiness Survey	This survey helps your team work together to understand current barriers and opportunities at your hospital.
Key Driver Diagram	This diagram organizes your improvement aim, the key drivers or the "what" you need to accomplish that aim, and the change ideas or interventions, the "how", into a learning and communication framework. A driver diagram allows you to distill your vision into manageable tasks.
30-60-90 Day plan	This plan helps your team decide where to start and identify what you want to accomplish in the first 3 months. Call it the "where should we start" for your ESSI implementation plan.
ESSI Toolkit	This toolkit is an online living document of strategies, resources and tools to help your hospital team implement the ESSI initiative.