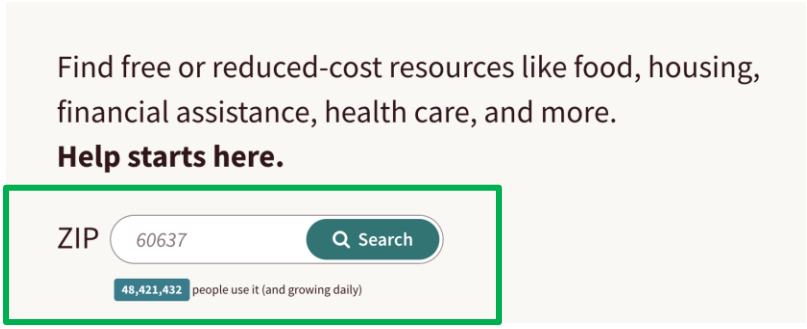
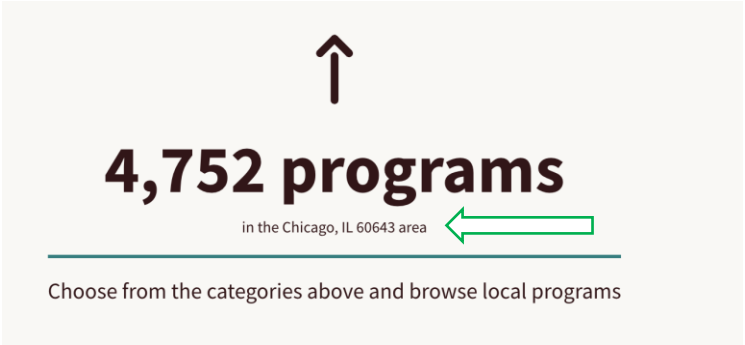
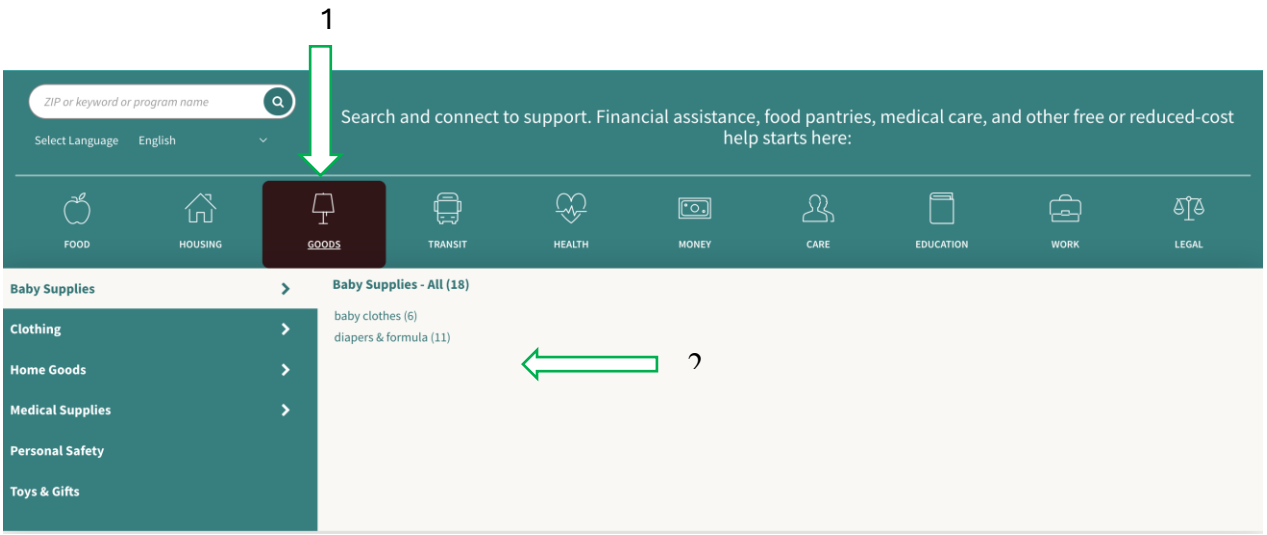
Resource Mapping Tip Sheet:

- Type in zip code on findhelp.org to populate an initial preview of the resources in your area

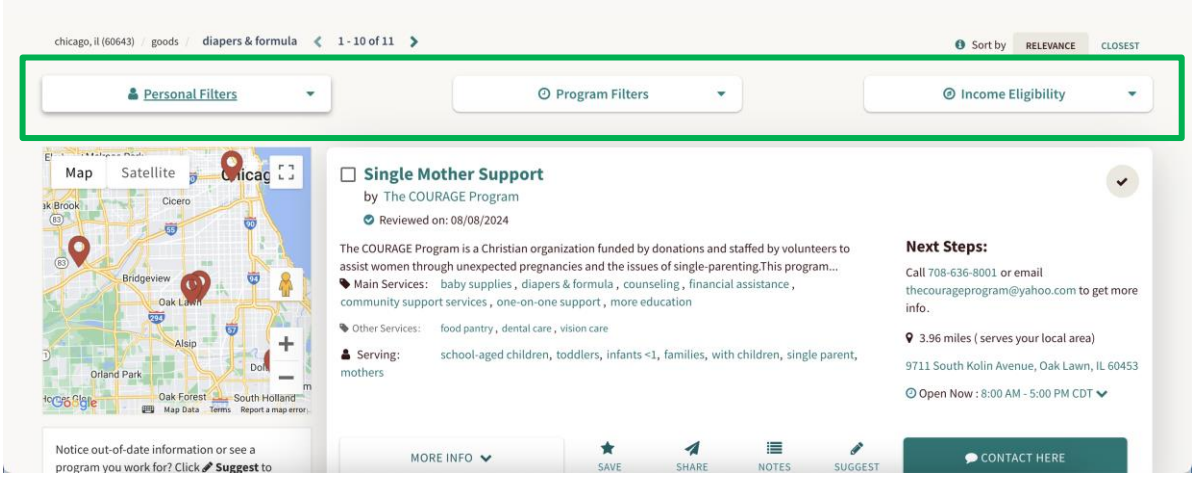




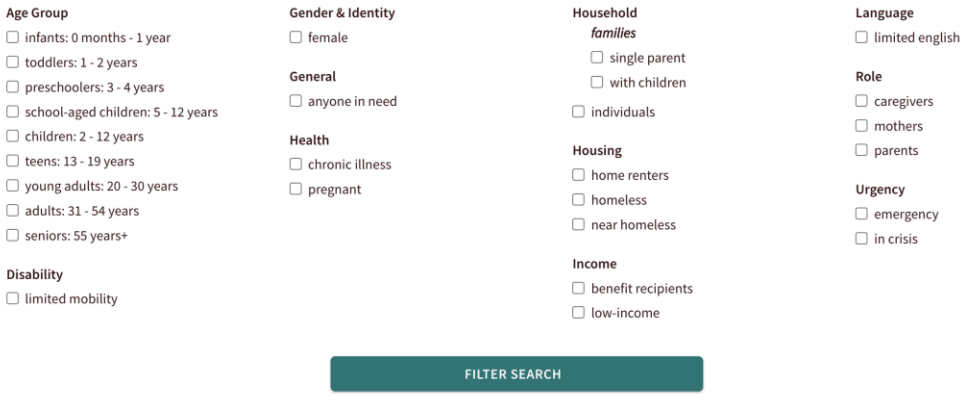
- At the top of the results page is a tab that lists several categories. Categories available include the following: *food, housing, goods, transit, health, money, care, education, work, legal*. For a list of sub-categories, please go to page 6.
  Select the category you are interested in exploring resources for. In the example below, we will look at **"Goods."**



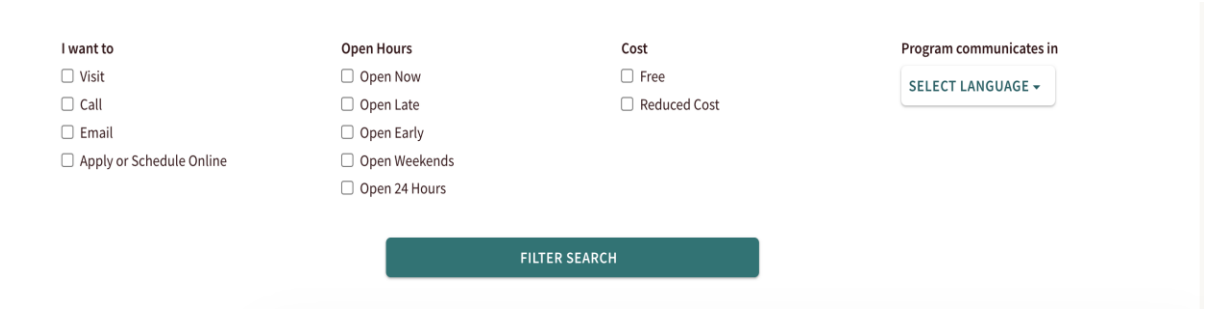
- The category **“Goods”** has several different sub-categories. For each sub-category, a list of resources relevant to that topic will appear. Let’s explore **“Diapers and Formula”.**
- On the results page, you will see a list of resources that fall under your desired category. There are additional filter buttons at the top of each page, where you can personalize your results. **The available filter options are outlined in green.**



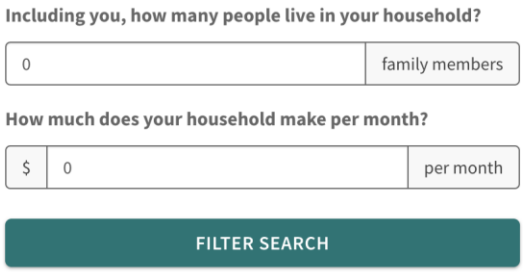
- *Personal filters*



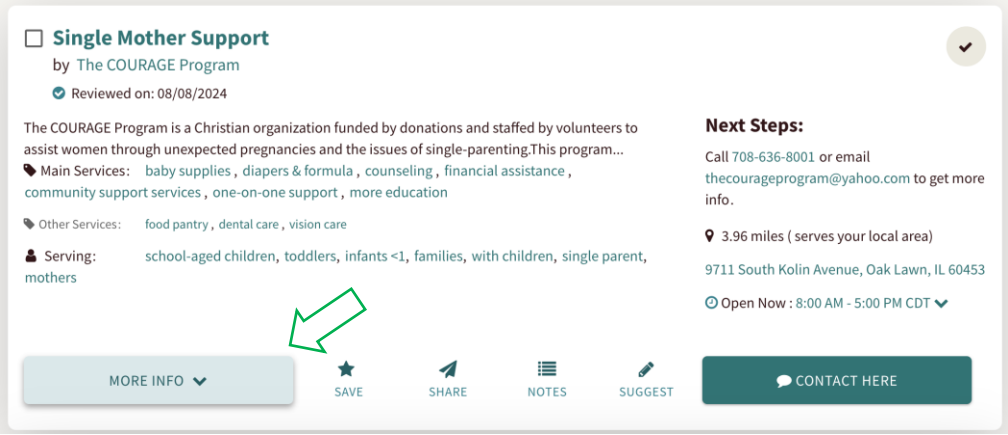
- *Program filters*

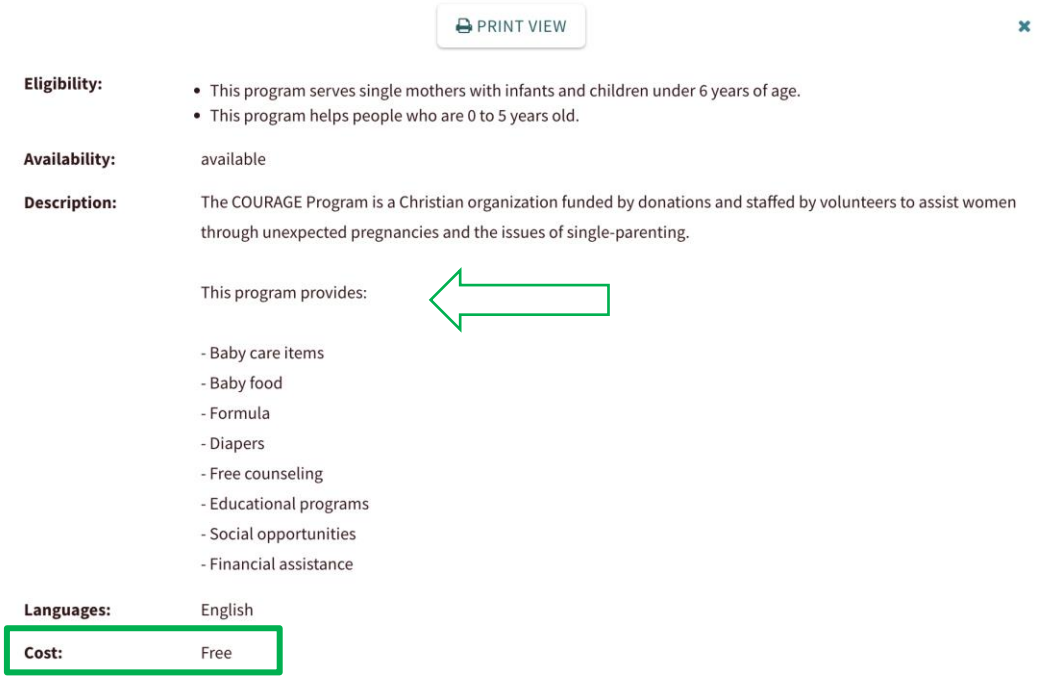


- *Income eligibility*

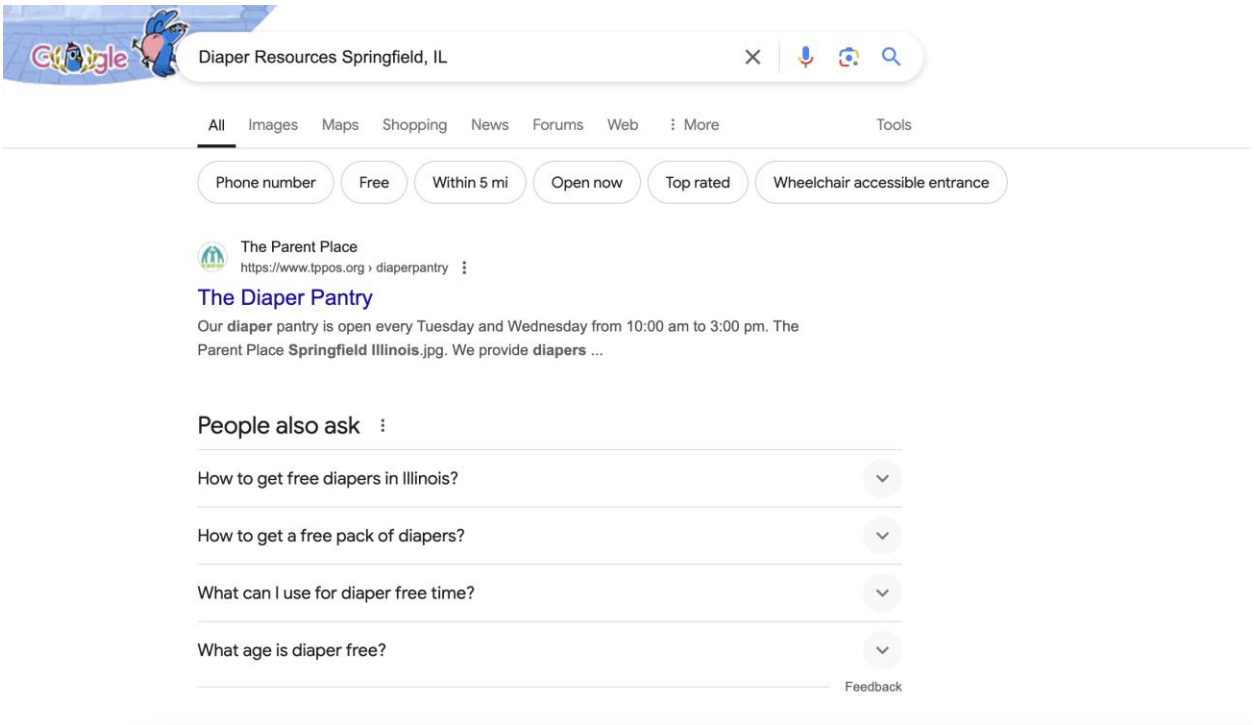


- For each of the listed resources, click **"More Info"** and review the eligibility requirements to determine if they apply to the population you are looking to serve. This section also contains critical information such as **nearest locations, operation hours, and contact information.**





- After using ***findhelp*** as a scaffold, you can use google to search for additional resources in your area. Remember to conduct searches with keywords and the name of city/town/county you are interested in.
    - Example: **Diaper Resources** Springfield, IL



- Utilize county websites for previously established community resource directories
    - Example: Sangamon County Community Resource Directory
- Perform a Google search for "[insert your county] Department of Public Health" to browse their community resources
    - Example: Sangamon County Department of Public Health
- For all the resources that are suitable for your community, compile a list organized by categories (e.g., food, housing, education, work). Under each category, list the resources you've found with the following details: t**he name of the organization or program, a description of how it addresses the specific need, the address, phone number or email for contact, and a description of the eligibility requirements.**
    - Example: Can use ILPQC's SDoH Tip Sheet Template
    - With this compiled resource list, nurses, parents, and social workers can review the organized information and descriptions to identify which resources are most suitable and eligible for the patients easily.

FindHelp Categories and Sub-Categories:

- Food
    - Community Gardens
    - Emergency Food
    - Food Delivery
    - Food Pantry
    - Help Pay for Food
    - Meals
    - Nutrition Education
- Housing
    - Help Find Housing
    - Help Pay for Housing
    - Housing Advice
    - Maintenance and Repairs
    - Residential Housing
    - Temporary Shelter
- Goods
    - Baby Supplies
    - Clothing
    - Home Goods
    - Medical Supplies
    - Personal Safety
    - Toys & Gifts
- Transit
    - Help Pay for Transit
    - Transportation
- Health
    - Addiction and Recovery
    - Dental Care
    - End-of-Life Care
    - Health Education
    - Help Pay for Healthcare
    - Medical Care
    - Mental Health Care
    - Sexual and Reproductive Health
    - Vision Care

- Money
    - Financial Assistance
    - Financial Education
    - Government Benefits
    - Insurance
    - Loans
    - Tax Preparation
- Care
    - Adoption & Foster Care
    - Animal Welfare
    - Community Support Services
    - Daytime Care
    - End-of-Life Care
    - Navigating the System
    - Physical Safety
    - Residential Care
    - Support Network
- Education
    - Help Find School
    - Help Pay for School
    - More Education
    - Preschool
    - Screening & Exams
    - Skills & Training
- Work
    - Help Find Work
    - Help Pay for Work Expenses
    - Skills & Training
    - Supported Employment
    - Workplace Rights
- Legal
    - Advocacy & Legal Aid
    - Mediation
    - Notary
    - Representation
    - Translation and Interpretation