**ILPQC Labor Management Support Class Agenda**

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| 15 minutes | Welcome, Housekeeping Intro to Topic |
| 1 hour | **Latent Labor**1. State the definitions and clinical implications of labor, latent phase labor and active labor.
2. Discuss evidence and recommendations related to hospital admission, patient intake.
3. Review ACOG/SMFM recommendations on latent labor phase
4. Calculate and document the Bishop’s score as an evaluation of labor progress.
5. Review shared decision making skills in assisting women in labor.
6. Outline strategies for patients to use in labor before admission to hospital and realistic expectations of labor in triage
7. Practice coping strategies for the patient to use in latent labor.
8. Evidence for doulas
9. Review education resources on latent labor
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| 5 minutes | **Break** |
| 1 hour | **Promoting Spontaneous Labor – First Stage Management**1. Discuss a shared mental model as an effective communication method with both patients and healthcare providers (SBAR closed-loop communication to communicate to other healthcare providers).
2. Introduce the concept of obtaining labor preferences during hospital admission (Birth Plans).
3. Appropriate patient/family education surrounding labor progress & comfort measures.
4. The nursing role in introducing and supporting labor support measures.
5. Patient/family education appropriate to the first stage of labor.
6. Review ACOG/SMFM/ACNM/AWHONN recommendations on first stage/labor dystocia
7. Evidence for techniques that promote labor, help babies rotate
8. Review education resources on this topic
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| 5 minutes | **Break** |
| 1 hour | **Comfort Techniques**1. Review options for comfort and support in labor and under what circumstances a particular coping tool might by most helpful.
2. Evidence for comfort techniques
3. Review ACOG/AMFM/ACNM/AWHONN recommendations on limiting interventions in labor - **Review cascade of interventions**
4. Review tools to help with comfort and support in labor (practice movement, positions in bed, birth/peanut balls, rebozo, nitrous, breathing, vocalization, visualization, water therapy, hot/cold packs, music, aromatherapy, massage, etc).
5. Rehearse dialogue that would be helpful for patients needing guidance with labor support.
6. Review education resources on this topic
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| 5 minutes | **Break** |
| 1 hours | **Supporting Second Stage**1. Review the 3 P’s of labor.
2. Demonstrate relationship between fetal position/maternal pelvis and maternal pushing positions.
3. Evidence for second stage positions, open glottis pushing
4. ACOG/SMFM/ACNM Recommendations on second stage
5. Review appropriate second stage positions for specific clinical presentations.
6. Review documentation standards and EMR locations for second stage labor.
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| 15min  | Wrap-Up, Evaluations |