

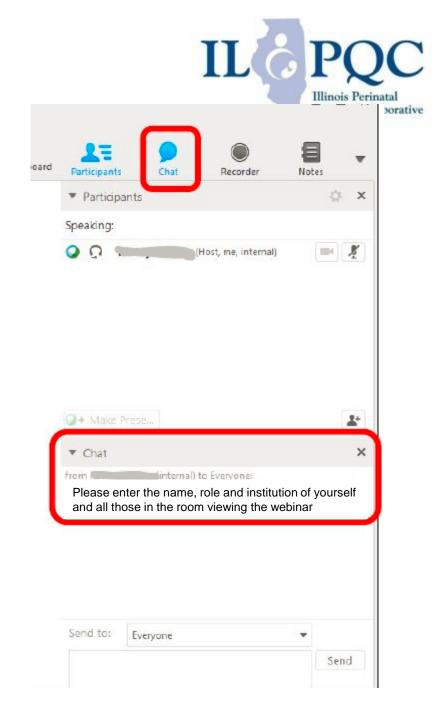


IPLARC Wave 2: Provider & Nurse IPLARC Education

November 18, 2019 12:00 – 1:00 PM

Introductions

- Please enter for yourself and all those in the room with you viewing the webinar into the chat box your:
 - Name
 - Role
 - Institution
- If you are only on the phone line, please be sure to let us know so we can note your attendance



Tips for Accessing WebEx

- You must manually add the meeting to your calendar
- WebEx is currently unable to add the meeting to your calendar if you are accepting the meeting on a mobile device

📿 Reply 👰 Reply All 🖳 Forward 🗯 IM Thu 6/14/2018 10:32 AM Danielle Renae Young Fw: (Forward to others) WebEx meeting invitation: ILPQC Immediate Postpartum LARC Teams Call То If there are problems with how this message is displayed, click here to view it in a web browser. WebEx_Meeting.ics (4 KB) Message Hello, Danielle Young invites you to join this WebEx meeting. Add to ILPQC Immediate Postpartum LARC Teams Call calendar by Monday, June 18, 2018 12:00 pm | Central Daylight Time (Chicago, GMT-05:00) clicking either Meeting number (access code): 800 846 062 of these Meeting password: ilpgc iplarc options Add to Calendar What it's time, join the meeting. Join from a video system or application Dial 800846062@northwestern.webex.com You can also dial 173.243.2.68 and enter your meeting number. Join by phone +1-415-655-0002 US Toll Call-in info Global call-in numbers

Can't join the meeting?

Call Overview



- Annual Conference Review
- IPLARC Wave 2 Updates
- Provider & Nurse IPLARC Education
 - Lisa Hofler, MD, New Mexico Perinatal Collaborative
 - Overview of provider education resources from ILPQC
- Round Robin
- Upcoming events



ANNUAL CONFERENCE RECAP

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Annual Conference Recap



- 430 Attendees!
- 80 hospitals from across Illinois/Missouri attended
- 7 national & local invited speakers
- 54 Quality Improvement posters (Record number!)
- 50+ Quality Improvement Awards awarded



CONGRATULATIONS IL C PQC IPLARC WAVE 2 QI RECOGNITION AWARD WINNERS!

ILPQC IMMEDIATE POSTPARTUM LARC INITIATIVE WAVE 2

QI Recognition			
Abraham Lincoln Memorial Hospital	Passavant Area Hospital		
Anderson Hospital	Rush Copley Medical Center		
Barnes Jewish Hospital	Rush University Medical Center		
Gibson Area Hospital	Silver Cross Hospital		
Mt. Sinai Hospital	West Suburban Medical Center		
Northwestern Medicine Central DuPage Hospital			

Barriers/Strategies for Standardizing

2019 OB Teams Survey Results!

Comprehensive Contraceptive Counseling

Barrier	Strategy
Standardizing comprehensive contraceptive counseling/ documentation across providers/ clinics	 Add counseling to problem list/H&P Identify best practice documentation methods Maximize your EHR! Share counseling data and goals/benchmarks
LARC myths/misconceptions	 Shared decision making Take home education materials (bilingual) Nursing talking points
Provider buy-in	 Receive approval/buy-in from administration, OB Chair, medical director Share ACOG Committee Opinion, Grand Rounds
Limited time during prenatal visits/stat admissions	 Standardize at 26-28-week visit Counsel after delivery can include Nexplanon One key question
Communicating patient desire with providers	 Add patient plan to problem list, H&P, sticky note in chart. Assess plan on admission to L&D

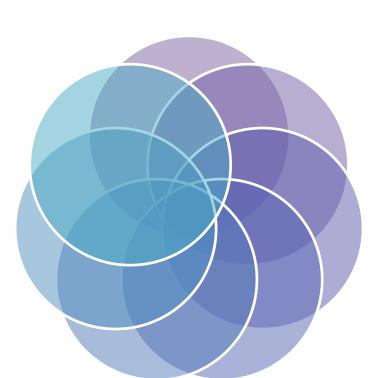
Provider Buy-In Strategies Key to IPLARC Success



Grand Rounds

Share statewide IPLARC data

ACOG Committee Opinion



Provider Training

OB Chair Buy-in

Share IPLARC Evidence Key Players Meeting

Wave 2: Next Steps



Schedule Key Players Meeting

- Support with provider buy-in
- Dispel myths/misconceptions early
- Simplify and demystify IPLARC billing

Develop 30-60-90 Day Plan

• Receive support in developing this during your Key Players Meeting

Provider Education

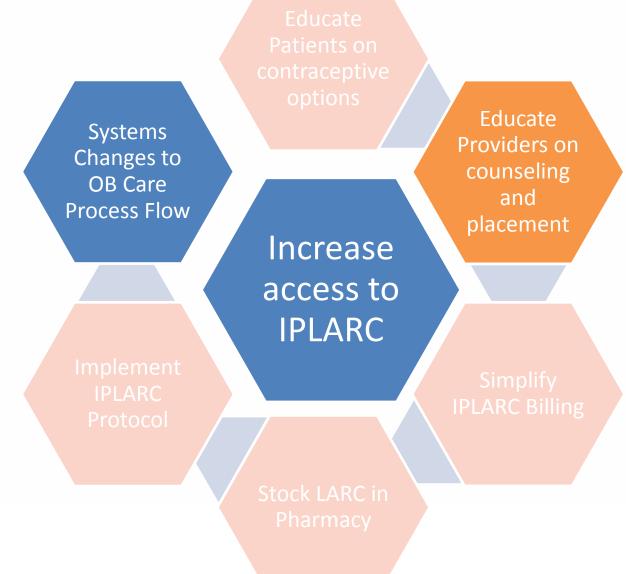
- Ensure providers are trained on immediate postpartum IUD insertion
- Ensure providers are certified to provide implants training provided from Merck
- Ensure providers have training on Comprehensive Contraception Counseling and Documentation, aware of data collection and goal



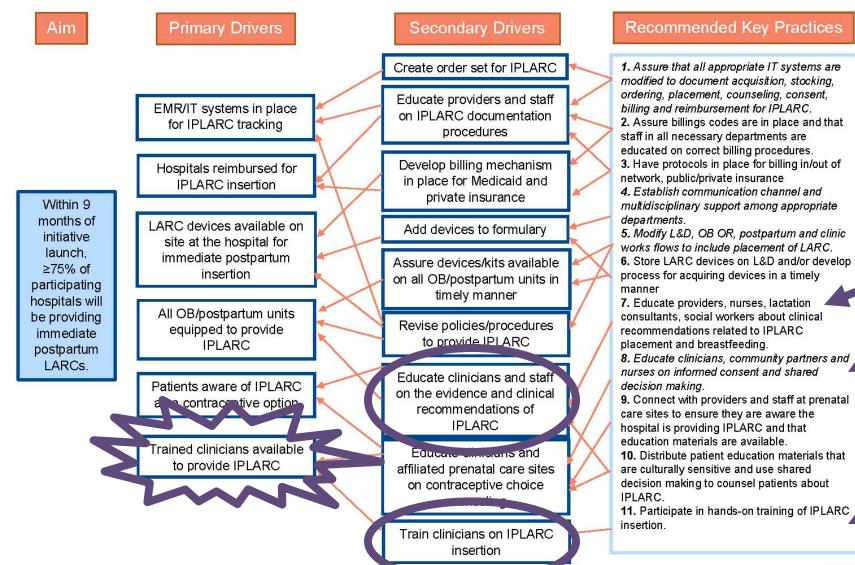
WAVE 2 UPDATES

IPLARC Initiative Goals





This month's topic: Provider & Nurse IPLARC Education



v3 | 5.10.18

Practice Changes for II IPLARC Success – <u>Pre-implementation</u>

- 1. Assure early **multidisciplinary** support by educating and identifying **key champions in all pertinent departments for your IPLARC QI team**.
- Establish scheduled meetings for your team at least monthly, assuring that all necessary departments are represented, develop 30/60/90 day plan, establish timeline to accomplish key steps.
- 3. Establish and test billing codes and processes to assure adequate and timely reimbursement (see toolkit).
- 4. Expand pharmacy/ inpatient inventory capacity and device distribution to assure timely placement on labor and delivery and postpartum units.
- 5. Educate clinicians, nurses, pharmacy, and lactation consultants about benefits and clinical recommendations related to IPLARCs (see toolkit for e-modules, slide decks, materials).
- 6. Assure that all appropriate IT/EMR systems are modified to document acquisition, stocking, ordering, placement, counseling, consent, billing and reimbursement for IPLARCs (dot phrases to document counseling and placement, consent forms, order set, billing framework see toolkit examples).
- Modify L&D, OB OR, postpartum, and clinic work flows (protocols/process flow/ checklists) to include counseling, consent, and placement of IPLARC (see toolkit for example).

Practice Changes for IPLARC Success – <u>Implementation</u>



- 8. Establish consent processes for IPLARC that allows for transfer of consent from prenatal clinic as well as obtaining inpatient consent (see toolkit for examples).
- 9. Develop educational materials and shared decision making counseling practices to educate patients about the availability of IPLARC as a contraception option (outpatient prenatal care locations, L&D, postpartum) (see toolkit for examples).
- **10. Educate clinicians, and nurses on informed consent and shared decision making related to IPLARC as well as IPLARC placement and documentation** (see toolkit for ILPQC/ACOG training, e-modules, slide decks, education materials).
- 11. Standardize system / protocol / process flow to assure all patients receive comprehensive contraception choice counseling including IPLARC in affiliated prenatal care sites and during delivery admission.
- 12. Communicate launch date of hospital's IPLARC capability to all providers, nurses and affiliated prenatal care sites: communicate protocols, documentation and billing strategies.
- 13. Track and review IPLARC data, collected monthly through ILPQC REDcap data system with real-time data reports, share data with providers and nurses and review standardized counseling for prenatal sites and labor and delivery and IPLARC uptake, to evaluate program success and sustainability.

Key Players Meeting

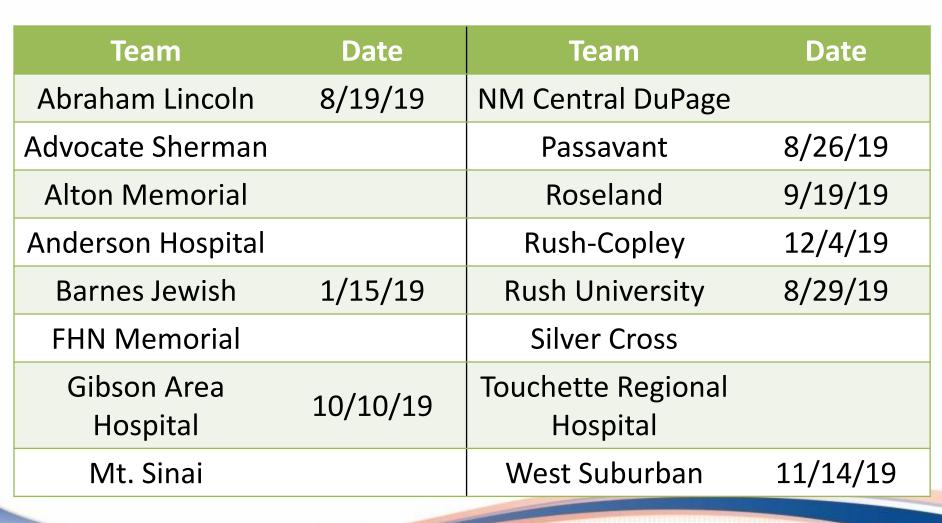
FREE CONSULTATION with every team

We will come to your hospital



- Goal is to schedule all KP meetings before 2020
- Initial email invitations went out to teams on July 30!
- We want to <u>help you succeed</u> by:
 - **Partnering with you** to arrange your Key Players meeting.
 - Assist you with who to invite at each hospital for most effective meeting with representative from ILPQC
 - Provide you with a expert clinician from the IPLARC speakers bureau to partner with you to problem solve, overcome barriers and move implementation forward.
 - Hands-on nurse/provider training

IPLARC Wave 2 Key Players Meetings



IL PC

Illinois Perinata

Ouality Collaborative



DATA REVIEW

Don't Forget to Submit Your IL C PQC Team's Data!

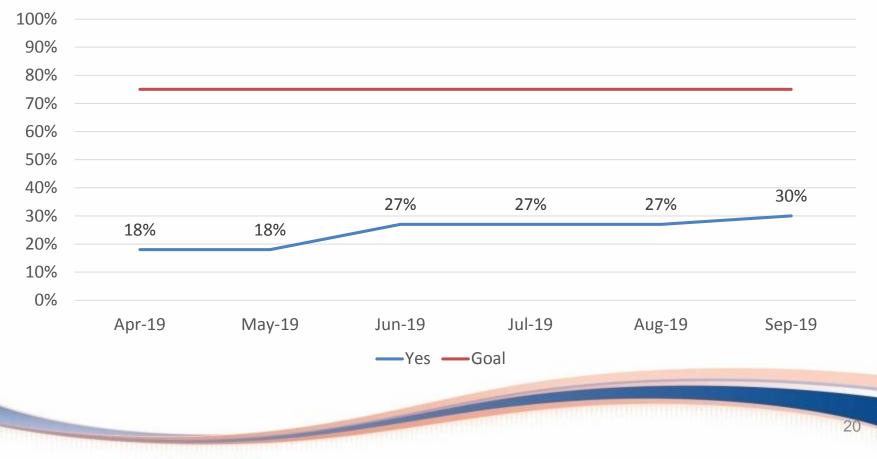
Month	Number of Teams Reporting	
April 2019	11	
May 2019	11	
June 2019	11	
July 2019	11	
August 2019	11	
September 2019	11	Don't forget to submit October
October 2019	3	data!

Teams Live with IPLARC (of ILC 11 teams reporting)



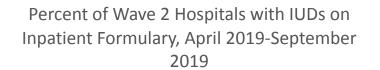
Illinois Perinatal

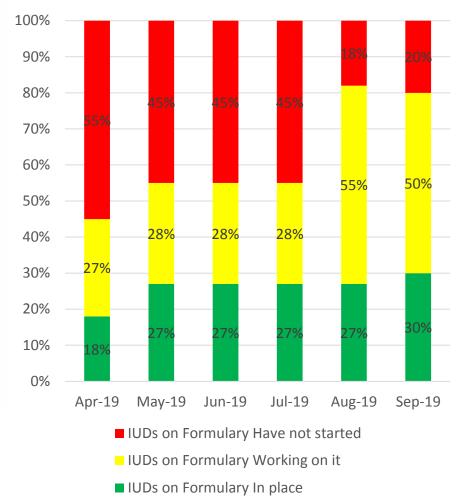
Quality Collaborative



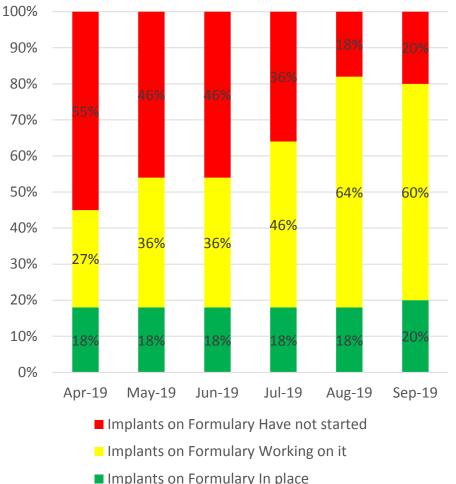
IPLARC on Inpatient Formulary ILC PQC







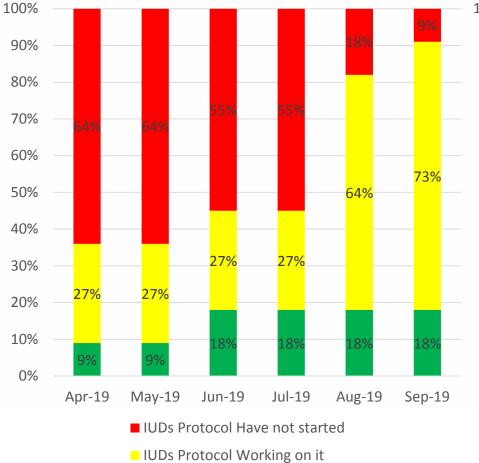
Percent of Wave 2 Hospitals with Implants on Inpatient Formulary, April 2019-September 2019



IPLARC Protocols in Place

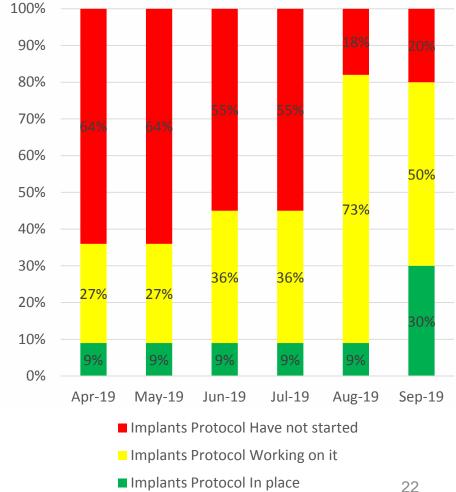


Percent of Wave 2 Hospitals with Immediate Postpartum Protocols and Process Flows in Place for IUDs, April 2019-September 2019



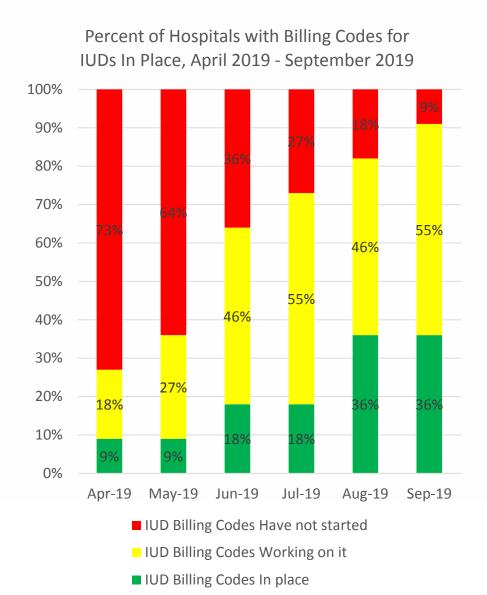
IUDs Protocol In place

Percent of Wave 2 Hospitals with Immediate Postpartum Protocols and Process Flows in Place for Implants, April 2019-September 2019

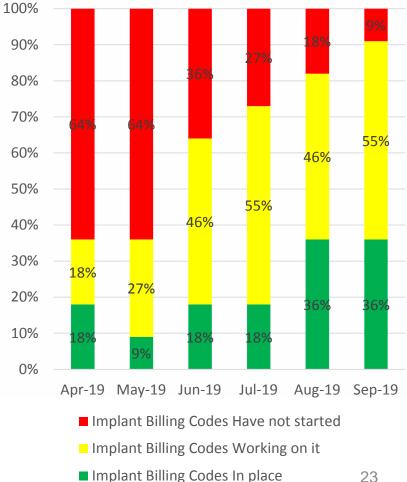


IPLARC Billing Codes





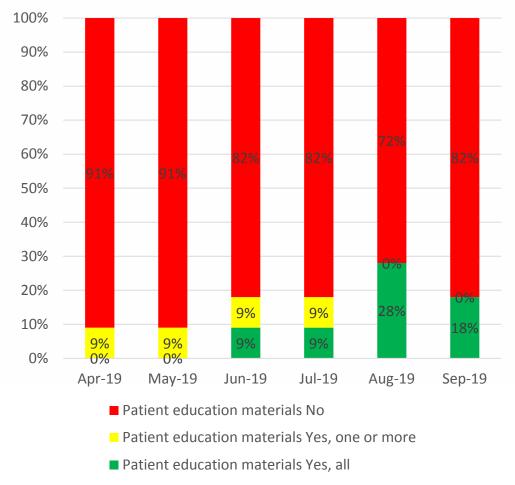
Percent of Hospitals with Billing Codes for Implants In Place, April 2019 - September 2019



IPLARC Standardized Patient Education at Prenatal Sites

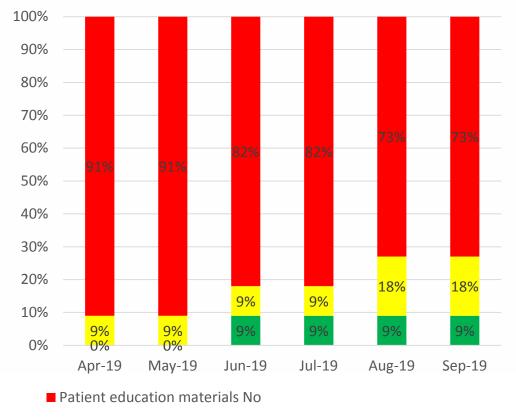


Percent of Hospitals that have Provided Standardized Education Materials and Counseling Protocols to Affiliated Prenatal Care Sites



IPLARC Inpatient Patient IL PQC Education & Counseling Protocols

Percent of Hospitals with Standardized Education Materials and Counseling Protocols during Delivery Admission, April 2019-September 2019



Patient education materials Developed but not yet implemented

Patient education materials Developed and implemented



PROVIDER & NURSE IPLARC EDUCATION

Implementing Immediate Postpartum LARC

LISA HOFLER, MD, MPH, MBA





Disclosures

I have no financial relationships to disclose.



Takeaways

 Immediate postpartum LARC implementation requires a clinician champion and a team approach

Communication is key to success



ABOUT ME





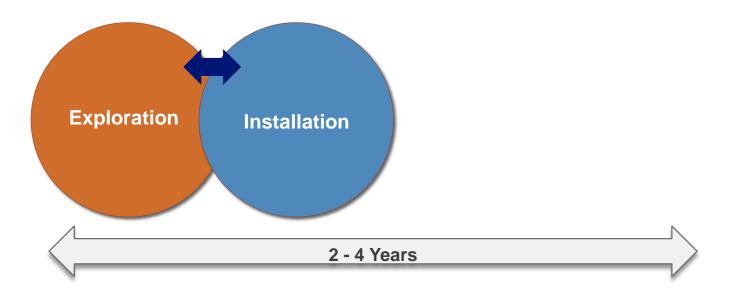


Implementation stages

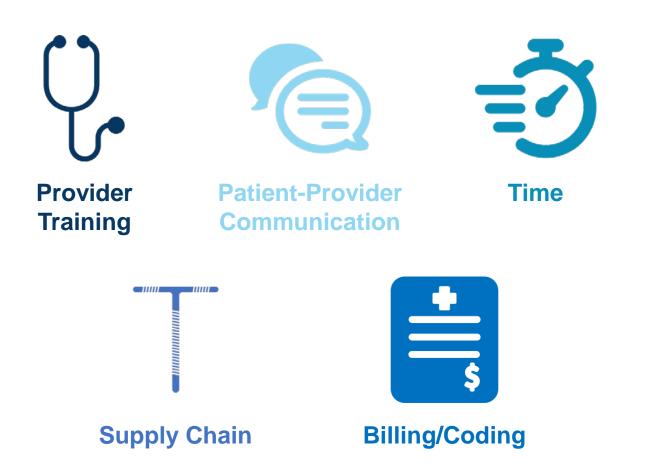




Implementation stages



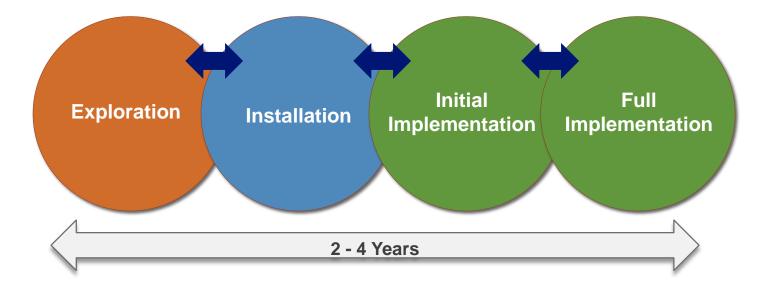




Sources | Moniz MH, Women's Health Issues, 2016; Hofler L, Obstet Gynecol, 2017 | Moniz MH, et al, J Midwifery Women's Health, 2017; Moniz MH et al., Family Med, 2017



Implementation stages



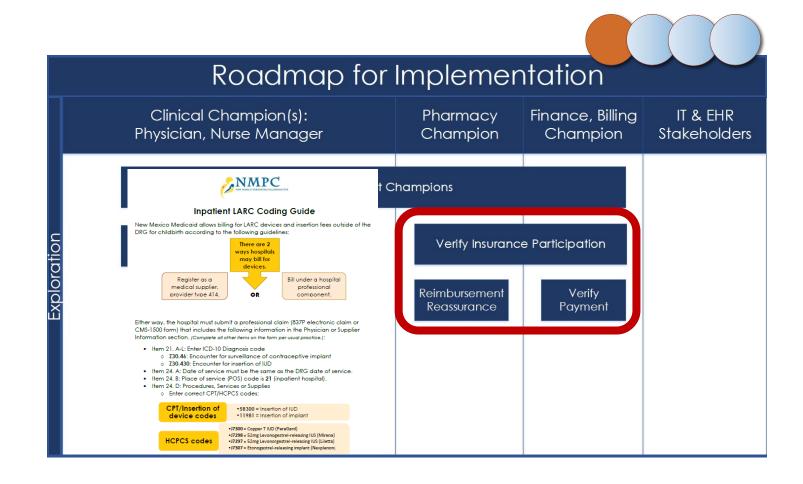




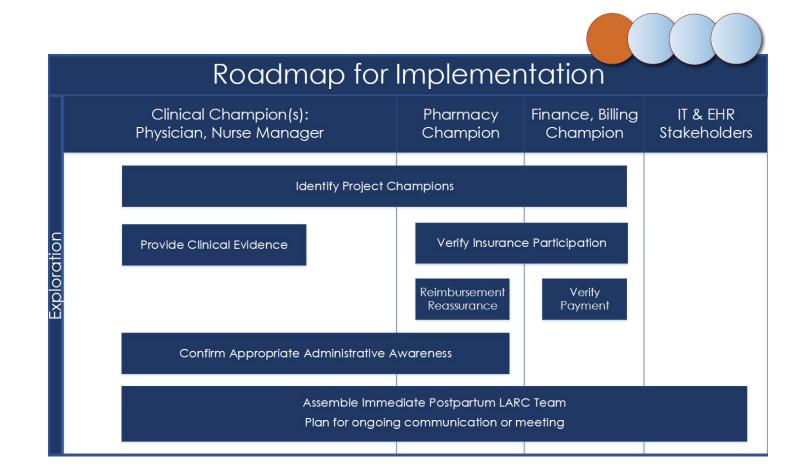














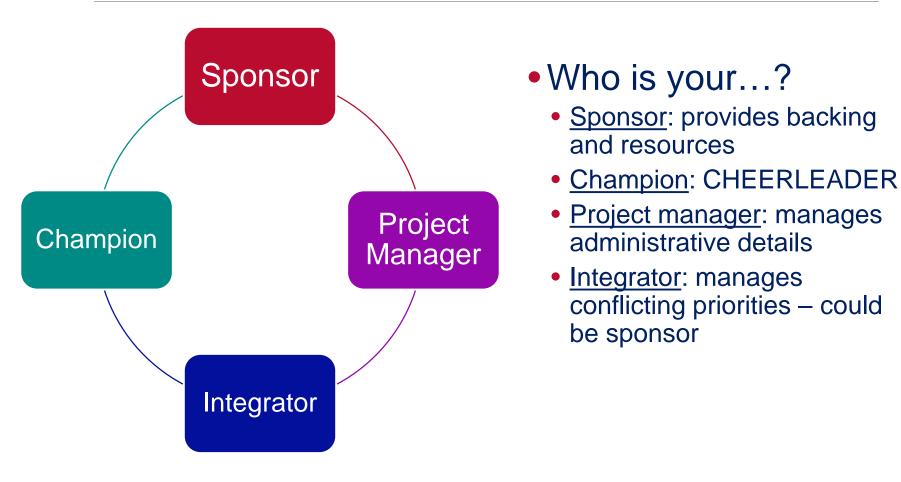
Exploration stage: Key steps



- Must have your stakeholder team
 - Physician champion
 - Nursing champion
 - Pharmacy champion
 - Financial team champion
 - Information Technology support
- They will be the communicators to their groups
 - Impossible to over-communicate!



Change Leaders







Installation stage

Preparing to offer immediate postpartum LARC











Installation stage decisions: Start with implants, IUDs, both?





Installation stage decisions Provider and staff training

- When? Who?
 - Clinical training
 - Process training
- Implants
 - Manufacturer training
- IUDs
 - ACOG PCAI
 - Regional experts
 - ILPQC





Installation stage decisions Nursing role

- Counseling
 - Does the nurse provide counseling about postpartum contraception?
- Documentation
 - What is the process for ensuring consent, insurance coverage, procedure?
- Assessment
 - Any contraindications?
- Assisting with placement
 - Getting necessary supplies; storage location for easy access?



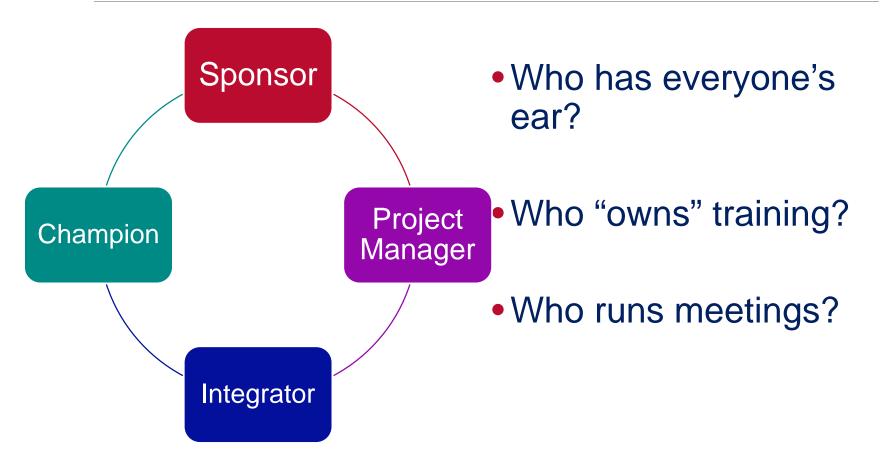
Installation stage decisions Ongoing education and new mes

- How often? What venue?
 - Grand Rounds
 - Provider meetings
 - Staff meetings
 - Resident education?
 - Pharmacy?
 - Lactation?

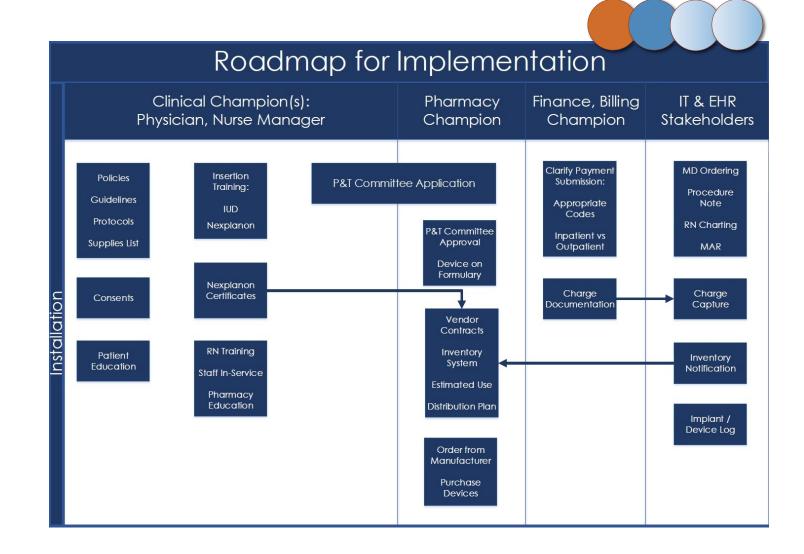




Change Leaders









Installation stage: Key facilitators



- Technical project champions
- Clear roles and responsibilities
- Steps and tools supporting installation and implementation
- External training and project support





Clinical Resources

• ACOG webinars, clinical seminars, guidance



Immediate Postpartum LARC Resource Digest*





Clinical Guidance and Implementation

- JHPIEGO reference manual (international with USAID)
- CARDEA immediate postpartum LARC Insertion eLearning Course



Discussion and Troubleshooting



Counseling

REPRODUCTIVE JUSTICE SHARED DECISION MAKING



Goal of Contraception



Finer NEJM, 2016

Ohio RCRC

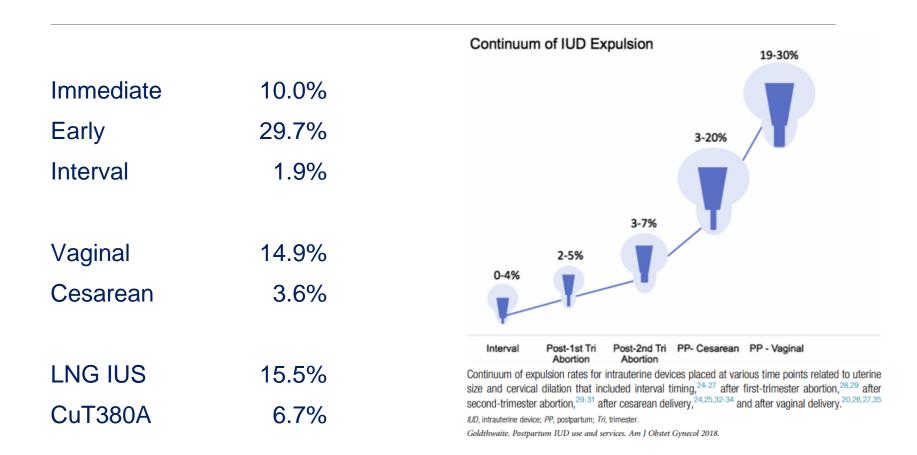




lhofler@salud.unm.edu



IUD expulsion rate varies by uterine size





IUD expulsion

- Women generally recognize an expulsion
- IUD can be reinserted before 48 hours or after 4 weeks if there is an expulsion
- Counsel women about breastfeeding as contraception, and provide condoms / emergency contraception as backup



No breastfeeding differences regardless of IUD timing



Immediate n=132



4-8 weeks n=127

Time to lactogenesis: immediate postpartum non-inferior to office insertion

Any breastfeeding at 8 weeks

- 79% with immediate placement
- 84% with delayed placement



No breastfeeding differences regardless of implant timing





Before discharge

Standard n=34

n=35 Time to lactogenesis: early insertion non-inferior to standard insertion

No difference:

- Supplementation
- Milk composition at 6 weeks

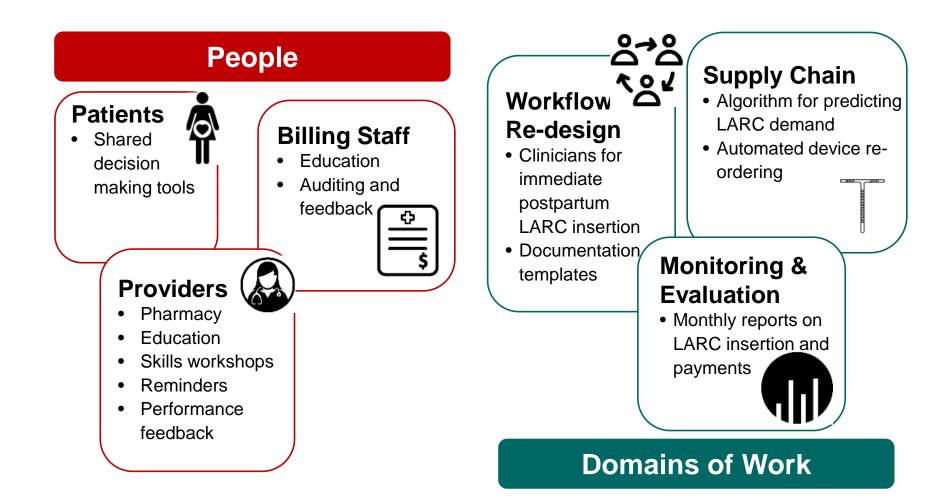




- 1. Clinical Protocol
- 2. Provider Training Sessions
- 3. Order Set
- 4. Reminder Card
- 5. Procedure Note

Procedure	Nexplan-Insert
Date/Time	2/15/18 🛱 1232 💿 Now
REQUIRED - Attend this section)	ling Presence (If you are the Attending Provider performing this procedure, SKIP
Presence for this procedure	Entire Procedure Key Portions Not Present
Universal Protocol	
Verbal consent obtaine	4? Yes No Written consent obtained? Yes No Emergent situation
Risks and benefits	Risks, benefits and alternatives were discussed
Consent given by	D patient parent guardian spouse power of attorney
Time out	Immediately prior to the procedure a time out was called
A time out verifies corre	ct patient, procedure, equipment, support staff and site/side marked as required
Preparation	
Preparation	Patient was prepped and draped in usual sterile fashion
Anesthesia	
Local anesthesia used?	D Yes No
Sedation	
Patient sedated	C Yes No
Post-procedure	
Patient tolerance	D Patient tolerated the procedure well with no immediate complications







IPLARC Toolkit Sections

- Introduction
- 1. Initiative Resources
- 2. National Guidance
- 3. Documentation of IPLARC Placement
- 4. Coding/Billing Strategies
- 5. Stocking IPLARC in Inpatient Inventory
- 6. Example Protocols

7. Provider & Nurse IPLARC Education

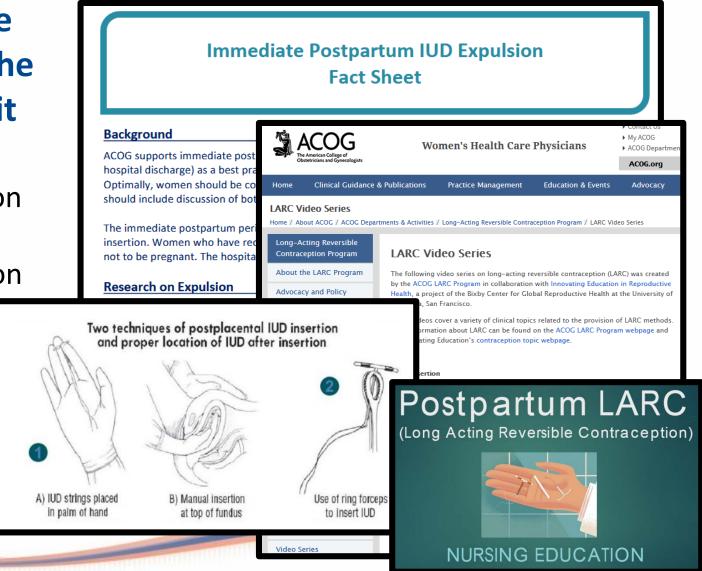
- 8. Patient Education
- 9. Other IPLARC Toolkits



Implementing Provider Education IL PQC

Resources are available in the IPLARC toolkit

> Provider education on counseling
> IUD insertion materials
> Nursing education resources



Illinois Perinatal Ouality Collaborative

Topics to consider for education



Prenatal/Delivery Providers

- Background info for LARC?
- **Options** (hormonal vs non-hormonal)
- Effectiveness
- Contraindications
- Warning Signs
- Expulsion rates
- Breastfeeding
- Reproductive justice/<u>contraceptive</u> <u>counseling</u>
- General MD workflow (counseling, documenting, ordering, insertion documentation, billing, discharge education, postpartum follow-up and etc)
- Techniques for insertion

L&D/Postpartum Nurses

- Background info for LARC?
- Options (hormonal vs non-hormonal)
- Effectiveness
- Contraindications
- Warning Signs
- Expulsion rates
- Breastfeeding
- Reproductive justice/<u>informed</u> <u>consent</u>
- General RN workflow (verifying order, obtaining device, supplies/kits, charting, charging patients, discharge education and etc)

Grand Rounds



- ILPQC can coordinate a Grand Rounds speaker for your hospital to talk about Immediate Postpartum LARC
- Please reach out to <u>info@ilpqc.org</u> to schedule a Grand Rounds presentation at your hospital

IUD Training



- Local experts from your hospital, academic med centers, ILPQC IPLARC expert group
- ACOG LARC program has resources
- Develop a plan for training your residents
- MamaU models are a low cost option from Laerdal for training providers at your institution
 - Illinois contact:
 - Jill Williams

Jill.williams@laerdal.com

877-523-7325 ext 4472 | 254-404-7072 direct

Nexplanon Training



- Required training organized by the device manufacturer, Merck
- To schedule a training, contact your Merck representative (email <u>danielle.young@northwestern.edu</u> for contact information for your representative)
- Trainings currently take about 5 weeks to schedule
- The manufacturer provides all the kits, materials, and trainer (no cost for the training)
- Trainings can be organized for 4-60 people

Implementing Standardized Provider & Nursing Education



- Ensure that education is standardized for all providers and staff (physicians, midwives, nurses, lactation consultants, social workers).
- Provide training for inpatient and outpatient providers and staff.
- Designate outpatient champions and work with them to ensure outpatient providers and staff are up-to-date with IPLARC availability
- Differences between inpatient and outpatient nursing education
- Comprehensive contraceptive counseling training for providers and staff

IPLARC Education Components



Plan to address provider/staff education needs.

Determine education materials on comprehensive contraceptive counseling including IPLARC. Consider using the CAP tool

1.

5.

2. Ensure provider knowledge of IPLARC protocols including consent

3. Educate providers on placement and appropriate follow-up

4. Provide education on billing/documentation including processes specific to your team

Include all materials and process in your new hire education Discuss prenatal documentation vs. L&D/pp

Reach out to Danielle at ILPQC for assistance in scheduling these additional training opportunities

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ROUND ROBIN – TEAMS UPDATE ON PROGRESS TOWARDS GO LIVE GOAL

IPLARC Wave 2 Discussion Questions



- Has your team scheduled a Key Players Meeting?
- ✓ Has your team submitted April October data?
- How does your team engage OB providers in this initiative?
- Has your team developed an approach for provider/nurse education?
- What have been successful strategies for education for previous initiatives?



UPCOMING EVENTS

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Stay on the line for the IPLARC Wave 1 Call to hear from experts from Tennessee on the value of comprehensive contraceptive counseling early and often!

IPLARC Calls



THIRD MONDAY OF THE MONTH

IPLARC Wave 2 Teams 12-1pm

Date	Торіс
December 16	IT/EMR & Communication w/ outpatient providers
January 20	CANCELED due to MLK Holiday
February 17	Round Robin with Wave 2 Teams
March 16	Comprehensive Contraceptive Counseling

Next Steps



- Submit April-October 2019 data if you have not done so already!
- Develop a plan for educating nurses, providers on IPLARC – reach out to ILPQC for help with this!
- If you haven't already, email Danielle to set up a Key Players Meeting for us to visit your hospital we bring experts and treats!
- Reach out to ILPQC we are always here to help!

THANKS TO OUR

FUNDERS





CENTERS FOR DISEASE CONTROL AND PREVENTION



JB & MK PRITZKER

Family Foundation

Online: www.ilpqc.org Email: info@ilpqc.org