

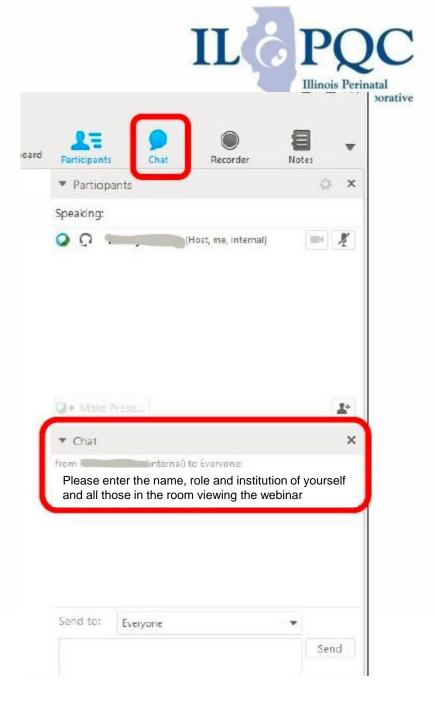


Going LIVE with IPAC- Where we are and where we are going

November 18th, 2019 11:00am-12:00PM

Introductions

- Please enter for yourself and all those in the room with you viewing the webinar into the chat box your:
 - Name
 - Role
 - Institution
- If you are only on the phone line, please be sure to let us know so we can note your attendance



Overview



- Welcome/introductions
- Annual Conference Recap
- IPAC updates and data review
- Going LIVE with IPAC- where we are and where we are going
- Team talks-
 - Memorial Hospital of Carbondale- Mary Jarvis
 - AMITA Alexian Brothers- Peggy Farrell
- Round Robin
- Webinar To-Dos & take-away(s)



ANNUAL CONFERENCE RECAP

Annual Conference Recap



430 Attendees!

Conference: 330 Attendees

- 80 hospitals from across Illinois/Missouri attended
- 7 national & local invited speakers
- 54 Quality Improvement posters (Record number!)
- 50+ Quality Improvement Awards awarded





Annual Conference DiscussionIL PQC





IPAC Barriers/Strategies



Barrier	Strategy
Number of prenatal sites	OB Provider Buy-inProcess flow development
Incorporating all patient education materials	 Put together IPAC education folders for patients, nurse review prior to discharge
Billing for two-week visit	 Utilize toolkit resources including ACOG Coding Sheet Join upcoming webinar on billing
Provider buy-in	 Partner with a physician champion Determine % of providers already seeing patients at 2 weeks Host Grand Rounds and/or attend OB provider meeting
Scheduling visits – availability, night/weekend discharges	Develop process flow for patients discharged without an appointment

IPAC: Next Steps



Schedule IPAC Ground Rounds

- Helps create and support with provider buy-in
- Educates providers and nurses on key elements for IPAC
- Learn strategies for IPAC billing

Develop Process Flow for Scheduling 2wk Visit

Receive support in developing this by reaching out to ILPQC

Systemize Patient Discharge Education

- Ensure all patient receive ILPQC Benefit or Early PP Visit, AWHONN PP Early Warning Signs, and Benefits of Safe Pregnancy Spacing
- Provide discharge education to ensure patients understanding

CONGRATULATIONS IPAC QI RECOGNITION AWARD WINNERS!



ILPQC IMPROVING POSTPARTUM ACCESS TO CARE INITIATIVE

QI Recognition		
AMITA Health Alexian Brothers Hospital	Loyola University Medical Center	
AMITA Health St. Joseph	Memorial Hospital of Carbondale	
AMITA Health St. Alexius Medical Center	Morris Hospital	
Franciscan Health Olympia Fields	SSM St. Mary's - Centralia	
Illinois Valley Community Hospital	St. Margaret's Hospital	
University of Illinois Hospital and Health Sciences System		



Improving Postpartum Access to Care (IPAC)

IPAC- UPDATES AND DATA REVIEW

Welcome to IPAC



Katherine Shaw Bethea Hospital (KSB)- Dixon, IL AMITA Adventist GlenOaks Hospital-Glendale Heights, IL



ILPQC Improving Postpartum Access to Care (IPAC) Initiative



Aim: Within 11 months of initiative start, ≥80% of participating hospitals will implement universal early postpartum visits (within 2 weeks) and be able to facilitate scheduling prior to hospital discharge

To <u>optimize</u> the health of women by increasing access to early postpartum care within the first two weeks postpartum to facilitate follow-up as <u>an ongoing process</u>, rather than a single 6-week encounter and provide an opportunity for a maternal health safety check and link women to appropriate services.

Key Goals:

- Increase % of women with an early postpartum visit scheduled with an OB provider within the first two weeks after delivery
- Increase % of women receiving focused postpartum education prior to discharge after delivery
- Increase % of providers / staff receiving education on optimizing early postpartum care
- Achieve GO LIVE goal to provide IPAC for ≥80% participating hospitals by May 2020



Aims & Measures

Overall Initiative Aim

Within 11 months of initiative start, ≥80% of participating hospitals will implement universal early postpartum visits (within 2 weeks) and be able to facilitate scheduling prior to hospital discharge

Structure Measures

IPAC protocol/process flow in place for facilitating scheduling of early postpartum visits with affiliated outpatient care sites and OB providers prior to discharge

Communicate recommendation/strategy for early postpartum visit and obtain buy-in with OB providers/ outpatient care sites (ie, share ILPQC OB provider/outpatient care site packet)

Implement standard postpartum education prior to discharge after delivery regarding:

- a) benefits of early postpartum care
- b) postpartum early warning signs and how to seek care
- c) benefits of pregnancy spacing and options for (outpatient) family planning

Process Measures

Educate all providers and staff on optimizing early postpartum care including:

- a) maternal safety risks in the postpartum period
- b) benefits of early postpartum care/maternal health safety check
- c) protocol for facilitating scheduling early postpartum visit prior to discharge
- d) documentation and billing for early postpartum visit
- e) components of early postpartum visits/maternal health safety check

Outcome Measure

Increase % of women with documentation of an early postpartum visit/maternal health safety check encounter scheduled within the first 2 weeks of delivery

Increase % of patients who receive standardized pp patient education prior to discharge

Don't forget to submit your team's monthly data!

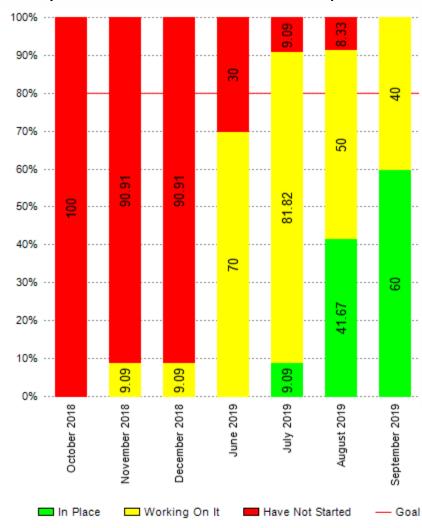


Month	Number of Teams Reporting
Baseline – October 2018	10
Baseline – November 2018	10
Baseline – December 2018	10
June 2019	10
July 2019	11
August 2019	12
September 2019	10
October 2019	5

IPAC Strategy and Buy-in



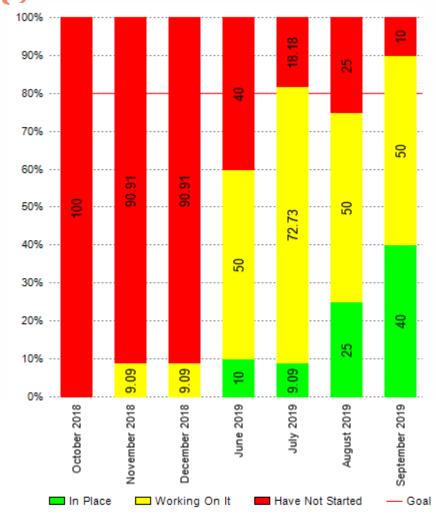
Percent of Hospitals that have communicated recommendations/strategy for early postpartum visits to obtain buy-in, Baseline + June 2019-September 2019



System in Place to Facilitate Early PP Visit



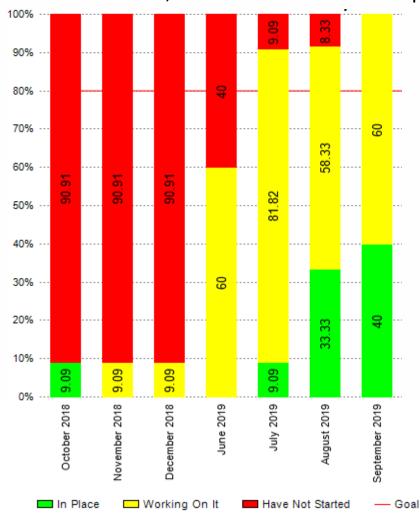
Scheduling Percent of Hospitals that have system in place to facilitate scheduling Uearly postpartum visits, Baseline + June 2019-September 2019



IPAC Provider/Nurse Education



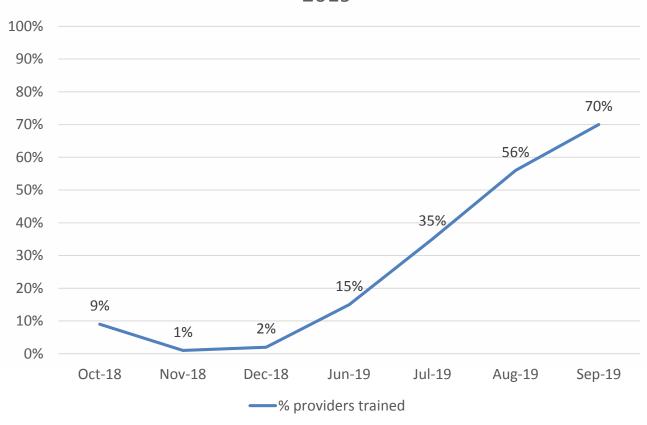
Percent of Hospitals that have system in place to educate inpatient providers & nurses on IPAC, Baseline + June 2019-September 2019



Percent of Provider Education



Percent of Providers Educated on Optimizing Early Postpartum Care, Baseline + June 2019-September 2019



Percent of Nurse Education



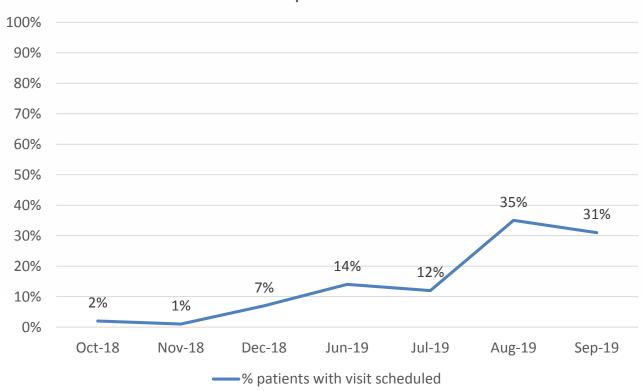
Percent of Nurses Educated on Optimizing Early
Postpartum Care, Baseline + June 2019-September
2019



Percent of Patients with Early Postpartum Visit Scheduled



Percent of Patients with Early Postpartum Visits Scheduled Prior to Discharge, Baseline + June 2019-September 2019

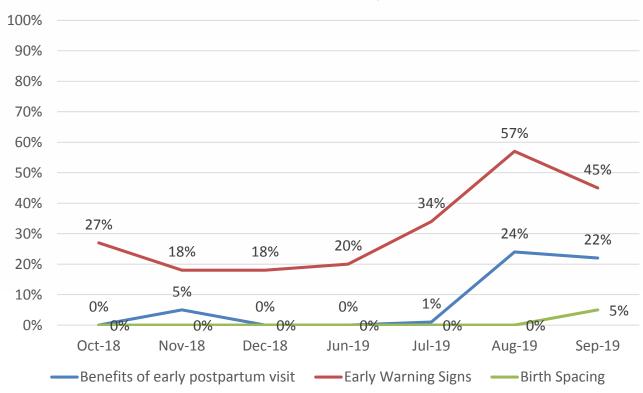


Percent of Patients with Standardized Patient Education



Percent of Patients who received standardized postpartum education prior to discharge,

Baseline + June 2019-September 2019





Going live with IPAC: WHERE WE ARE AND WHERE WE ARE GOING

Improving Postpartum Access to Care (IPAC)-





50% postpartum strokes

occur within 10 days of discharge

20%

discontinue breastfeeding

before the first 6-weeks



1/5
mental health disorder

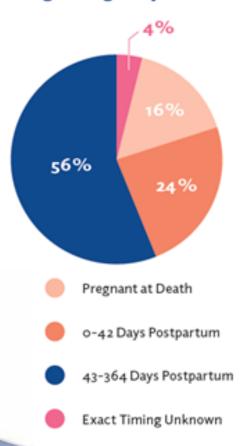
postpartum period

of women do not attend the 6-week postpartum visit

Illinois Dept. of Public Health Maternal Morbidity & Mortality Report: Key Recommendations



Timing of Pregnancy-Associated Deaths, Illinois 2014-2016





Providers should adapt recent recommendations from ACOG for universal postpartum visits in addition to the traditional 6 week visit



Birthing hospitals should ensure that women are connected with a provider and scheduled for a postpartum visit prior to hospital discharge

IPAC:





Key QI Strategies

-

<u>Utilize provider outpatient packet</u> to engage OB providers and outpatient care sites to help plan for early pp visit scheduling, obtain buy-in from providers, and share options for billing and coding.

I

<u>Implement process flow to facilitate universal scheduling and patient education</u>, prior to hospital discharge, of early pp visits / maternal health safety check within 2 wk

<u>Implement provider and nurse education</u> on risks of the postpartum period, benefits of early pp visit, and key components of maternal health safety check

-

Standardize system to provide patient education prior to hospital discharge

on the benefits of early pp visit, early pp warning signs and how to seek care (ie AWHONN resource), and benefits of healthy pregnancy spacing and options for (outpatient) family planning

IPAC Key Driver Diagram

AIM

Within 11 months of initiative start, ≥80% of participating hospitals will implement universal early postpartum visits (within 2 weeks) and be able to facilitate scheduling prior to hospital discharge

Key Drivers

Utilize provider outpatient packet to engage OB providers and outpatient care sites to help plan for early pp visit scheduling, obtain buy-in from providers, and share options for billing and coding.

Implement process flow to facilitate universal scheduling of early pp visits prior to delivery discharge

Implement provider and nurse education on risks of the postpartum period, benefits of early pp visit, and key components of maternal health safety check

Standardize system to provide patient education prior to hospital discharge on the benefits of early pp visit, early pp warning signs, and benefits of healthy pregnancy spacing and options for (outpatient) family planning

Strategies

Obtain buy-in from OB providers and outpatient care sites on national recommendations and benefits for an early pp visit within 2 weeks.

Provide billing and coding information to OB providers and outpatient care sites for the early pp visit within 2 weeks.

Create a hospital specific process flow to help facilitate scheduling of an early pp visit within 2 weeks prior to discharge

Revise policies and procedures to ensure scheduling for an early pp visit within 2 weeks

Develop strategy to educate inpatient and outpatient providers and staff using IPAC slide set, OB Provider Packet, and/or didactic education

Plan in place for ongoing and new hire education

Patient education materials selected: benefits of early pp visit/ components of maternal health safety check, early pp warning signs and how to seek care (AWHONN), benefits of healthy pregnancy spacing/(outpatient) family planning options

Implement system to provide and review IPAC patient education prior to hospital discharge

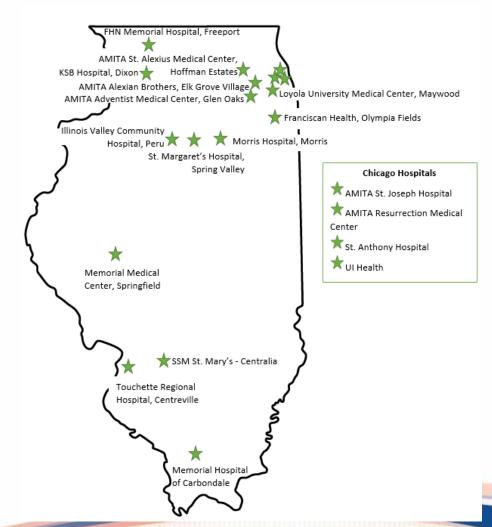


IPAC Initiative Launch – May 2019



8/10
perinatal networks

currently participating in IPAC



IPAC Accomplishments-Celebrating your hard work



29%



Working with Medicaid & ACOG to optimize coding and reimbursement

IPAC teams are LIVE within 4 months



Teams report early postpartum visits are identifying moms with near-miss morbidities





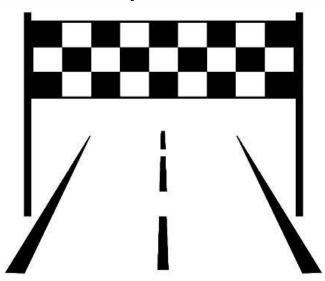
Patients and Providers are expressing satisfaction with maternal health safety checks

IPAC- Going Live

Please share your thoughts:



- 1. What successes have you had?
- 2. What challenges are your currently facing?
- 3. What should we be focusing on to all Go-LIVE by May 2020?
- 4. Where does your team need help?





ILPQC Toolkit and Resources



 What items of the toolkit have you found to be the most helpful in assisting with provider buy-in?

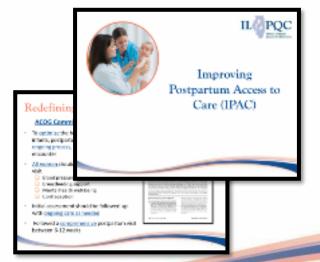
— OB Provider Packet?, ILPQC FAQ Sheet?

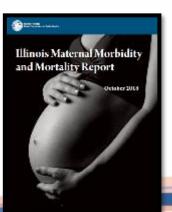
– MMRC Report?, ACOG CO# 736?, Other?

Is there anything you wish was in the

toolkit?







Improving Postpartum Access to Care (IPAC)

IPAC- Steps to take today to MOVE FORWARD



- Meet with your QI team to discuss the following:
 - What is the clinical culture/thoughts around IPAC and the systems changes needed to Go-LIVE?
 - Review your data and current status with your team
- Create a 30/60/90 plan to complete IPAC Key strategies :
 - 1. Obtain provider buy-in
 - 2. Develop process flow to schedule early pp visit before discharge
 - 3. Develop process to ensure women receive key IPAC education before discharge
 - 4. Educate all providers / nurses on key elements of IPAC.
- Review and finalize your discharge materials to ensure you provide
 ALL discharge components
 - 1. ILPQC Benefit of 2 week Maternal Health Safety Check
 - 2. AWHONN Post Birth Warning Signs
 - Healthy Pregnancy Spacing/Family Planning options or referrals /Contraception
 Counseling as appropriate for your hospital



Improving Postpartum Access to Care (IPAC)

TEAM TALK- MEMORIAL HOSPITAL OF CARBONDALE



Memorial Hospital of Carbondale IPAC

Team Members:

Mary Jarvis, BSN, RN, CLC

Lauren Abell, RN

Dr. Sherry Jones



Memorial Hospital of Carbondale

Memorial Hospital of Carbondale is the flagship hospital for SIH and regional referral center for the 16 county southern Illinois region. Memorial paves the way to bring big city medicine home. Physicians in over 45 different specialties practice here, bringing expertise and new procedures, but successfully tailoring them to the particular needs of a rural setting.

- •154-bed tertiary care hospital
- •The core hospital for SIH's comprehensive, regional heart program, Prairie Heart Institute.
- •High level surgical capabilities including daVinci technology
- •Affiliated with SIU School of Medicine through its Family Practice Residency Program
- •Neuroscience program including neurosurgery and a designated Primary Stroke Center
- •Accredited by the Commission on Cancer for comprehensive cancer treatment
- •Recently added Level II Trauma Center Designation





Women and Children

Designated Level II+, SIH Women and Children center delivers around 2000 births per year. And with a local birthing center closing their doors we have increased our deliveries by 30%. Baby Friendly Designated since 2015.

- •85 Total Beds (7 LDR, 2 C-section ORs, 13 SCN, 21 Normal Newborn, 8 Antepartum, 4 Triage, 20 Mother Baby, 14 Pediatric)
- •Southern Illinois' largest and most spacious birthing center with Level II+ Special Care Nursery
- Only dedicated pediatric unit in the region
- Dedicated Anesthesia 24/7
- •Nearly covering 24/7 Lactation support

Overall Initiative Aim:

Implement universal early postpartum visits (within 2 weeks) and be able to facilitate scheduling prior to discharge

Communicate recommendations/st rategy for early postpartum visit with OB providers

Provided ILPQC OB

provider/outpatient care site packet

Outcome:

Increase the % of women with early postpartum visits within first 2 weeks of delivery

Increase PP education prior to discharge



Worked with discharge patient navigator to facilitate scheduling of early postpartum visits & universal patient education prior to discharge

To Do:

Educate all providers and staff on optimizing early postpartum care



Implement standard postpartum education prior to discharge after delivery



What's Next

- Implement standard postpartum education prior to discharge after delivery
- Implement provider and nurse education on risks of the postpartum period, benefits of early pp visit, and needs of the maternal health safety check.
- Implement above process with patient discharge navigator to review education with patient prior to going home and has 2 week pp follow up appointment.









Thank you!





Improving Postpartum Access to Care (IPAC)

TEAM TALK- AMITA ALEXIAN BROTHERS

IPAC: Where Are We Now

AMITA Alexian Brothers Medical Center Women and Infants Services Team



Amita Health Care System

AMITA Health Regions

AMITA Health Northwest Region

- St. Alexius Medical Center, Hoffman Estates
- Alexian Brothers Medical Center, Elk Grove Village
- Saint Joseph Hospital, Elgin
- Mercy Medical Center, Aurora
- Adventist Medical Center GlenOaks, Glendale Heights

AMITA Health Chicago Region

- Saint Francis Hospital, Evanston
- Saint Joseph Hospital, Chicago
- Saints Mary & Elizabeth Medical Center, Chicago
- Resurrection Medical Center, Chicago

AMITA Health South Region

- Saint Joseph Medical Center, Joliet
- Saint Mary's Hospital, Chicago
- Adventist Medical Center, Bolingbrook
- Adventist Medical Center, Hinsdale
- Adventist Medical Center, La Grange





OUR IPAC TEAM

- Susan Fulara MSN, RNC-OB, NE-BC Manager Women and Infant Services
- Kristin Yates BSN, RNC-MNN L&D Educator
- Peggy Farrell MSN RN M/B-SCN Educator



What have we done?

- May 2019 AMITA Alexian Brothers Joined IPAC team
- June 2019 Introduced to core group of OB providers- Perinatal Quality Meeting
- June 2019 Initiated education to the nursing staff Huddle board introduction.
- July 2019 Include discharge flyers for Post Partum Warning Signs
- August 2019 Started data collection and completed retro review as well
- August 2019 Introduced IPAC at OB Department Meeting.
- Oct 2019 Continued discussion at Perinatal Safety meeting. Some providers feel everyone knows about this- no longer need to discuss. Was removed from OB dept meeting agenda due to many other items this month.
- Oct 2019 Include IPAC information in orientation of new staff

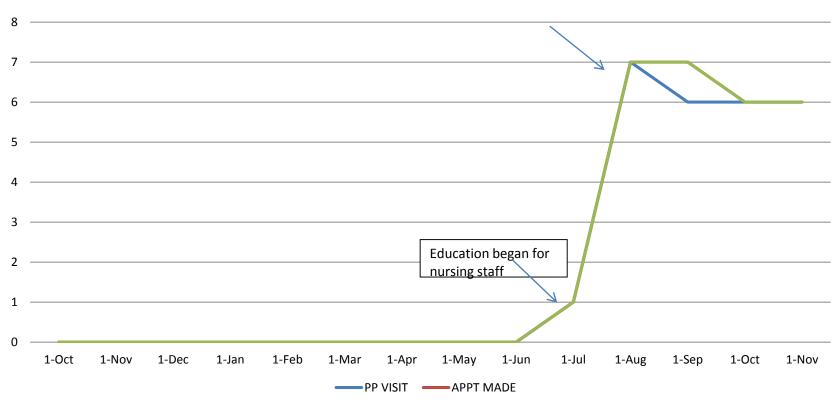


DATA AND OUTCOMES:

IPAC: Post partum visit within 2 weeks & appt made at time of discharge from hospital.

Goal 80% of PP pts will have visit/appt. made within 2 weeks of d/c.

IPAC OUTCOMES





Future:

- Engage OB provider as champion
- Continue to provide resources/education to providers and staff
- Speaker to present 10 min at OB Dept meeting
- Provide results of data review to OB Dept Meeting & Staff (staff emailed)
- Packet of information to be delivered to each OB office
- Packet of information to be delivered to affiliated clinic
- Develop follow up appt to be made before discharge
- How to address pregnancy spacing at a Catholic Hospital
- Continue to engage in web meeting and resources by ILPQC
- Partner with AMITA Health to accomplish goals



QUESTIONS?



THANK YOU

Contact information for our team members:





Improving Postpartum Access to Care (IPAC)

ROUND ROBIN

Round Robin



Each team to share:

- 1. What is your team currently working on for implementation?
- 2. What barriers have you encountered with the clinical care staff?
- 3. What strategies have you or will you implement to overcome those barriers?



Improving Postpartum Access to Care (IPAC)

NEXT STEPS





IPAC Team Talk Schedule

Month	Team 1	Team 2	
December 16	SSM Health St. Mary's	AMITA Resurrection Medical Center	
January 2020 – CANCELED due to MLK Holiday			
February 17	St. Margaret's Hospital	Memorial Medical Center	
March 16	UI Health	Touchette Regional	

IPAC Calls



THIRD MONDAY OF THE MONTH

IPAC Teams 11am-12pm

Date	Topic	
December 16	IPAC and Billing	
January – Canceled due to MLK Holiday		
February 17	Topic TBD	
March 16	Topic TBD	

To Do List

- ILC PQC

 Illinois Perinatal
 Ouality Collaborative
- Submit <u>IPAC data</u> for October and November
- Ask providers/staff for 2 week Maternal Health Safety Check Patient Success Stories to be tracked and shared with hospital administration and other providers (issues identified, linkage to care success, patient satisfaction with early visit etc)
- □ Collect and track you IPAC Success Stories to share with clinical staff, hospital administration, & ILPQC
- □ Schedule <u>your IPAC Discover Call with Autumn</u> before the end of the year coming to your inbox soon!

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Contact



- Email <u>info@ilpqc.org</u>
- Visit us at <u>www.ilpqc.org</u>









JB & MK PRITZKER

Family Foundation