Neonatal Abstinence Syndrome (NAS)

The rise of opioid use in pregnancy has led to a significant increase in Neonatal abstinence Syndrome (NAS), a drug withdrawal symptom in newborns. Significant increase in NAS admission in Illinois a percent increase of 64% between 2011 and 2017 has been reported. Every neonatal caregiver need to know key strategies including NAS symptom assessment, appropriate treatment and coordinating a safe discharge.

Key strategies for the care team

- Utilize a NAS signs and symptoms assessment tool and observe for 5-7 days
- Partner with mothers as the best option to provide the non-pharm care as the first line tx for NAS
- Use a standard NAS pharmacological protocol to use as necessary for treatment of NAS
- Work to reduce stigma across the clinical team to engage and empower mothers
- Coordinate discharge care through clinical readiness and completion of MNO Discharge Checklist

What you need to know

Mothers and Newborns affected by Opioids (MNO)

Important resources for the care team

ILPQC Toolkit & Resources
Mothers and Newborns affected by Opioids (MNO) Initiative
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