



# What you need to know

Mothers and Newborns affected by Opioids (MNO)

## Neonatal Abstinence Syndrome (NAS)

The rise of opioid use in pregnancy has led to a significant increase in Neonatal abstinence Syndrome (NAS), a drug withdrawal symptom in newborns. Significant increase in NAS admission in Illinois a percent increase of 64% between 2011 and 2017 has been reported. Every neonatal caregiver need to know key strategies including NAS symptom assessment, appropriate treatment and coordinating a safe discharge.

### Key strategies for the care team



Utilize a NAS signs and symptoms assessment tool and observe for 5-7 days



Partner with mothers as the best option to provide the non-pharm care as the first line tx for NAS



Use a standard NAS pharmacological protocol to use as necessary for treatment of NAS



Work to reduce stigma across the clinical team to engage and empower mothers



Coordinate discharge care through clinical readiness and completion of MNO Discharge Checklist

### Important resources for the care team

#### ILPQC Toolkit & Resources

**Mothers and Newborns affected by Opioids (MNO) Initiative**

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