Support Breastfeeding

When is it safe to provide mother's milk to an infant?

Breastfeeding guidelines for healthcare providers to support mothers and newborns in breastfeeding

- **Cocaine**
- **HIV+**
  
  Even when being treated with anti-retroviral therapy

- **Heroin**

- **Cannabis**
  
  Data is insufficient to determine safety, encourage to eliminate & reduce use

- **Herpes**
  
  Temporarily suspend with an active lesion on the breast

- **Hep B or C+**
  
  Temporarily suspend with an open wound on the nipple

- **Nicotine**
  
  Encourage to reduce or eliminate use

- **MAT therapy**
  
  Subutex, Buprenorphine, Suboxone, Methadone

- **Oxycodone**
  
  Prescription use only

- **Hydrocodone**
  
  Prescription use only

- **Lorazepam**
  
  Prescription use only

- **SSRIs**
  
  Citalopram (Celexa), escitalopram (Lexapro), fluoxetine (Prozac), fluvoxamine (Luvox), paroxetine (Paxil), sertraline (Zoloft)