What about breastfeeding?

- Immediate postpartum insertion of the Levonorgestrel IUD and the etonogestrel implant have NOT been shown to decrease the duration of breastfeeding.

- Some women may experience breast tenderness with Levonorgestrel IUD.

INTERESTED?

TALK TO YOUR OB PROVIDER ABOUT A LARC BEFORE YOU DELIVER!

Inserting a long-acting reversible contraception (LARC) prior to discharge from the hospital may help to reduce your risk of unplanned pregnancy.
• Women who are not breastfeeding can become pregnant again as early as 25 days after birth.

• Pregnancies that are less than 1 year apart can increase the chances for preterm delivery and low birth weight.

WHAT ARE THE BENEFITS OF IMMEDIATE POSTPARTUM LARC PLACEMENT?

• Immediate placement can decrease your chance of closely spaced pregnancies. It is convenient and you can avoid issues such as loss of insurance coverage and missed appointments.

WHY CHOOSE A LARC?

It’s convenient and effective!

Women experience the highest satisfaction rates and the lowest rates of unplanned pregnancy with LARCs

Over 75% of women continue to use after 1 year

WHAT SIDE EFFECTS CAN I EXPERIENCE WITH LARC METHODS?

LARC methods can lead to changes in your bleeding pattern. You should discuss this with your doctor.

WHAT ARE MY OPTIONS?

Copper IUD- 10 years
Levonorgestrel IUD- 5 years
Implant- 3 years

WHAT IS DIFFERENT ABOUT IMMEDIATE POSTPARTUM PLACEMENT OF AN IUD?

The chance of expulsion (the IUD being pushed out) is higher (10-27% after vaginal delivery, 8% when placed during Cesarean delivery) when compared to an IUD placed after 6 weeks of delivery. There is also increased risk that IUD strings could be lost.