Naloxone Rescue Kit Consultation Checklist

☐ How to recognize an overdose
  - Not breathing or struggling to breathe
    ▪ Call out name and rub knuckles on sternum
  - Small pupils
  - Blue/gray lips and nails

☐ How to respond to an overdose
  - Call 911
  - Give 1 rescue breath every 5 seconds for 30 seconds
    ▪ Tilt head back, pinch nose
  - If no response administer naloxone

☐ How to administer naloxone
  - 1mL (1/2 syringe) in each nostril
  - Continue to give rescue breaths
  - If still unresponsive after 3-5 minutes administer second dose

☐ Do not leave person alone after administering naloxone
  - The person can experience withdrawal symptoms
  - Also make sure they do not take any more opioids