

Naloxone Rescue Kit Consultation Checklist

How to recognize an overdose

- Not breathing or struggling to breathe
 - Call out name and rub knuckles on sternum
- Small pupils
- Blue/gray lips and nails

How to respond to an overdose

- Call 911
- Give 1 rescue breath every 5 seconds for 30 seconds
 - Tilt head back, pinch nose
- If no response administer naloxone

How to administer naloxone

- 1mL (1/2 syringe) in each nostril
- Continue to give rescue breaths
- If still unresponsive after 3-5 minutes administer second dose

Do not leave person alone after administering naloxone

- The person can experience withdrawal symptoms
- Also make sure they do not take any more opioids