Example SBAR to reduce opioid overprescribing by removing opioids from order sets

<table>
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<th>Name of SBAR</th>
<th>Remove Opioids from Selected OB Order Sets</th>
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<tr>
<td>Leadership Sponsor</td>
<td></td>
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<tr>
<td>SBAR Author</td>
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**Purpose**

To request removal of oral and IV opioids from the following order sets:

1. OB Vaginal Birth Postpartum Focused IP 3040000035.
2. OB Postpartum Discharge IP 3040000341
3. OB Preeclampsia Postpartum Focused IP 3040000048

**Background**

There is a national opioid crisis. Recent obstetrical literature suggests that many patients are receiving more pain medication than is required for adequate pain relief.

**Assessment**

There is an opportunity to remove opioids from specified order sets without adversely impacting care.

**Recommendation**

1. Remove opioids from the three order sets as described above:

   (a) OB Vaginal Birth Postpartum Focused IP 3040000035:

   - Analgesics - Moderate OB
     - Hydromorphone 5-325 mg (NORCO) tablet 1-2
     - Hydromorphone 10-325 mg (NORCO) tablet 1-2
     - Oxycodone-acetaminophen 5-325 mg (PERCOCET) tablet 1-2
   - Med - Analgesics Injectable Opioids (OSF)
     - Morphine IM 0.5 mg
   - Med - Analgesics Injectable Opioids (DME)
     - Morphine IV 1-2 mg
     - Morphine IM 5 mg
   - H/O Morphine (DILAUDID) IV 0.5 mg

   1-2 mg, Intravenous, Starting today
   3-4 mg, Intravenous
   5 mg, Intramuscular, Starting today
   Intravenous

   1-2 mg, Intravenous, Starting today
   3-4 mg, Intravenous
   5 mg, Intramuscular, Starting today
   Intravenous
   1-2 mg, Intravenous, Starting today
   3-4 mg, Intravenous
   5 mg, Intramuscular, Starting today

   (b) OB Postpartum Discharge IP 3040000341:
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**Meds - Analgesic Moderate OB Discharge**
- HYDROcodone-acetaminophen (NORCO) 5-325 MG Tablet
- HYDROcodone-acetaminophen (NORCO) 10-325 MG Tablet
- HYDROcodone-acetaminophen (VICODIN) 5-500 MG Tablet
- oxyCODONE-acetaminophen (PERCOCET) 5-325 MG Tablet

1-2 Tab, Oral, EVERY 4 HOURS PRN, Normal, 20 Tab, 0

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2. Update physician order set preference lists to remove narcotic order grouping.

3. To measure the results of the pre- and post changes similar to changing the default

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