

Example SBAR to reduce opioid overprescribing by removing opioids from order sets

Name of SBAR	Remove Opioids from Selected OB Order Sets
Leadership Sponsor	
SBAR Author	
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Purpose

To request removal of oral and IV opioids from the following order sets:

1. OB Vaginal Birth Postpartum Focused IP 3040000035.
2. OB Postpartum Discharge IP 3040000341
3. OB Preeclampsia Postpartum Focused IP 3040000048

Background

There is a national opioid crisis. Recent obstetrical literature suggests that many patients are receiving more pain medication than is required for adequate pain relief.

Assessment

There is an opportunity to remove opioids from specified order sets without adversely impacting care.

Recommendation

1. Remove opioids from the three order sets as described above:

(a) OB Vaginal Birth Postpartum Focused IP 3040000035:

Analgesics - Moderate OB

- hydrocodone-acetaminophen 5-325 mg (NORCO) tablet 1- 2
- hydrocodone-acetaminophen 10-325 mg (NORCO) tablet 1- 2
- oxycodone-acetaminophen 5-325 mg (PERCOCET) tablet 1- 2

1-2 Tab, Oral, EVERY 6 HOURS PRN, Moderate pain (4-6) or more severe pain if patient requests
1-2 Tab, Oral, EVERY 6 HOURS PRN, Moderate pain (4-6) or more severe pain if patient requests
1-2 Tab, Oral, EVERY 6 HOURS PRN, Moderate pain (4-6) or more severe pain if patient requests

Med - Analgesics Injectable Opioids (OSF)

- morphine IV 1-2mg
- morphine IV 3-4mg
- morphine IM 5 mg
- HYDROMorphone (DILAUDID) IV 0.5 mg

1-2 mg, Intravenous, Starting today
3-4 mg, Intravenous
5 mg, Intramuscular, Starting today
Intravenous

Med - Analgesics Injectable Opioids (DMH)

- morphine IV 1-2 mg
- morphine IV 3-4 mg
- morphine IM 5 mg
- HYDROMorphone (DILAUDID) IV 0.5 mg

1-2 mg, Intravenous, Starting today
3-4 mg, Intravenous, Starting today
5 mg, Intramuscular, EVERY 4 HOURS PRN Starting today For 48 Hours, Severe pain (7-10), Starting today
Intravenous

(b) OB Postpartum Discharge IP 3040000341:

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Meds - Analgesic Moderate OB Discharge

<input type="checkbox"/> HYDROcodone-acetaminophen (NORCO) 5-325 MG Tablet	1-2 Tab, Oral, EVERY 4 HOURS PRN, Normal, 20 Tab, 0
<input type="checkbox"/> HYDROcodone-acetaminophen (NORCO) 10-325 MG Tablet	1-2 Tab, Oral, EVERY 4 HOURS PRN, Normal, 20 Tab, 0
<input type="checkbox"/> HYDROcodone-acetaminophen (VICODIN) 5-500 MG Tablet	1-2 Tab, Oral, EVERY 4 HOURS PRN, Normal, 20 Tab, 0
<input type="checkbox"/> oxyCODONE-acetaminophen (PERCOCET) 5-325 MG Tablet	1 Tab, Oral, EVERY 4 HOURS PRN, Normal, 20 Tab, 1

(c) OB Preeclampsia Postpartum Focused IP 3040000048

Analgesics - Moderate OB

<input type="checkbox"/> hydrocodone-acetaminophen 5-325 mg (NORCO) tablet 1- 2	1-2 Tab, Oral, EVERY 6 HOURS PRN, Moderate pain (4-6) or more severe pain if patient requests
<input type="checkbox"/> hydrocodone-acetaminophen 10-325 mg (NORCO) tablet 1- 2	1-2 Tab, Oral, EVERY 6 HOURS PRN, Moderate pain (4-6) or more severe pain if patient requests
<input type="checkbox"/> oxycodone-acetaminophen 5-325 mg (PERCOCET) tablet 1- 2	1-2 Tab, Oral, EVERY 6 HOURS PRN, Moderate pain (4-6) or more severe pain if patient requests

Med - Analgesics Injectable Opioids (OSF)

<input type="checkbox"/> morphine IV 1-2mg	1-2 mg, Intravenous, Starting today
<input type="checkbox"/> morphine IV 3-4mg	3-4 mg, Intravenous
<input type="checkbox"/> morphine IM 5 mg	5 mg, Intramuscular, Starting today
<input type="checkbox"/> HYDROmorphine (DILAUDID) IV 0.5 mg	Intravenous

Med - Analgesics Injectable Opioids (DMH)

<input type="checkbox"/> morphine IV 1-2 mg	1-2 mg, Intravenous, Starting today
<input type="checkbox"/> morphine IV 3-4 mg	3-4 mg, Intravenous, Starting today
<input type="checkbox"/> morphine IM 5 mg	5 mg, Intramuscular, EVERY 4 HOURS PRN Starting today For 48 Hours, Severe pain (7-10), Starting today
<input type="checkbox"/> HYDROmorphine (DILAUDID) IV 0.5 mg	Intravenous

2. Update physician order set preference lists to remove narcotic order grouping.

3. To measure the results of the pre- and post changes similar to changing the default