# Sample Decision Tree Flowchart
# Eat, Sleep, Console Method

Babies at risk for Neonatal Abstinence Syndrome will be continuously monitored using the Eat Sleep Console (ESC) method. The following will continuously be assessed:

1. Can the baby eat at least one ounce or breastfeed well?

2. Can the baby sleep for one hour undisturbed?

3. Can the baby be consoled within 10 minutes?

**yes**

**no**

Continue monitoring with the ESC method and utilizing non pharmicalogical interventions

A meeting with provider, nurse, and family should be arranged

Work together to maximize non-pharmacologic measures:

1. Swaddling
2. Holding (parent or cuddler as available)
3. Rocking
4. Pacifier
5. Feed on demand (breast or consider formula if moms milk hasn't come in)
6. Dim lights
7. Minimize noise
8. Adjust temperature in room
9. Other as deemed necessary

Reassess using ESC method

**yes**

**no**

Meet with team again and consider pharmacologic intervention (PRN morphine)

Following treatment with pharmicalogical intervention

Feeding/ special considerations

* consider offering formula or BM per bottle

* at a higher risk for increase calorie consumption- offer 24 kcal formula/ breast milk per MD orders

* lethargic or just not feeding well- may considering need for nasogastric feeds (NICU)

* at a higher risk of dehydration from loose stool/ vomiting and poor intake- may need IV fluids (NICU)

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