

## **Inpatient Monitoring**

The American Academy of Pediatrics recommends inpatient monitoring for 4-7 days for SENs for signs of NAS.(1) Approximately 40-70% of SENs require pharmacologic treatment for NAS despite optimal non-pharmacologic first-line treatment. Most SENs will exhibit signs and symptoms within 48-72 hours of birth after in-utero opioid exposure. (2) Infants exposed to short-acting opioids such as oxycodone have a reported lower risk for NAS requiring pharmacotherapy.(3) We recommend that infants exposed to short acting opioids be observed for a minimum of 4-5 days for signs of withdrawal.

Co-exposure to nicotine and psychiatric medications increase the risk for NAS requiring pharmacotherapy due to an overlap of withdrawal symptoms from these medications with opioid withdrawal, and drug interactions.(4-6) Careful consideration of the symptom profile (primary neurologic symptoms) and timing of symptoms (< 24 hours of life) can help to distinguish between opioid and co-exposure withdrawal.

## References:

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