Example Policy: Postpartum Nexplanon Insertion, Part A

11 MAY 2017

SUBJECT: Nexplanon Insertion

Scope/Responsibility: Applies to Mother-Baby Nursing Personnel A. General:

1. Nexplanon is a small contraceptive rod, 4 cm in length, containing etonogestrel hormone (a progestin). They are one form of long-acting, reversible contraception and are some of the most effective types of reversible birth controls.

A. Equipment:
   1. Nexplanon device
   2. Marking pen
   3. Paper ruler (or marking pen with ruler of at least 8cm)
   4. Sterile gloves
   5. Betadine Swabs
   6. Lidocaine 1% without epinephrine, filter needle, 20G injection needle (3- 4 cm in length), 5cc syringe
   7. Sterile 4x4 gauze
   8. Steri-strips
   9. Self- adherent stretch gauze

B. Procedure:
   1. Obtain a written informed consent from the patient. Perform a "Time Out" prior to starting the procedure.
   2. Obtain the Nexplanon device and lidocaine from the OmniCell
   3. Obtain the Nexplanon "toolbox" and sterile gloves from the supply room
   4. Attach the Nexplanon information sticker (including the Lot # and expiration date) from the package to the front of the consent form
   5. Before performing procedure, assist provider in drawing up the lidocaine and preparing the room with the required equipment.
   6. Hand provider the ruler and marking pen.
   7. Hand opened betadine swabs to the provider.
   8. Hand the lidocaine to the provider. He/She will perform a local block prior to insertion.
   9. Hand the provider his/her sterile gloves.
   10. Once the provider has decided to proceed with insertion, open the Nexplanon package in a sterile manner and the provider will remove the Nexplanon device from the inserter tray.
   11. Once the provider has completed the insertion, hand him/her a sterile gauze.
   12. Hand provider steri-strips and self- adherent stretch gauze to dress Nexplanon insertion site.

C. Documenting Procedures

1. Complete the patient information card from the Nexplanon pamphlet and give it to the patient.
2. Give the provider the Nexplanon Lot number and Expiration Date
3. Attach the Nexplanon information sticker (including the Lot # and expiration date) from the package to the front of the consent form
4. Ensure the consent is placed in the patient chart so that it may be scanned into EPIC