



Maternal Hypertension Initiative: Kick-off!

May 2, 2016 12:30 – 2:30 pm

HTN Kick-off Webinar

IL PQC
Illinois Perinatal
Quality Collaborative

- ILPQC welcome
- HTN Initiative Overview, Importance, Timeline
- Overview of California's Experience
 - Nancy Peterson, MSN, RNC-OB, PNNP, IBCLC
 - Clinical Program Manager, CMQCC
 - Holly Champagne, MSN, RNC-OB, CNS
 - Kaiser Permanente, Roseville, CA
 - Connie von Kholer, MSN, RNC-OB, C-EFM, CPHQ
 - Miller Children's Hospital, Long Beach, CA
- Forming your QI team
- Baseline/Data Collection Process
- ILPQC Data System Training
- HTN process flow examples from 2 Wave 1 teams
 - Roma Allen, MSN, RNC-OB Elmhurst Memorial Hospital
 - Dawn Varacalli, MSN,RN,CLS Rockford Memorial Hospital
- Next Steps
 - Process Flow Diagrams
 - Storyboards
 - AIM Baseline Survey
- Questions

ILPQC Vision



A statewide perinatal quality collaborative that involves all perinatal stakeholders; utilizes data-driven, evidence-based practices; improves perinatal quality resulting in improved birth outcomes, improved health for women and infants, and decreased costs; builds on Illinois' existing state-mandated Regionalized Perinatal System, and operates with long-term sustainable funding.



Working Together on State-wide Initiatives







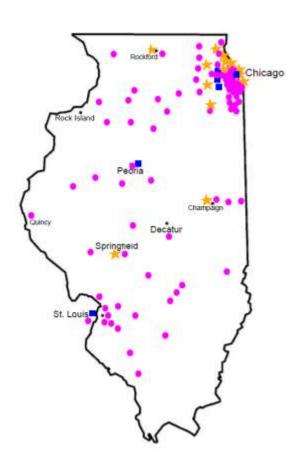




Hospital Engagement



- 109 hospitals participating in one or more ILPQC Initiative
- 107 hospitals in OB Initiatives
 - Over 95% of IL births covered by ILPQC
- 26 hospitals in Neonatal Initiative
 - Over 85% of IL NICU beds covered by ILPQC



www.ilpqc.org







Maternal Mortality

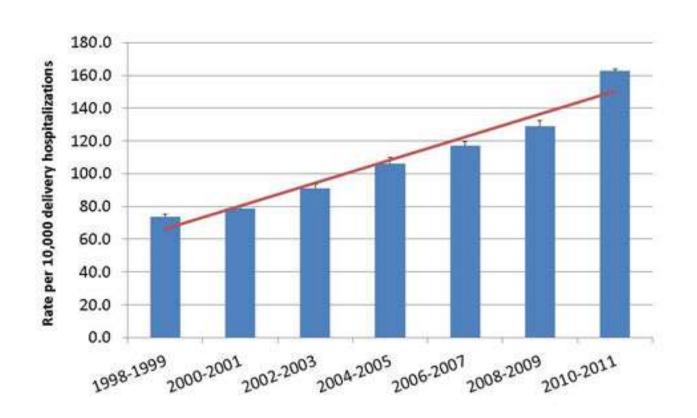


Economist.com





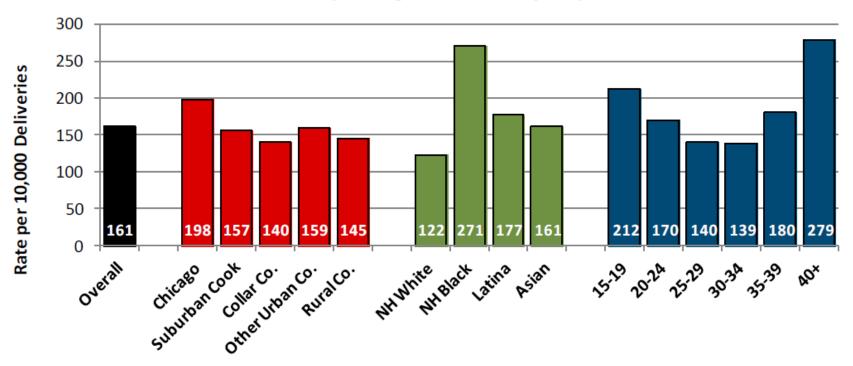
Severe Maternal Morbidity During Delivery Hospitalizations: United States, 1998-2011



Maternal Morbidity: Disparities in Illinois



Severe Maternal Morbidity among Illinois Delivery Hospitalizations, 2011-13



In Illinois in 2011-2013, 7,239 women were affected by severe maternal morbidities — a rate of 161 cases for every 10,000 delivery hospitalizations. This is higher than the published national rate of 129 per 10,000.

ILPQC Maternal Hypertension Initiative



Aim: Reduce the rate of severe morbidities in women with severe preeclampsia, eclampsia, or preeclampsia superimposed on pre-existing hypertension by 20% by December 2017

Approach: Established workgroup (1/2015), identify hospital teams (5/2016), implement evidence-based practices / protocols / AIM HTN Bundle (6/2016-12/2017)



- OB Advisory Workgroup and HTN Clinical Leadership Team developed process/outcome measures, toolkit/education, data form and reports
- Input from IDPH SQC / Perinatal Network Administrators / AIM Initiative / CA, NY, and NC collaboratives
- Launched Wave 1 in January 2016, Wave 2 May 2016 TODAY!

Support from Other State Collaboratives Working on HTN



- CMQCC (California Collaborative)
 Preeclampsia Initiative
 - HTN Clinical Lead Team multiple meetings with CMQCC to leverage their measures, data form, and process
- PQCNC (North Carolina)

 Conservative
 Management of Preeclampsia
 - Ongoing work with PQCNC to use lessons learned from their initiative and education plan resources
- New York ACOG Safe Motherhood Initiative
 - Ongoing calls to use components of their education plan and quality improvement processes (have 117 hospitals)

ILPQC HTN: Proposed Timelin



Proposed Timeline 2016
Activity 11/15 12/15 1/16 2/16 3/16 4/16 5/16 6/16 7/16 8/16 9/16 10/16 11/16 12/16

Wave 1	Launch initiative at ILPQC annual meeting							
	Wave 1 Teams calls							
	Test data collection process and implementation, collect baseline data							
	Wave 1 feedback							
Wave 2	Enroll Wave 2 teams							
	2-hour educational webinar for all teams – <i>May</i> 2, 12:30-2:30							
	Face-to-face meeting to launch QI work – May 23, 10am – 3:30							
	Monthly data collection/team calls (June 2016-Dec 2017)							

Initiative Goals



- Early recognition of hypertension and correct diagnosis during and after pregnancy
- Reduce time to treatment of severe range blood pressure, 160/110(105)
- Deliver not too early and not too late
- Provide patient education and appropriate follow up
- Implementation of evidence based protocols

Keys to Success



- Monthly Team Call (all teams members join)
 - We will review data, discuss QI strategies for HTN bundle implementation, review education topic and Team Talks (hear from teams across IL sharing progress, barriers and successes)
- Submit monthly data into RedCap
 - You will be able to track your progress across time and compare to over 100 hospitals in initiative on reducing time to treatment for severe range BP
- Schedule regular meetings with your HTN Team to review your data and drive QI



Three types of measures

- Outcome Measures Identify whether changes are leading to improvement and achieving aims
 - How is the system performing?
 - What is the result?
- Process Measures identify changes to processes of care that can affect outcome measures. Measuring the results of these process changes will tell you if the changes are leading to an improved, safer system
- Balancing Measures identify changes in one part of the system that may result in new problems in other parts of the system.

ILPQC HTN Initiative Goal & Measures

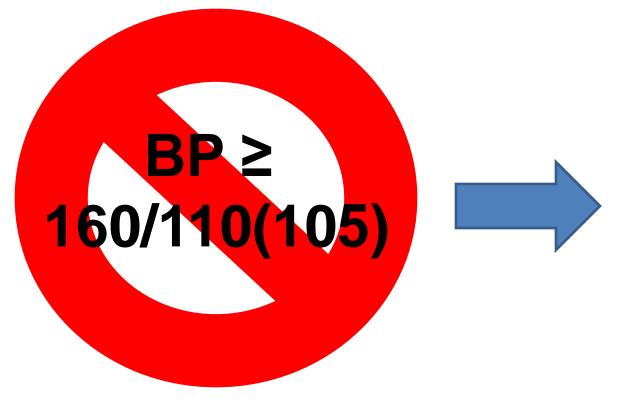


Goal: Reduce preeclampsia maternal morbidity

IL Measure	Туре	Goal
Severe Maternal Morbidity No. of women with severe maternal morbidities (e.g. Acute renal failure, ARDS, Pulmonary Edema, Puerperal CNS Disorder such as Seizure, DIC, Ventilation, Abruption) / No. pregnant & postpartum women with new onset severe range HTN	Outcome	20% reduction
Appropriate Medical Management in under 60 minutes No. of women treated at different time points (30,60,90, >90 min) after elevated BP is identified / No. of women with new onset severe range HTN	Process	100%
Debriefs on all new onset severe range HTN cases	Process	100%
Discharge education and follow-up within 7-10 days for all women with severe range HTN, 72 hours with all women with severe range HTN on medications	Process	100%

Severe range HTN >160sys / >110 (105) diastolic per hospital standard





Need To Treat*

*BP persistent 15 minutes, activate treatment algorithm with IV therapy ASAP, < 30-60 minutes

Alliance for Innovation on Maternal Health (AIM)



- ILPQC has been accepted as an AIM mentor state
- Hospitals report AIM variables of interest to ILPQC
- ILPQC will be able to compare IL HTN data to all AIM participating states quarterly
- AIM resources and materials available to IL hospitals include toolkits, webinars, educational materials and provider / nursing training focused on:
 - Readiness Recognition
 - Response Reporting

AIM - Hypertension Measures



- Provider education % completed
- Nursing education % completed
- Preeclampsia protocol yes/no
- Preeclampsia EHR integration yes/no
- Unit drill protocols yes / no
- Patient/family support protocols –yes/no
- Debrief and multi-disciplinary case review protocols – yes/no

All measures are reported quarterly or upon completion.

AIM Participation



- ILPQC hospitals report into ILPQC REDCap Data System:
 - Monthly data from the ILPQC Severe Maternal Hypertension Data Form
 - Quarterly and yearly AIM measures (focused on quality improvement initiative process)
- De-identified data shared with AIM to compare IL progress to national data
- Data sharing agreements between hospitals and ILPQC to share de-identified data with AIM

Overview of California's Experience



- Nancy Peterson, MSN, RNC-OB, PNNP, IBCLC
 - Clinical Program Manager, CMQCC
- Holly Champagne, MSN, RNC-OB, CNS
 - Kaiser Permanente, Roseville, CA
- Connie von Kholer, MSN, RNC-OB, C-EFM, CPHQ
 - Miller Children's Hospital, Long Beach, CA



Hypertension Initiative Lessons Kaiser Permanente, Roseville

Holly Champagne, MSN, CNS, RN-C



Snapshot



- KP Roseville part of No. California system, largest delivery volume
- Model- OB providers, CNMs, residentsaround the clock
- Part of CMQCC collaborative for hemorrhage toolkit
- Culture of improvement

Perspective: How were we doing?



Process

Team formation- RNs both unit, MFM, OB, Quality

Walked the process

Work and rework the algorithm



Lessons learned

Input accepted and welcomed

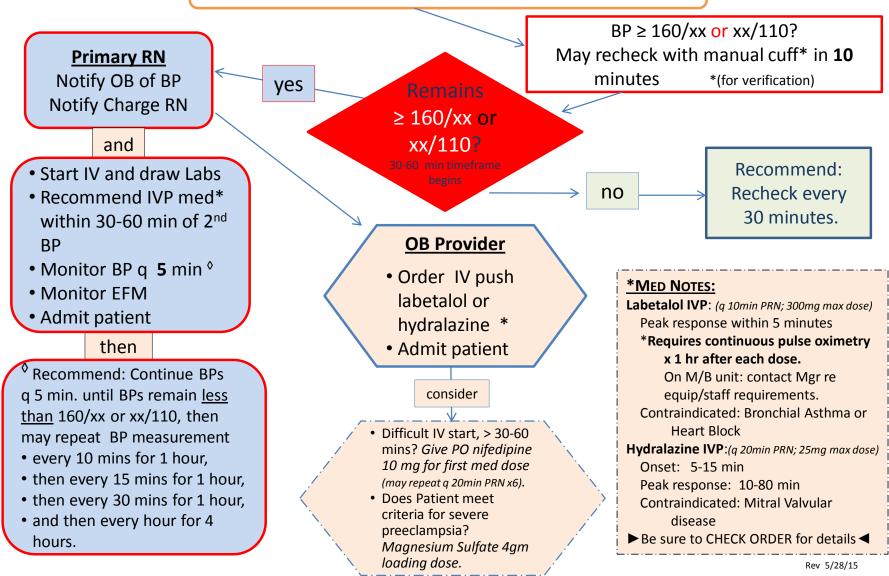


- The clinicians used the tool and made many suggestions about how to modify the document
- Some information from debriefs, most from hallway conversations

 What information necessary to implement EBP

Treatment of Blood Pressure greater than or equal to 160/xx OR xx/110:

Position: semi-fowlers; cuff at level of heart; displace uterus



Lessons learned

Critical to success: team training



Lessons learned

Culture change: the "BP Protocol"





Data Collection Strategy

Multifaceted

- Initial small audit by mini-team
- Board sign out for other patients, readmits
- Charge RN binder, stickers
- Pharmacy reports for IVP hydralazine and labetalol
- Reminder programmed into med dispensing machine (Pyxis)
- ICD9 codes for all patients with hypertension
- Results...



Best Wishes!







Sharing from Long Beach, CA

Connie von Köhler, MSN, RNC-OB, CPHQ
Program Director,
Perinatal Outreach Education Program







Regional Tertiary Center Long Beach Memorial Medical Center-

Southeast Los Angeles County

- 24/7 in-house Perinatology & Neonatology
- Teaching Service
- 80 Obstetricians on staff
- 500 deliveries monthly
- 107 licensed NICU beds



Developing our team:

- ★ Nurses representing:
 - ★ Labor & Delivery ★ High Risk Antepartum
 - ★ Mother/Baby ★ Emergency Department
 - Educators
 - Directors
 - Assistant managers
 - Staff nurses
 - Both shifts
- **★** Pharmacist
- **★** Perinatologist



Preeclampsia Collaborative Team meetings:

- CMQCC monthly conference calls
 - Monthly calls on Tuesday 12N
- Miller team meetings
 - Monthly on Thursday prior to the CMQCC calls
 - Standing Agenda collaborative objectives
 - Reported out the data / PDSA-outcomes
 - Develop the report out slide for Tuesday
 - Questions for collaborative



Process of Recognition & Treatment

- Online module for staff
 - Reviewed the primary aspects of the toolkit
 - Case scenarios

- Debrief tool
 - Specific for this collaborative
 - Close-loop communication
 - Data Collection



Debriefing Issues

- Staff uncomfortable completing
- Leadership vague on process
- Forms not completed
- Couldn't find forms
- Submission process unclear





MCH-LBMMC PREECLAMPSIA: DEBRIEF TOOL

Topic: Maternity service team review and document sequence of events, successes with and barriers to swift and coordinated response to preeclampsia.

Goal: De-brief 100% of cases of new onset severe hypertension with preeclampsia or eclampsia (≥160 OR >105) or chronic/gestational hypertension with superimposed preeclampsia (see inclusion table) (Include patients from L&D, PP, ED) (Process Measure, P3)

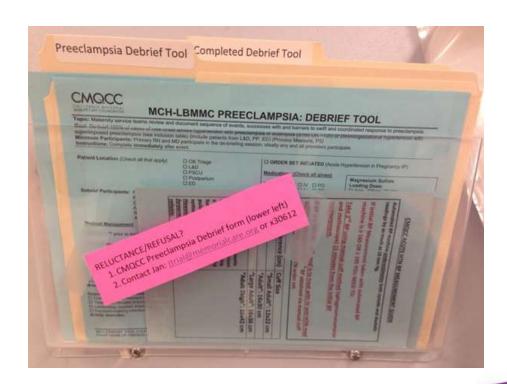
Minimum Participants: Primary RN and MD participate in the de-briefing session; ideally any and all providers participate along with the shift Coordinator. Instructions: Complete immediately after event and review with Coordinator before the end of the shift.

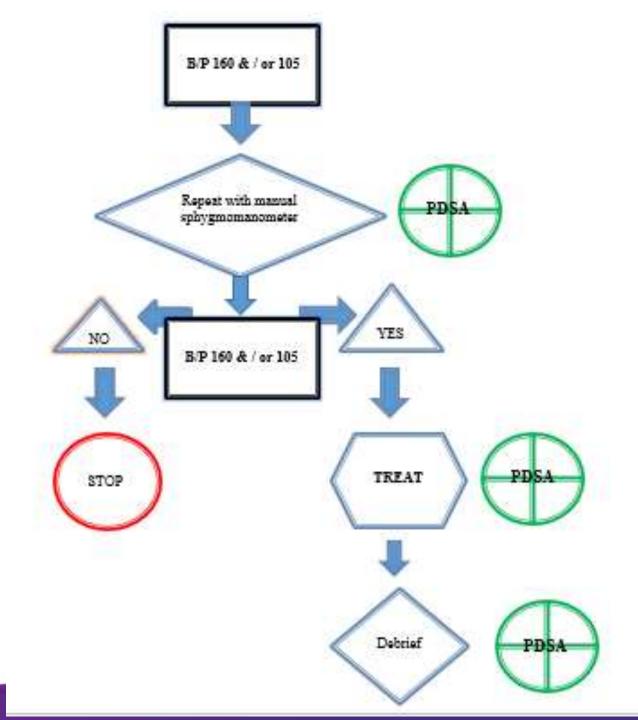
Patient Location (Check all that apply) OB Triage	ORDER SET INITIATED (Acute Hypertension in Pregnancy IP) Medications (Check all given)
Medical Management	Lowest B/P for first hour after completing TX:
Highest B/P prior to treatment:	Was there a SUDDEN change in the FHR that required intervention? ☐ YES ☐ NO If YES, did the intervention require emergent delivery? ☐ YES ☐ NO Patient is ☐ Antepartum ☐ Postpartum
□ Communication went well □ Decision-making went well □ Decision-making went well □ Teamwork went well □ Assessing the situation went well □ Decision-making went well □ Leadership went well □ Other	Deportunities for improvement: "non-human factors" (Check all that apply) Delay in HTN medications Inadequate support (in-unit/other areas) Other Medications issues Equipment issues Delays in transport (intra-, inter-hospital transport) Other
Opportunities for improvement: "human factors" (Check all that apply) □ Communication needed improvement □ Assessing needed improvement □ Teamwork needed improvement □ Delay in recognition □ Leadership needed improvement □ Other □ □ Decision-making needed improvement Briefly describe:	Label:
Person completing form:	Date & Time:

Coordinator Review:(Signature)	Date:
Follow-up action taken:	
Manager/AUM/Educator Review:	
Follow-up action taken:	
Referred to Dr. McNulty for:	
Referred to Collaborative Committee: Date:	
Action:	

Closing the Loop

Debrief tool easy to find and return







On Going Data Review:

- Combination of:
 - CMDC list (45 days after end of month)
 - Weekly list from Women's pharmacist
 - Pts who received: Labetalol or/& Hydralazine
 - Debrief forms



Closing the Loop

Electronic Message Boards

- Interprofessional
- Best Practice Reminders
- Addresses comment, concerns, questions
- New messages every 2 weeks

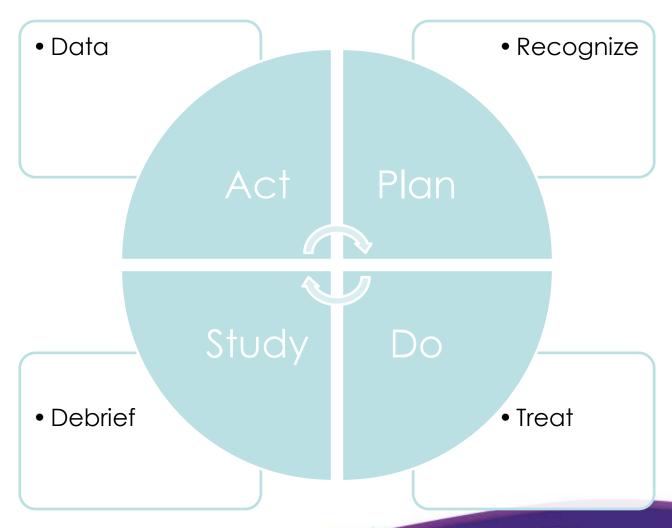


Prevent STROKE



≥160 &/or ≥105
TREAT
within 30 min

Process Flow:





LONG BEACH MEMORIAL Miller Children's & Women's Hospital Long Beach Memorial Care Health System

INTERPROFESSIONAL PARTICIPATION IN A STATEWIDE COLLABORATIVE TO RECOGNIZE AND TREAT HYPERTENSION IN PREGNANCY

MAGNET RECOGNIZED

AMERICAN NURSES CREDENTIALING CENTER

Connie von Köhler, MSN, RNC-OB, C-EFM, CPHQ, Diane Beck, RNC, BSN Cathy Villarreal, BSN, RNC-MMN, Janet Trial, EdD, MSN, CNM,

BACKGROUND

Hypertensive disorders of pregnancy are a leading cause of maternal mortality occurring in 12-22% of pregnancies. The California Pregnancy Associated Mortality Review (CA-PAMR) found the overall rate for preeclampsia deaths between 2002 and 2004 is 1.6/100,000. These disorders are also one of the leading contributors to premature birth leading to significant neonatal morbidity and mortality.

AIM

The goal was to standardize identification and treatment of pregnant/post-partum women presenting with blood pressures ≥ 160 & / or over ≥ 105 within 30 minutes.

DESIGN

The BirthCare Center was one of 25 birthing hospitals in California to actively participate in the statewide CMQCC Preeclampsia Collaborative from February 2013 through December 2014.

The interprofessional team of physician, nurses & pharmacist were educated to the toolkit guidelines and "Acute Hypertensive" order set developed by the MemorialCare Women's Best Practice Team.

The team utilized PDSA cycles to implement the evidence-based guidelines from the CMQCC Preeclampsia Toolkit.

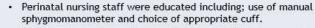
METHODS:

Initial elevated blood pressures (\geq 160 & / or over \geq 105) were reevaluated within 15 minutes using a manual sphygmomanometer and appropriate size cuff.

Physicians are contacted, "Acute Hypertensive" order-set initiated, medication immediately administered.

Blood pressures are reassessed every 15-20 minutes and medication treatment continued until below threshold values.

IMPLEMENTATION STRATEGIES:

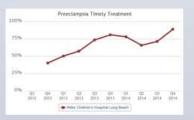


- Self-learning module with competency evaluation was required.
- · Post-partum nurses were educated to give IV hydralazine.
- Physicians were provided written communication of the new protocol and order set.
- · The pharmacist assured necessary level of drug stock.
- Rolling manual blood pressure "kits" with assorted cuffs and guidelines were distributed.
- · Electronic message boards continually educated staff.
- Debrief forms provided feedback to the implementation team to complete PDSA cycles.

RESULTS:

The baseline data from 4th Quarter 2012 40% of women with blood pressures meeting the criteria were treated.

December 2014, 81.8% of women with blood pressures meeting criteria were treated within 30 minutes and 90.9% within 60 minutes.



CONCLUSION &

IMPLICATIONS FOR NURSING PRACTICE:

Understanding the potential morbidity and mortality has increased the care providers recognition and treatment of acute hypertension. Methodology and implementation strategies were effective in achieving the standardized, identification and treatment of pregnant/post-partum women presenting with hypertension.

Unanticipated challenges included providing training in the basic fundamentals of blood pressure measurement. Additionally, institutional approval for IV push hydralazine to become standard practice for postpartum nurses.

Next steps in nursing practice include:

- Evaluation of hypertensive patient within one week of hospital discharge.
- Implementation in emergency department.

REFERENCES:

ACDG. (2015). Emergent Therapy for Acute-Onset, Severe Hypertension During Pregnancy and the Postpartum Period. American Congress of Obstetricians and Gynecologists. Committee Opinion #825.

ACDS. (2013). Hypertension in pregnancy: Report of the American College of Obstetricians and Gynacologist Task Force on hypertension in pregnancy. Obstet Gynacol., 12(26), 1122-1131.

ACOS. (2002). Disgnosis and Management of Presciampsis and Eclampsis #33. American Congress of Obstetricions and Gynecologists Practice Builetin Number 33. (Reaffirmed 2012).

Dructn, M. L., Shfelds, L. E., Peterson, N. L., Cape, Y. (2013). Preclampsia Toolkit: improving Health Care Response to Preclampsia. California Maternal Quality Care Collaboration.

Preeclampsia Foundation, www.preeclampsia.org

Sibal, B. (2011). Evaluation and management of severe preciampsia before 34 weeks gestation. American Journal Of Obstetrics & Gymecology, 205(3), 191-198.

INTERPROFESSIONAL PREECLAMPSIA COLLABORATIVE TEAM



Total toward, Sammer McMaley, MD, Comme von Charlet, MD, James Frag. Com, Cathy Villarreal, RN. Back row left: Sandra Jones, RN, Deborah Chang, RN, Susan McKamy, Pharmactst, Penne Bray, RN, Amy Scott, RN, Patricia Alvarez-Ramirez, RN, Diane Beck, RN, Kathy Callanan, RN

and fall of the little



Forming Your QI Team



- Your hospital team:
 - Physician Lead
 - Nurse Lead
 - Quality Lead
 - Other Team Members if available (ED, Anesthesiology, etc.)
- Team activities
 - Data form implementation
 - Monthly meetings to review data, identify opportunities for improvement and plan quality improvement work
 - Develop process flow diagram for different settings at your hospital and discuss opportunities for improvement
 - Protocol/policy review
 - Debriefs/case reviews





	Frequency	Form	Content	Timeframe
\	Monthly	Severe HTN Data Form	Bedside and Chart Review	January 2016 (Wave 1) May 2016 (Wave 1 & 2)
	Quarterly	Implementation checklist	Opportunities for improvement	May 2016
		AIM Report 3 items	Education Unit Drills	May 2016
	Annual	AIM Report 5 items Y/N	EHR Family Support Debriefs Reviews	May 2016
		Discharge data with IDPH	SMM Rates	May 2016

Our focus before Face-to-Face

Details to follow

Severe HTN Data Form:

ILE PQC Illinois Perinatal Quality Collaborative

2 Options

- Single data form to be used both at the bedside and for chart abstraction
- Separate data forms
 - Bedside data form
 - Chart abstraction tool
- Both options gather the same information
- Use whatever works for your hospital team!

Option 1 – Single Form





SEVERE HYPERTENSION DATA FORM

			and barriers to swift and coordinated response to preeclampsia with severe features.		
	: Reduce time to treatment (< 60 minutes) for new onset severe hypertension (≥160 systolic OR ≥110 diastolic) with preeclampsia or eclampsia or chronic/gestational				
rpertension with superimposed preeclampsia (include patients from triage, L&D, Antepartum, PP, ED) in order to reduce preeclampsia morbidity in Illinois. structions: Complete within 24 hrs. after all cases of new onset severe hypertension (≥160 systolic or ≥110 diastolic) event in pregnancy up to 6 wks postpartum. Debrief should					
					stpartum. Debrief should
include primary RN and primary I	2 11	•			
	Event (weeks & days) OR # Da		GA at Delivery (weeks & da		
Patient Location (check all that			OB Complications (check	all that apply) Transpo	rt In? YES NO Date:
	□ Antepartum □ ED		Adverse Maternal Outcome	e: Date:_ Transpor	rt Out? YES NO Date:
Maternal Age: He	eight: Current !	Weight:	☐ OB Hemorrhage with tran	sfusion of ≥ 4 units of blood pro	oducts
Diagnosis: ☐ Chronic HTN ☐ G	estational HTN □ Preeclamp	sia	☐ Intracranial Hemorrhage of	or Ischemic event	
□ Superimposed Preeclampsia		□ Other	☐ Pulmonary Edema	□ ICU admission	☐ HELLP Syndrome
PROCESS MEASURE (P1): M	ledical Management		□ Oliguria	□ Eclampsia	□ DIC
Time: hh:mm Measure	2		☐ Renal failure	☐ Liver failure	□ Ventilation
BP reac	BP reached ≥160 or diastolic ≥110 (sustained >15 min) □ Placental Abruption □ Other □ None		☐ None		
	med given		Adverse Neonatal Outcome: Date:		
BP reac	hed <160 and diastolic BP <	110	□ NICU/SCN admission □ IUFD □ Other □ None		□ None
Medications (check all given)	1		Maternal Race/Ethnicity (check all that apply):		
Medications	Dosage(s) given	Reason not given	☐ White ☐ Black ☐ Hisp		
☐ Labetalol			PROCESS MEASURE (P2)	Discharge Management	
☐ Hydralazine			A. Discharge Education: E	Education materials about preed	clampsia given?
☐ Nifedipine			□ YES □ NO		
Magnesium Sulfate Bolus	☐ 4gm ☐ 6gm ☐ Other		B. Discharge Management	t: Follow-up appt scheduled wit	hin 3-10 days
Magnesium Sulfate	☐ 1gm/hr ☐ 2gm/hr		(for all women with any severe range hypertension/preeclampsia)		npsia)
Maintenance	☐ 3gm/hr ☐ Other		□ YES □ NO		
Any ANS (if <34 wks)?	☐ Partial Course ☐ Complet	te Course □ Not Given	Was patient discharged on meds?		
BALANCING MEASURE (B1,I	B2): Monitor Medical Manage	<u>ement</u>	YES NO		
B1. Did diastolic pressure fall t	o <80 within one hour after me	ds given?		p appointment scheduled in <72	2 hours?
□YES □NO		_	□ YES □ NO		
B2. If yes, was there correspon	nding deterioration in FH rate (Category 3)?	COMMENTS about Medical Management, Monitoring, Discharge		ischarge
	□ NA (for nostnartum natients				

Opportunities for improvement to reduce time to treatment (identification severe HTN to treatment goal <60 minutes): De-brief

Debrief Participants: Primary MD: ☐ YES ☐ NO Primary RN: ☐ YES ☐ NO

TEAM ISSUES	Went well	Needs improvement	Comment
Communication			
Recognition of severe HTN			
Assessing situation			
Decision making			
Teamwork			
Leadership			

SYSTEMISSUES	Went well	Needs improvement	Comment
HTN medication timeliness			
Transportation (intra-, inter- hospital transport)			
Support (in-unit, other areas)			
Med availability			
Any other issues:			







SEVERE HYPERTENSION DATA FORM: BEDSIDE

Topic: Maternity service team review and document sequence of events, successes with and barriers to swift and coordinated

response to preeclampsia with severe features.

Goal: Reduce time to treatment (< 60 minutes) for new onset severe hypertension (≥160 systolic OR >110 diastolic) with preeclampsia or eclampsia or chronic/gestational hypertension with superimposed preedampsia (include patients from triage, L&D. Antepartum, PP, ED) in order to reduce preeclampsia morbidity in Illinois.

Instructions: Complete within 24 hrs. after all cases of new onset severe hypertension (>160 systolic or >110 diastolic) event in pregnancy up to 6 wks postpartum. Debrief should include primary RN and primary MD to identify opportunities for improvement in identification and time to treatment of HTN.

Date:	GA at Event (weeks & days) OR # Days Postpartum:
Maternal Age:	tapply) □ Triage □ L&D □ Postpartum □ Antepartum □ ED Height: Current Weight: Gestational HTN □ Preeclampsia □ Superimposed Preedampsia □ Postpartum Preeclampsia

PROCESS MEASURE (P1): Medical Management

Time: hh:mm	Measure
	BP reached ≥ 160 or diastolic ≥ 110 (sustained > 15 min)
	First BP med given
	BP reached < 160 and diastolic BP < 110

Medications (check all given)

Medications	Dosage(s) given	Reason not given	
Labetalol			
☐ Hydralazine			
□Nifedipine			
Magnesium Sulfate Bolus	☐ 4gm ☐ 6gm ☐ Other		
Magnesium Sulfate	☐ 1gm/hr ☐ 2gm/hr		
Maintenance	☐ 3gm/hr ☐ Other		
Any ANS (if <34 wks)?	☐ Partial Course ☐ Complete Course ☐ Not Given		

BALANCING MEASURE (B1,B2): Monitor Medical Management

B1. Did diastolic pressure fall to < 80 within one hour after meds given?

□YES □NO

B2. If yes, was there corresponding deterioration in FH rate (Category 3)?

☐ YES ☐ NO ☐ NA (for postpartum patients)

Opportunities for improvement to reduce time to treatment (identification severe HTN to treatment goal <60 minutes):

De-brief

Debrief Participants: Primary MD: ☐ YES ☐ NO Primary RN: ☐ YES ☐ NO

Debiter ut	cipuntani	mary wib.	TES EL NOT IIIIary
TEAM ISSUES	Went well	Needs improvement	Comment
ommunication			
ecognition of evere HTN			
ssessing tuation			
ecision making			
eamwork			
eadership			

SYSTEM ISSUES	Went well	Needs improvement	Comment
HTN medication timeliness			
Transportation (intra inter- hospital transport)			
Support (in-unit, other areas)			
Med availability			
Any other issues:			



Option 2 – Two Forms Bedside Form

REDCap Hospital ID:





SEVERE HYPERTENSION DATA FORM: CHART ABSTRACT

Topic: Maternity service team review and document sequence of events, successes with and barriers to swift and coordinated response to preeclampsia with severe features.

Goal: Reduce time to treatment (< 60 minutes) for new onset severe hypertension (≥ 160 systolic OR > 110 diastolic) with preeclampsia or eclampsia or chronic/gestational hypertension with superimposed preedampsia (include patients from triage, L&D, Antepartum, PP, ED) in order to reduce preeclampsia morbidity in Illinois.

Instructions: Complete within 24 hrs. after all cases of new onset severe hypertension (>160 systolic or >110 diastolic) event in pregnancy up to 6 wks postpartum. Debrief should include primary RN and primary MD to identify opportunities for improvement in identification and time to treatment of HTN.

GA at Delivery (weeks & da	ys):							
OB COMPLICATIONS (check all that apply)								
Maternal Outcome:				Date:				
□ OB Hemorrhage with transfusion of ≥ 4 units □ Intracranial Hemorrhage or Ischemic event □ ICU admission □ Eclampsia □ Liverfailure □ Other				□ Oliguria □ Renalfailure □ Placental Abruption				
Neonatal Outcome:				Date:				
☐ NICU admission	□IUFD	□ Ot	ther	□ None				
Maternal Race/Ethnicity (c.f.			□ Other					
Maternal Transport: Transport In? ☐ YES	□NO	Date	:					
Transport Out? ☐ YES	□NO	Date	:					
PROCESS MEASURE (P2) Discharge Management								
A. Discharge Education: Education materials about preeclampsia given? □ YES □ NO								
B. Discharge Management: Follow-up appointment scheduled within 3-10 days (for all women with any severe range hypertension/preeclampsia) YES								



Option 2 – Two Forms Chart Abstract Form

COMMENTS about Medical Management, Monitoring, Discharge:

Steps for Data Form Implementation



- Implement the Severe HTN Data Form at the bedside for all women who have been identified with new onset severe HTN
- Use chart review to collect discharge and outcome data on all women identified with new onset severe HTN
- 3. Use your EMR to identify all patients with new onset severe HTN to insure you've captured all cases through the bedside implementation of the Severe HTN Data Form, can use chart review to collect data on missed patients.
- 4. Enter data in REDCap by the 15th of the month for the previous month (i.e. May 15th for April data)

Key Driver Diagram: Maternal Hypertension Initiative

GOAL: To reduce preeclampsia maternal morbidity in Illinois hospitals

Key Drivers

AIM: By December 2017, to reduce the rate of severe morbidities in women with preeclampsia, eclampsia, or preeclampsia superimposed on preexisting hypertension by 20%

Readiness: Implementation of standard processes for optimal care of severe maternal hypertension in pregnancy

Recognition: Screening and early diagnosis of severe maternal hypertension in pregnancy

Response: Care management for every pregnant or postpartum woman with new onset severe hypertension

Reporting/Systems Learning: Foster a culture of safety and improvement for care of women with new onset severe hypertension

Interventions

- Implement standard order sets and/or algorithms for early warning signs, diagnostic criteria, timely triage, monitoring and treatment of severe hypertension
- Ensure rapid access to medications used for severe hypertension with guide for administration and dosage
- Implement system plan for escalation, obtaining appropriate consultation, and maternal transport
- Perform regular simulation drills of severe hypertension protocols with post-drill debriefs
- Integrate severe hypertension processes (e.g. order sets, tracking tools) into your EHR
- Standardize protocol for measurement and assessment of blood pressure and urine protein for all pregnant and postpartum women
- Standardize response to early warning signs including listening to and investigating symptoms and assessment of labs
- Implement facility-wide standards for patient-centered education of women and their families on signs and symptoms of severe hypertension
- Educate OB, ED, and anesthesiology physicians, midwives, and nurses on recognition and diagnosis of severe hypertension that includes utilizing resources such as the AIM hypertension bundle and/or unit standard protocol
- Execute facility-wide standard protocols for appropriate medical management in under 60 minutes
- Create and ensure understanding of communication and escalation procedures (e.g. implementing a rapid response team through the use of TeamSTEPPS)
- Develop OB-specific resources and protocols to support patients, families, staff through major complications
- Provide patient-centered discharge education materials on preeclampsia and postpartum preeclampsia
- Implement patient protocols to ensure follow-up within 7-10 days for all women with severe hypertension and 72 hours for all women on medications
- Establish a system to perform regular debriefs after all new onset severe hypertension cases
- Establish a process in your hospital to perform multidisciplinary systems-level reviews on all severe hypertension cases admitted to ICU
- Continuously monitor, disseminate, and discuss your monthly data in ILPQC REDCap system at staff/administrative meetings
- Add maternal hypertension assessment and treatment protocols and education to provider and staff orientations, and annual competency assessments

Live REDCap Demo: Kate Finnegan



- https://redcap.healthlnk.org/
- Site navigation
 - Log in
 - How to find the HTN project
- Record entry
 - Saving and adding another record
- How to edit a record
- Troubleshooting what to do if you forgot user name/password, don't have access to a project, etc.

Wave 1 Process Flow Examples Illinois I Quality

- Roma Allen, MSN, RNC-OB Elmhurst Memorial Hospital
- Dawn Varacalli, MSN,RN,CLS Rockford Memorial Hospital

Healthy Driven Edward-Elmhurst HEALTH

Elmhurst Memorial Hospital

Team Members

Roma Allen MSN, RN; Michelle Kavanagh BSN, RN; Kimberly Darey, MD.; Rebecca Cazzato MSN, RN, IBCLC; Kimberly Harris MSN, RNC, C-EFM; Andrea White, BSN, RN; Adriana Calcev MSPHRD.

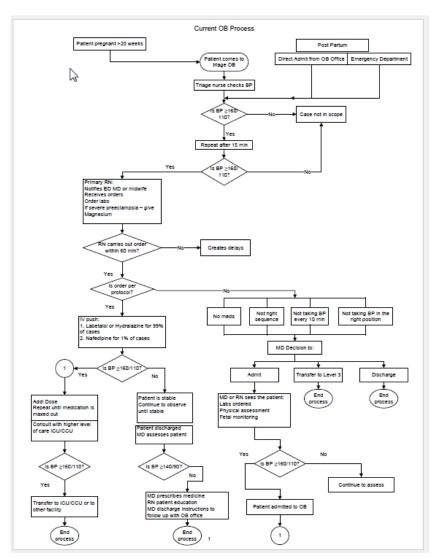
Family Birthing Center

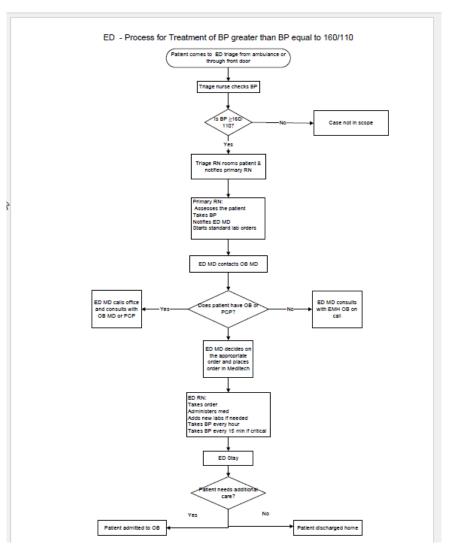
Approximately 2000 deliveries/year Level IIE nursery



- Team members meet monthly
 - Multidisciplinary
- Data collection began in February
 - Retrospective
 - Not at the bedside

CURRENT Process Flow Diagram









$Plan \longrightarrow Do \longrightarrow Study \longrightarrow Act$

Team Name: Elmhurst Memorial Hospital Date of test:2/25/16

Test Completion Date:

Overall team/project aim: Decrease time to treatment with appropriate resources available

What is the objective of the test? Immediate access to appropriate supplies for administering hypertensive medications

PLAN:

Briefly describe the test:

-1m syringe currently in stock to draw up appropriate hydralazine dose (10mg/0.25ml) did not fit into IV tubing. Transfer of hydralazine from 1ml syringe to 3ml syringe was needed in order to administer intravenously through IV tubing. Change in 1 ml syringe to one that fits into IV tubing needed.

How will you know that the change is an improvement?

- 1. Appropriate syringe available for IV administration
- 2. Time of medication order to administration < 30minutes
- 3. Staff feedback on availability and utilization of new syringe

What driver does the change impact?

- -Will directly impact the process of administering hydralazine to a maternal patient with severe hypertension.
- -Will decrease the amount of steps necessary to administer hydralazine.
- -Care management for every pregnant or postpartum woman with new onset severe hypertension

What do you predict will happen?

- -decrease in time > treatment
- -decreased chance of error of amount of medication given, decrease chance of needle stick injuries

Ρί ΔΝ

I EAN						
Person responsible						
(who)	When	Where				
Dr. Darey	March 1, 2016	OB Dept.				
Michelle Kavanagh	March 10, 2016	OB Dept.				
Jen Stirrat	April 1, 2016	OB Dept.				
Michelle Kavanagh	April 20, 2016	OB Dept.				
	responsible (who) Dr. Darey Michelle Kavanagh Jen Stirrat	responsible (who) When Dr. Darey March 1, 2016 Michelle March 10, 2016 Jen Stirrat April 1, 2016 Michelle April 20, 2016 Kavanagh				

Plan for collection of Data: Begin May 1, 2016

DO: Monitor availability of syringes, observe RN practice in utilization of syringe, analyze time of order to time of medication administration

Plan \longrightarrow Do \longrightarrow Study \longrightarrow Act

Team Name: Elmhurst Memorial Hospital Date of test: 3/22/16

Test Completion Date:

Overall team/project aim: Improve access to maternal hypertensive medications

What is the objective of the test? Create consistency in medication access in the OB department and ED to improve diagnosis to treatment time

PLAN:

Current state: The OB department has a 'Mag Kit' that when accessed in the Pyxis system will also provide you with Labetalol. During a Maternal Hypertension Team Meeting medication, access was inconsistent in the ED and access to Hydralazine was not available in the 'Mag Kit'. ED had no clinical decision support in the Pyxis and all medication must be ordered and removed separately.

The Maternal Hypertension Team meeting recommended the following changes:

- 1. Pharmacy becomes an Adhoc team member
- 2. Hydralazine added to the 'Mag Kit'
- 3. Name changed for consistent messaging to 'Preeclampsia Kit'
- 4. Duplicate the process in the ED and create a 'Preeclampsia Kit' in the ED Pyxis

How will you know that the change is an improvement?

- Name change to 'Preeclampsia Kit' with access to all medications it provides a trigger for clinical decision support and decrease in the OB and ED department time to treatment
- Rapid access to medications used for severe hypertension with guide for administration and dosage
- Facility-wide standard protocols for appropriate medical management in under 60 minutes

What driver does the change impact?

- Implementation of standard processes for optimal care of severe maternal hypertension in pregnancy
- Care management for every pregnant or postpartum woman with new onset severe hypertension

What do you predict will happen?

Consistent access to medication in the ED prior to transfer to the OB Department

PLAN

LAN						
List the tasks necessary to complete	Person responsible					
this test (what)	(who)	When	Where			
Add Hydralazine to the 'Kit'	Anne Burns	May 1, 2016	OB			
	PharmD		Department			
Create Name Change in Pyxis	Anne Burns	May 20, 2016	OB			
System to 'Preeclampsia Kit'	PharmD		Department			
Add 'Preeclampsia Kit' to ED Pyxis	Anne Burns	May 20, 2016	OB			
	PharmD		Department			
4. OB depart. Education nurses & Drs.	Michelle Kavanagh	May 15, 2016	OB			
	Dr. Darey		Department			
Ed Depart Education nurses & Drs.	Andrea White	May 15, 2016	OB			
	Dr. Darey		Department			
Dies for a Hasting of data:						

Plan for collection of data

Short Term Goals...

- Break down the current process flow diagram to identify barriers and possible solutions.
 - Create ideal process flow diagram
- Identify topics to begin staff education
 - ILPQC Project focus and goals
 - Accurate and consistent blood pressure measurement
 - Importance of discharge teaching and follow up
- Plan for escalation of treatment and resources
- Ensure rapid access to medications
 - Currently working with pharmacy department



ROCKFORD MEMORIAL Hospital



- Perinatal Regional Center Northern Illinois
- Level I Trauma Center
- Maternal & Neonatal Transport Teams
- 46 bed NICU

HTN Project Team

Members: Dr. Phillip Higgins, Jen Geary, Donna Mathews, Kate Nieva, Amy Graceffa, Missi Byars, Justine Beaman, Jenni Bowling, Dawn Karcz, Jeff Campbell, Dawn Varacalli-Team Leader

Ad Hoc Members: Riley Tipton and Brandi Smith- Mercy Hospital, Janesville, WI

Treatment of Blood Pressure greater than or equal to 160/xx OR xx/110 mmHg

Position: semi-fowler, legs uncrossed, BP cuff at the level of the patient's heart

Primary RN:

Notify OB & CSC of \$\BP\$

and

- Start IV and draw Labs
- Recommend IVP med* within 60 min of 1st BP
- Monitor BP q 5 mins
- Monitor FHR
- Admit patient

then

- Continue BP check q 5 mins until BP remains less than 160/xx or xx/110, then repeat BP as follows:
- Q 5mins x 30 mins
- Q 30 mins x 2 hours
- > Then hourly for 6 hours
- Continuous SpO2

YES

160/xx OR

xx/110?

OB Provider

NO

- Order IVP Labetalol or Hydralazine
- Admit Patient

Consider

- Difficult IV start, > 60 mins? Consider PO Nifedipine.
- Does patient meet criteria for severe preeclamapsia?

Consider Magnesium Sulfate 4 gm bolus

BP > 160/xx OR xx/110?

May recheck with manual cuff* in 10-15 minutes

*(for verification and correlation)

60 minute clock begins

Recommend: BP recheck Q30 minutes

- *Medication Notes
- Labetalol IVP per policy #2000.2025.194
- Contraindications: Asthma, COPD, bradycardia, and/or
- heart block
- Hydralazine per policy
- #2000.2025.45
- **Contraindication: Mitral valve**
- disease
- Consider continuous pulse oximetry with use of either medication.

Where are we at?

Then

- Difficulty in isolating our patient populations for inclusion in this project (ICD-10/Pharmacy)
- Multiple initiatives at one time
- Hard to find the staff to help
- Issues with the DUA

Now

- Retrospective auditing to submit to RedCap
- Created education for staff in all 3 areas(L&D, M/B, ED)
- Go-Live with bedside audit 6/1/2016
- Still working on DUA, but can submit data to RedCap

IL PQC Illinois Perinatal Quality Collaborative

Next Steps

- Still accepting teams for Wave 2!
 - Roster link:

https://www.surveymonkey.com/r/HTNroster

REDCap access form:

https://docs.google.com/forms/d/16F_IITLmDvesqhvwaq6bQ xlC17nHGmMchav1-feAsMo/viewform?c=0&w=

- Test data form with one nurse, one patient
- Register for Face-to-Face meeting!
- Draft your process flow diagram and storyboard for Face-to-Face
- Overview of Implementation Checklist and AIM Survey

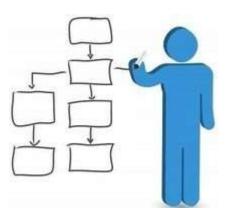
HTN Face-to-Face Meeting May 23 Springfield: Registration PQC | Illinois Perinatal | Quality Collaborative | PQC | PQ

- Registration is now live!
- Strongly encouraged to bring both nurse and provider teams leads – currently limited to 3 members per hospital
- https://www.eventbrite.com/e/maternal-hypertensionface-to-face-collaborative-learning-session-tickets-24489550906
- Registration fee of \$25 plus \$2.37 Eventbrite processing fee
- 134 individuals registered as of 4/28/16
- Registration closes on 5/16
- Begin work on process flow / storyboard to bring

What is a Process Flow Diagram?



- Illustrates all of the activities involved what really happens to identify and treat severe range blood pressure in Labor and Delivery, Postpartum, and Emergency Department
 - Who is doing each activity, Where, Why, How?
- Involve everyone in the process to help your team understand
 - What steps are missing?
 - Where repetition is occurring?
 - Are the right people performing the right tasks?



Discuss with your team before getting started:



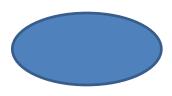
- What is the process for blood pressure measurement and recording?
- When and how is the provider contacted when severe range blood pressure is identified
- How is severe range blood pressure treated?
- How is care coordinated between

Units (L&D, PP, ED, ICU)



Process Flow Diagram Symbols





Start or End of the process



Task in the process



Decision point in the process

See examples from Elmhurst and Kaiser in this slide set

Storyboard Instructions

Adapted from the New York State Perinatal Quality Collaborative (NYSPQC)



- At the Face-to-Face Learning Session, use the Storyboard to tell your team's story descriptively, clearly and creatively photos, collages and illustrations are welcome.
- There is no wrong way to create a Storyboard so don't be afraid to be creative. Additionally, be sure to keep it simple; the Storyboard is not meant to be an extremely time-consuming project.
- Storyboards must fit into a space approximately 28 x 40 inches. It may be created from a collection of letter-sized sheets (print outs of your power point slides or word documents) that are convenient for carrying while traveling. Ten to twelve sheets can fit in the available space depending on arrangement. Boards for posting and pushpins will be provided at the Face-to-Face Learning Session.
- **Share your story**: about your hospital, about your team, describe your goals for this initiative, include process flow diagram draft, can include any barriers you have identified and opportunities for improvement, describe next steps or action items for your team

Display Tips

- Fewer words: More pictures and graphics
- Real people pictures... At least of your teams
- Font size as big as possible
- Fancy not necessary
- Color to highlight key messages (If you don't have a color printer, use bright highlighters)
- Clear titles and labels if you use graphs (X and Y axes, dates, brief explanation of what it shows)



AIM: Baseline Survey

- AIM baseline survey helps capture a snapshot of your team's starting point and provides valuable information to ILPQC that we will use to provide you quality improvement support:
 - https://www.surveymonkey.com/r/AIMbaselinesurvey
- Please designate one team member to complete by May 16 so that we can review this information at our face to face meeting on May 23



Readiness - For every unit in your hospital do you have (Yes/No):

- 1. Standard protocols for early warning signs, diagnostic criteria, monitoring and treatment of severe preeclampsia/eclampsia (include order sets and algorithms).
 - a. L&D
 - b. Antepartum/Postpartum
 - c. Triage/ED
- 2. Unit education on protocols, unit-based drills (with post-drill debriefs).
 - a. L&D
 - b. Antepartum/Postpartum
 - c. Triage/ED
- 3. Process for timely identification, triage, and evaluation of pregnant and postpartum women with hypertension including ED and outpatient areas.
- 4. Rapid access to IV medications used for severe hypertension/eclampsia: Medications should be stocked and immediately available on L&D and in other areas where patients may be treated. Include brief guide for administration and dosage.
 - a. L&D
 - b. Antepartum/Postpartum
 - c. Triage/ED
- 5. System plan for escalation, obtaining appropriate consultation and maternal transport, as needed for severe maternal hypertension, preeclampsia, and eclampsia.
 - a. L&D
 - b. Antepartum/Postpartum
 - c. Triage/ED



Recognition - For every OB/postpartum patient in your hospital do you have (Yes/No):

- 6. Standard protocol for the measurement and assessment of BP and urine protein for all pregnant and postpartum women.
- 7. Standard response to maternal early warning signs including listening to and appropriately investigating patient symptoms and assessment of labs (i.e. CBC with platelets, AST and ALT)
- 8. Facility-wide standards for educating prenatal and postpartum women on signs and symptoms of preeclampsia and severe hypertension.



Response - For every case of severe hypertension/preeclampsia in your hospital do you have (Yes/No):

- 9. Facility-wide standard protocols with checklists and escalation policies for management and treatment of: Severe hypertension; Eclampsia, seizure prophylaxis, and magnesium over-dosage; and Postpartum, emergency department and outpatient presentations of severe hypertension/preeclampsia.
- 10. Minimum requirements for protocol: Notification of physician or primary care provider if systolic BP =/>160 or diastolic BP =/>110 for two measurements within 15 minutes; After the second elevated reading, treatment should be initiated ASAP (preferably within 60 minutes of verification); Includes onset and duration of magnesium sulfate therapy when indicated; Includes escalation measures for those unresponsive to standard treatment; Describes manner and verification of timely follow-up for blood pressure check and evaluation within 7 to 14 days postpartum; Describes postpartum patient education for women with hypertension / preeclampsia describing postpartum preeclampsia.
- 11. Support plan for patients, families, and staff for ICU admissions and serious complications of severe hypertension.



Reporting - In every unit of your hospital, do you (Yes/No):

- 11. Establish a culture of huddles for high-risk patients and postevent debriefs to identify successes and opportunities for improvement.
 - a. L&D
 - b. Antepartum/Postpartum
 - c. Triage/ED
- 12. Multidisciplinary review of all severe hypertension/eclampsia cases admitted to ICU for systems issues.
 - a. L&D
 - b. Antepartum/Postpartum
 - c. Triage/ED
- 13. Monitor quality outcomes and process metrics involving severe hypertension in pregnancy.
 - a. L&D
 - b. Antepartum/Postpartum
 - c. Triage/ED



Getting Started Q&A

- Ways to ask questions:
 - Raise your hand on Adobe Connect to ask your question by phone
 - Post a question in the Adobe Connect chat box



Contact

IL PQC

Illinois Perinatal Quality Collaborative

- Email <u>info@ilpqc.org</u>
- Visit us at <u>www.ilpqc.org</u>









