

Table 1. Nursing Assessment Frequency A. Preeclampsia Without Severe Features (Mild)

| | Preeclampsia without Severe Features (mild) | | |
|---|---|---------------|---------------|
| | Antepartum* | Intrapartum* | Postpartum* |
| BP, Pulse, Respiration, SaO2 | Every 4 hours | Every 60 min | Every 4 hours |
| Lung sounds | Every 4 hours | Every 4 hours | Every 4 hours |
| Deep consciousness Edema | Every 8 hours | Every 8 hours | Every 8 hours |
| Assessment for headache, visual disturbances, epigastric pain | | | |
| Fetal status and uterine activity | Every shift | Continuous | N/A |
| Temperature | Per facility protocol | | |
| Intake and output | Every 1 hour with totals every 8 and 24 hours | | |

*This is the minimum frequency recommended for the patient NOT on magnesium sulfate.

B. Severe Preeclampsia Nursing Assessment Frequency

| | Severe Preeclampsia Intrapartum and Postpartum for women on Magnesium Sulfate | |
|---|---|--|
| BP, Pulse, Respiration, SaO2 | Every 5 mins during loading dose and q30 mins during maintenance of magnesium sulfate infusion Can change to every 60 mins if any one or more of the following criteria are met: Preeclampsia without severe features (mild) BP stable without increases for a minimum of 2 hours No antihypertensives within last 6 hours Antepartum patient Latent phase of labor | |
| | Continuous SaO2 during magnesium infusion for intrapartum. For postpartum patient, check with vital signs | |
| Lung sounds | Every 2 hours | |
| Deep tendon reflexes & clonus, Level of consciousness Edema Assessment for headache, visual disturbances, epigastric pain | Every 4 hours | |
| Temperature | Per facility protocol | |
| Intake and output | Intake: IV solutions and medication drips should all be on a pump Total hourly intake should be ≤ 125 ml/hr NPO with ice chips or as permitted by practitioner Output: Insert foley with urometer Calculate hourly, end of shift, and 24-hour totals | |
| Fetal status and uterine activity | Continuous fetal monitoring | |



C. Post Eclamptic Seizure and Magnesium Sulfate Toxicity

| Post Eclamptic Seizure and Magnesium Sulfate Toxicity for Ante, Intra and Postpartum | | | |
|--|--------------------------------------|--|--|
| BP, Pulse, Respiration | Every 5 min until stable | | |
| O2 Sat & LOC | Every 15 min for a minimum of 1 hour | | |
| Fetal Assessment and Uterine Activity | Continuous | | |

D. Acute BP Treatment with IV Medication

| Acute BP Treatment with IV Medication: Ante, Intra and Postpartum | | |
|---|--|--|
| BP, Pulse, Respiration | Every 5-15 min until stable | |
| SAO2 and LOC | Every 5-15 min for a minimum of 1 hour | |
| Fetal assessment and uterine activity | Continuous | |

EVIDENCE GRADING

Level of Evidence: III-C

REFERENCES

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