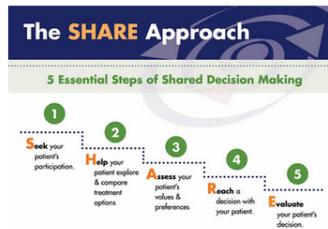




## The SHARE Approach



AHRQ's SHARE Approach is a five-step process for shared decisionmaking that includes exploring and comparing the benefits, harms, and risks of each option through meaningful dialogue about what matters most to the patient.

A [Fact Sheet \(PDF, 756 KB\)](#) about the program is available.

### SHARE Approach Workshop Curriculum

The [SHARE Approach Workshop curriculum](#) was developed by AHRQ to support the training of health care professionals on how to engage patients in their health care decisionmaking. The curriculum is made up of an Introduction, four content modules, and a module with training tips.

- **Introduction** to SHARE Approach Workshop
- **Module 1:** Shared Decisionmaking and the SHARE Approach
- **Module 2:** Using Patient-Centered Outcomes Research (PCOR) in Shared Decisionmaking
- **Module 3:** Communication
- **Module 4:** Putting Shared Decisionmaking Into Practice

#### RELATED AHRQ RESOURCES

##### For Patients

- [Patient Decision Aids from the Effective Health Care Program](#)
- [Treatment Option Summaries from the Effective Health Care Program](#)
- [U.S. Preventive Services Task Force Patient and Clinician Resources](#)
- [Patient Question Builder](#)
- [Questions Are The Answer Campaign](#)

##### For Health Professionals

- [AHRQ Health Literacy Universal Precautions Toolkit](#)
- [AHRQ's Making Informed Consent an Informed Choice: Training Modules for Health Care Leaders and Professionals](#)
- [Guide to Patient & Family Engagement in Hospitals](#)
- [Treatment Option Summaries from the Effective Health Care Program](#)
- [CME/CE Activities from the Effective Health Care Program](#)

##### Health Care Innovations Exchange

- [Profiles on Shared Decisionmaking](#)
- [Profiles on Using Decision Aids in Shared Decisionmaking](#)

<https://www.ahrq.gov/health-literacy/curriculum-tools/shareddecisionmaking/index.html>