2 Week Postpartum Maternal Health Safety Check

- Blood pressure / preeclampsia symptoms check
- Wound/ perineum check
- Assess postpartum bleeding
- Mood check/depression screening
- Provide breastfeeding support
- Discuss family planning / contraception options
- Link to health / community services (WIC, lactation, home visits)
- Assess medical / pregnancy complications and link to needed follow up care including PCP
- Review risk reduction strategies for future pregnancies (aspirin, 17-OHP)