

YOU CAN SCHEDULE TWO MEDICAL VISITS IN THE FIRST 3 MONTHS AFTER PREGNANCY

IF YOU LIVE IN ILLINOIS AND HAVE MEDICAID, YOU CAN GET AT LEAST **TWO MEDICAL VISITS AFTER PREGNANCY**

Early visit
(Within first 3 weeks after pregnancy)



Later visit
(About 4-12 weeks after pregnancy)

If you have Medicaid, schedule your visits with your healthcare provider
If you do not have Medicaid, please check with your insurance provider about coverage for two preventive postpartum visits

WHY IS THE TIME AFTER PREGNANCY SO IMPORTANT?



- In the U.S., **2 in 5** pregnancy-related deaths occur 1-41 days after giving birth
- **1 in 4** women visit the emergency department within the first 6 months after pregnancy (mostly during the first 6 weeks)

- High risk for unplanned pregnancy and postpartum depression



- Important time for recovery (especially for people who had a C-section)



<https://doi.org/10.1097/AGG.0000000000002114>
<https://doi.org/10.1097/SMJ.0b013e318197fae4>

<https://doi.org/10.1089/jwh.2014.5125>
<https://doi.org/10.1097/AGG.0000000000002633>

CARE AFTER PREGNANCY CAN HELP YOU TO...



1. Get attention for new and chronic health conditions (such as diabetes, high blood pressure, substance use, and depression)
2. Access birth control/contraception
3. Get breastfeeding support
4. Get access to care for yourself not related to pregnancy



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