## Let us help you in understanding your care:

Please take a moment to write down any questions/concerns you have regarding your birthing experience and we will gladly discuss them with you during your time with us here.

Questions about your labor and delivery care:

What's on the top of your mind? (questions, fears, concerns, ideas, thoughts, etc)

Questions about your newborn's feeding & care:

**Questions about your** 

postpartum care:

Thank you for trusting us with your care, we truly value you and your family.