

Advancing Health in America

Addressing Social Determinants of Health

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CURRENT ENVIRONMENT

Social determinants of health are the circumstances in which people are born, grow up, live, work and age, and the systems put into place to deal with illness.

➤ Each Year In The U.S..

- 1.5 million million individuals experience homelessness
- 3.6 million people cannot access medical care due to lack of transportation
- 40 million people face hunger, and
- 11.8 percent of households are food insecure



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IMPACT OF SOCIAL DETERMINANTS OF HEALTH

Social determinants of health have tremendous affect on an individual's health regardless of age, race, or ethnicity.



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Source: Adapted from Kalser Family Foundation. Beyond Health Care: The Role of Social Determinants in Promoting Health and Health Equity. November 20

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SOCIAL DETERMINANTS OF HEALTH

We need to consider each factor to address the social determinants of health.











Violence Social Support

Employment

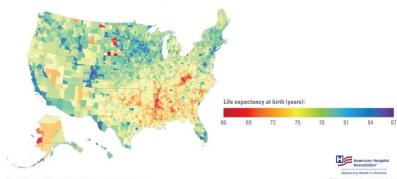
Health Behaviors



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PLACE MATTERS Where we live can determine how well we live and is a significant factor of life expectancy.



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ZIP CODE MATTERS

Your zip code - where you actually live - also influences health.





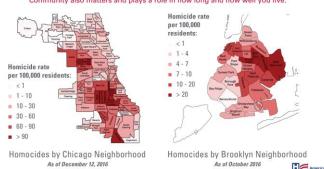
Chicago, Illinois Mississippi

Short Distances To Large Gaps In Health

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COMMUNITY MATTERS

Community also matters and plays a role in how long and how well you live.



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FOOD MATTERS

Food insecurity is a risk factor for various health issues, including chronic diseases, poverty, unemployment, homelessness, and developmental delays in children.





Mississippi food insecurity rates: **4-14% 15-19%** ■ 20-24% **25-29% 30%** + 21.5% are food insecure

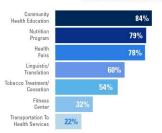


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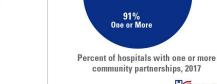
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THE ROLE FOR HOSPITALS AND HEALTH SYSTEMS

We know many hospitals and health systems are already addressing the social determinants of health in their communities.



Hospitals that provide non-medical services



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both within their own walls and outside in the community.

THE ROLE FOR HOSPITALS AND HEALTH SYSTEMS There are multiple ways hospitals and health systems can address social determinants of health -



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POTENTIAL NEXT STEPS

If a hospital or health system wants to move forward on their journey to address the social determinants, some examples of next steps include:

0	Know and engage with the community
2	Gathar data











AHA RESOURCES: THE VALUE INITIATIVE

Tools, resources and education to address social determinants as part of <u>value</u>, population health and health equity efforts.







You are invited to explore The Value Initiative at: www.aha.org/TheValueInitiative



AHA RESOURCES: PATHWAYS TO POPULATION HEALTH

Tools, resources and education to address social determinants as part of value, population health and health equity efforts.



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AHA RESOURCES: THE INSTITUTE FOR DIVERSITY AND HEALTH EQUITY

Tools, resources and education to address social determinants as part of value, population health and health equity efforts.



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"There can be no quality without equity. Promoting diversity and inclusion and building community are essential strategies for delivering equitable care."

www.diversityconnection.org





MEMBERS IN ACTION: FIGHTING FOOD INSECURITY

Connecting individuals and families to health food sources and improving their health.

ProMedica

More than **57,000 patients** were screened for food insecurity

1,100 food insecure patients became food pharmacy clients

Additional 4,000 Medicaid patients referred to food pharmacy

Food pharmacy patients used ED 3 percent less, had 53 percent fewer hospital readmissions, and primary-care visits increased 4 percent

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MEMBERS IN ACTION:
ADDRESSING HOUSING

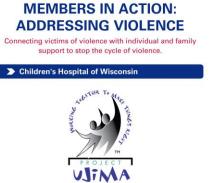
Providing chronically homeless individuals with stable housing and support services.

➤ University of Illinois Hospital and Health Sciences System

BETTER HEALTH THROUGH HOUSING

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MEMBERS IN ACTION:
IMPROVING SOCIAL SUPPORT
Increasing physical activity and event opportunities for seniors to improve health and build community.

Northern Montana Hospital

Activities include bus tours, picnics and fitness classes

Built-in health screenings

Diabetes prevention program resulted in decreased number of amputations

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MEMBERS IN ACTION: SUPPORTING YOUTH EDUCATION

The Tipping the Scale Program provides at-risk students job training, mentoring, and summer employment.

➤ Baptist Health & University of Florida Health

Ninth graders begin weekly training sessions on job interviewing, resume writing, money management, and accountability

1,700 students each year

98% graduate high school

Majority attend college, join military or get a job





MEMBERS IN ACTION: IMPROVING EMPLOYMENT AND HOUSING

SEED Program invests in a neighborhood to revitalize former vacant lots and turn around a poor retail market.

➤ Bon Secours Richmond Community Hospital

Initial investment - \$50,000 a year with three-year commitment

Established 14 business (still running today)

Brought jobs to community and increased

Resulted in better housing opportunities



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