

## MNO – Neo Team

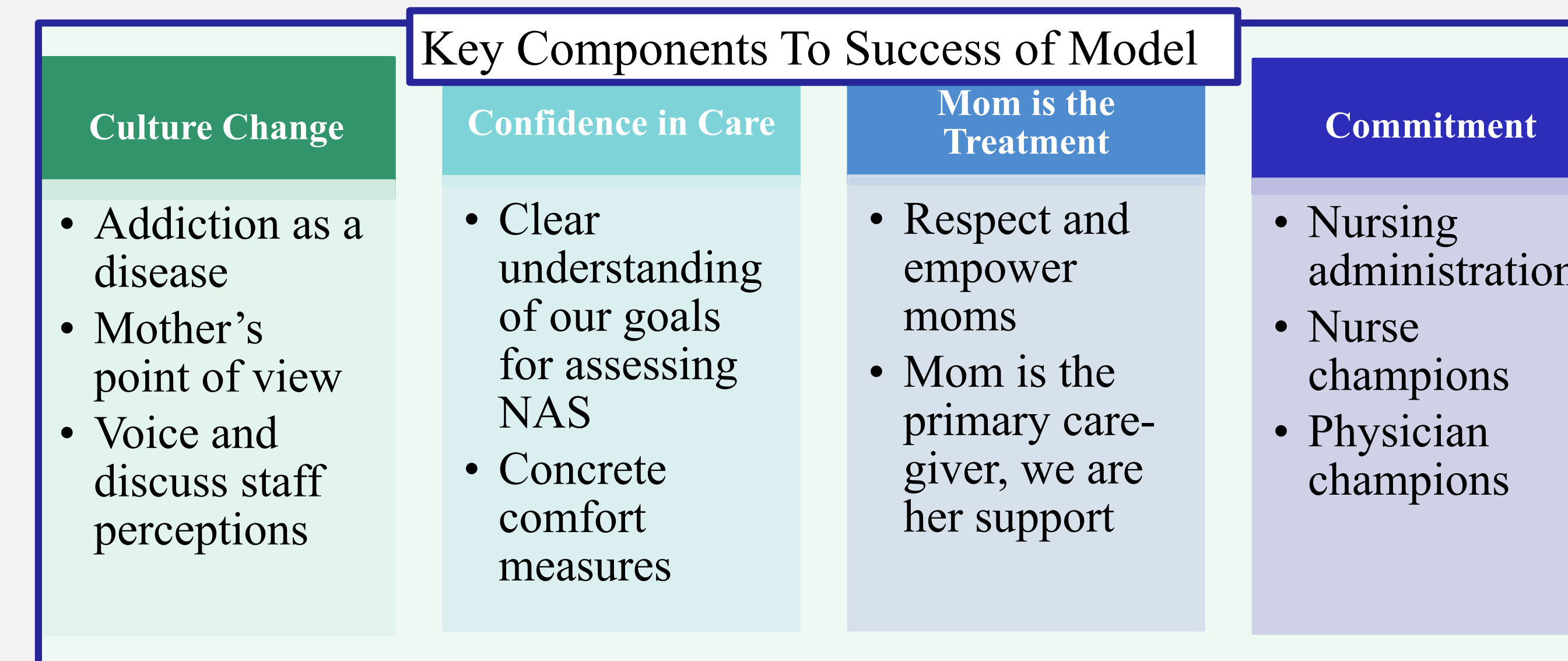
Katie Althoff-Moore – Nurse Manager Mother/Baby  
Dr. Kim Spence – Neonatologist  
Brenda Davidson – Director Women's Services  
Mary Hope – Perinatal Outreach Specialist  
Becky Boedeker – Lactation Consultant  
Judy Wilson-Griffin – Perinatal Nurse Specialist



## MNO-Neo Progress

NAS Assessment Tool & Non-Pharmacologic Interventions added to the Electronic Medical Record

Eat Sleep Console		Selection Form	
Effective Feeding	No	Selection Form Music Non-nutritive sucking Pacifier Quiet room Rocked Skin to skin Swaddled Swing	
Slept 1 hr in the past 4 hrs	Yes		
Consolable within 10 minutes	Yes		
Eat Sleep Console Interventions		Selection Form	
Non-Pharmacologic	Diaper change;D...	Selection Form Breastfeeding/Placed to breast Bottle feeding Containment hold Diaper change Dim lighting Held Massage Minimal stimulation	
Held By:	Nurse		
Pharmacologic Management			



## Coordinated Discharge

Discharge Begins on Admission

**Nurses:**

- Review admission packet
- Educate re: NAS symptoms and treatment
- Support non-pharmacologic care
- Feeding plan – fortifying EBM or formula

**Pediatricians:**

- Ensure follow-up appointment
- Handoff to community pediatrician
- Appointment for neuro follow up clinic

**Social Workers:**

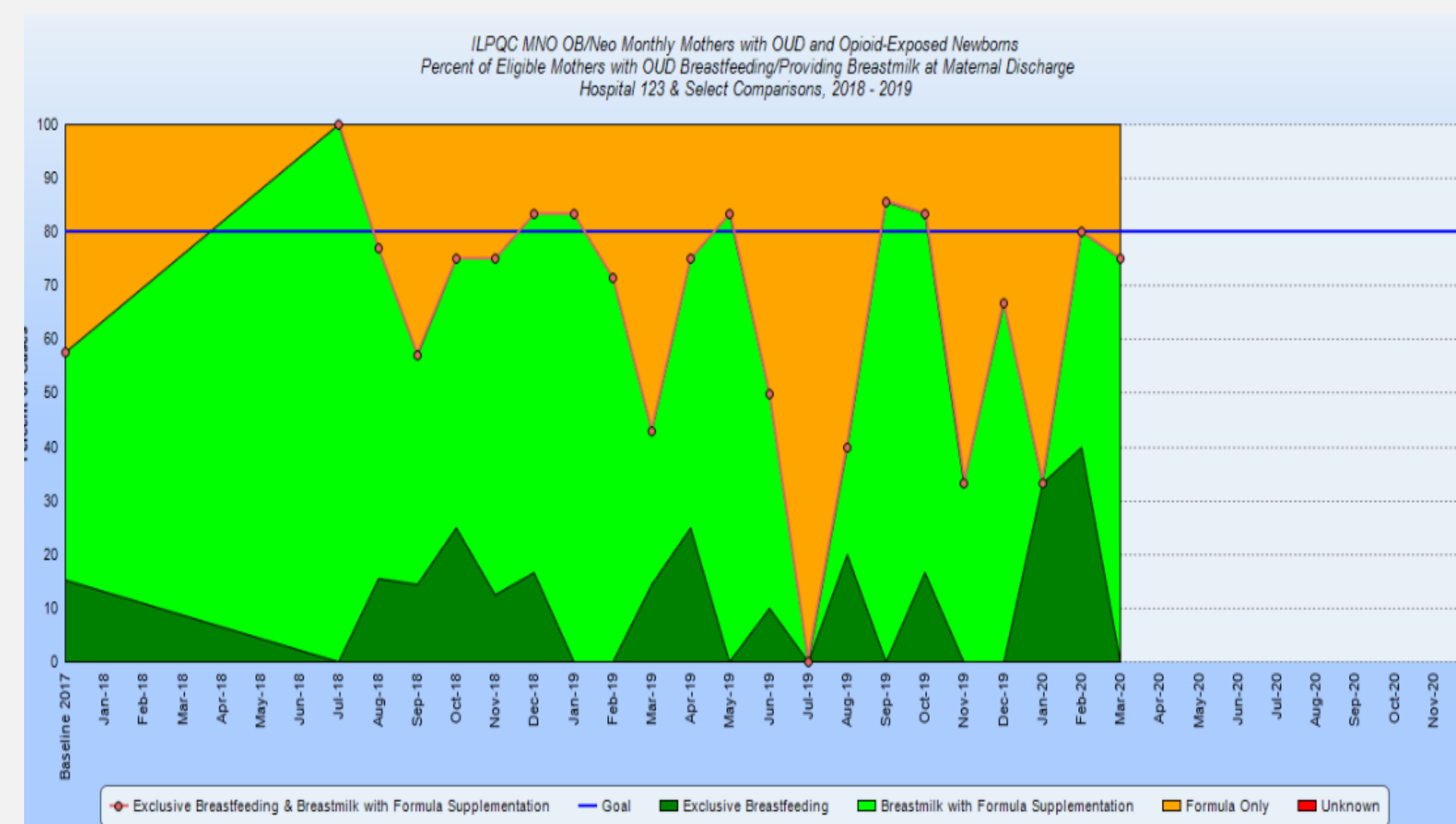
- Family assessment
- Referral to community resources
- Notification to state agencies

**Occupational Therapist:**

- Neuro assessment
- Reinforce education on non-pharmacologic measures

## MNO – Neo Data

### Breastfeeding

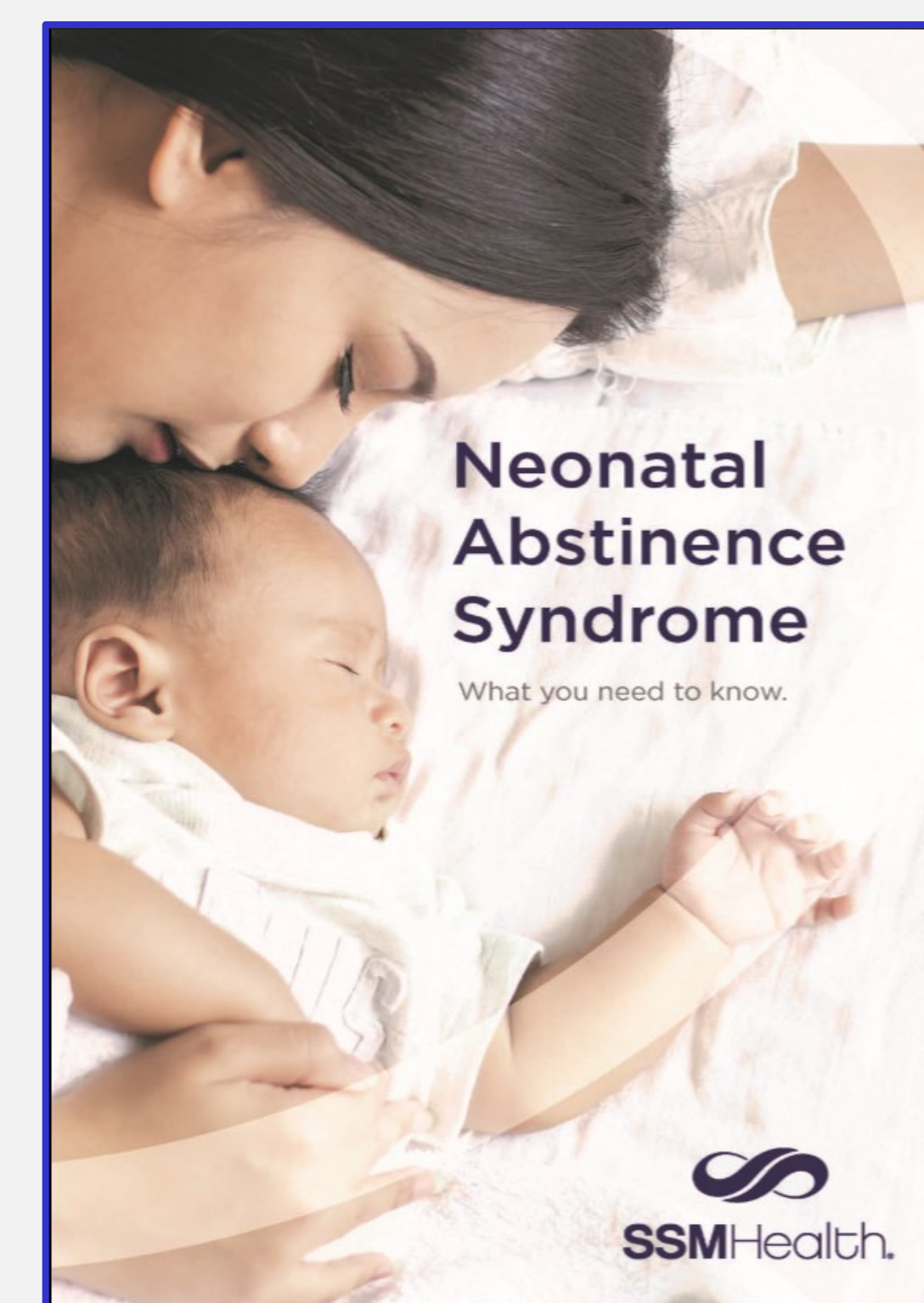


### Pharm/Non-Pharm Treatments

Month	Total doses administered	6W doses administered	Babies treated 6W	NICU doses administered	Babies treated NICU
Dec	76	3	2	73 (58 doses >0.1 mg)	3
Jan 2020	45	5	2	40 (29 doses > 0.1 mg)	2
Feb	31	16	8	15	2
March	10	6	2	4	1
April	25	3	1	22	4

## MNO-Neo Folders

- Intro to the Family
- NAS booklet
- You are the treatment
- Partners in Care
- Calming Methods
- Breastfeeding

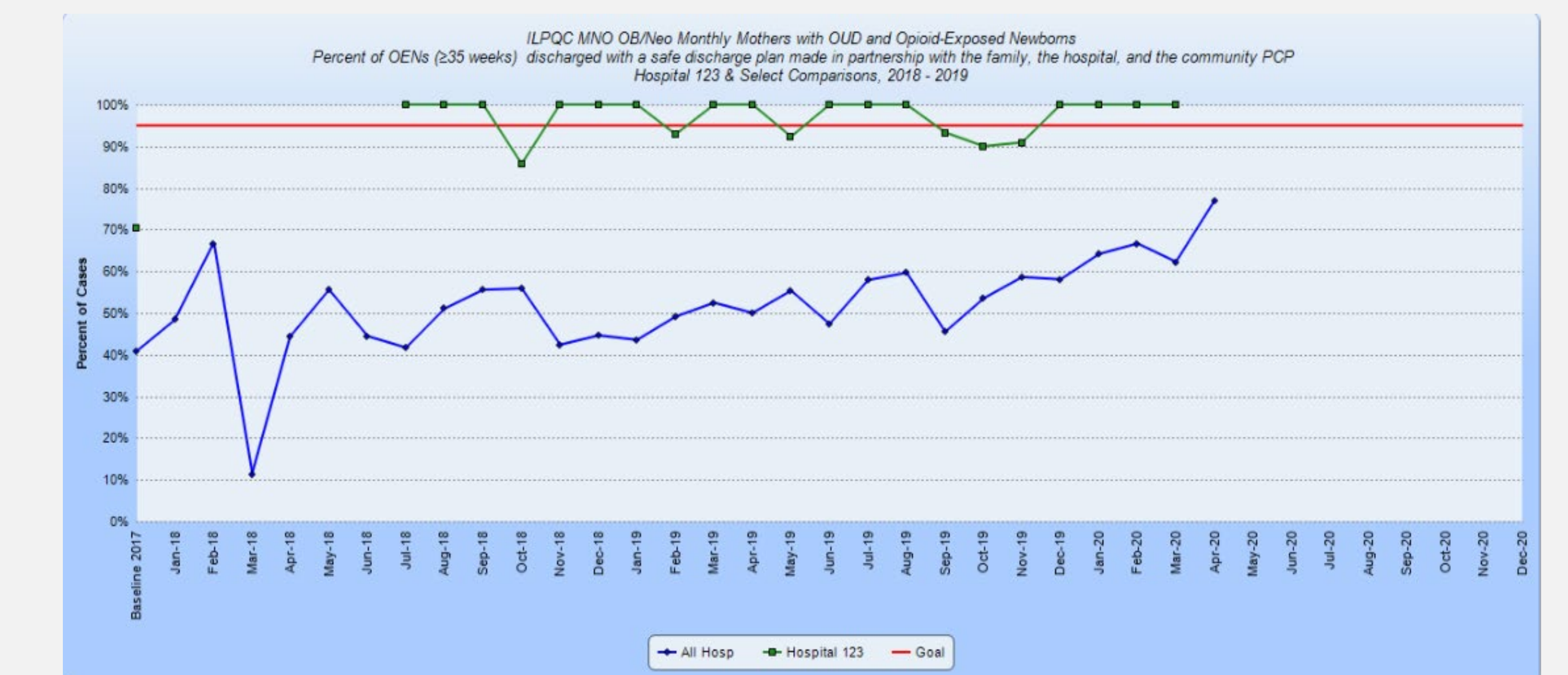


<b>Room in with your baby:</b> <ul style="list-style-type: none"> <li>Remain with your baby, room in together</li> <li>Avoid frequent transfers to the nursery.</li> <li>Take deep, calming breaths. Your baby can sense your stress.</li> </ul>	<b>Hold your baby skin to skin often:</b> <ul style="list-style-type: none"> <li>Hold infant close to you, tummy to tummy or curled C-position with head slightly flexed and knees toward chest.</li> <li>Avoid noxious smells and tastes.</li> <li>Provide infant a scented blanket from you (love you have held against your skin) when you are apart.</li> </ul>
<b>Feed and comfort your baby "on demand":</b> <ul style="list-style-type: none"> <li>Breastfeed if allowed by your medical team.</li> <li>Respond early to infant's signal before they become very upset.</li> <li>Swaddle snugly with light weight blanket, with hips tucked and hands toward face</li> </ul>	<b>Limit Visitors:</b> <ul style="list-style-type: none"> <li>Cluster care together. When infant is sleeping, let them sleep.</li> <li>Keep number of visitors in the room as few as possible</li> </ul>
<b>Keep lights low and minimize noise:</b> <ul style="list-style-type: none"> <li>Avoid television shows with high color contrast.</li> <li>Avoid flashing lights on cameras and telephones.</li> <li>Avoid telephones with audible ring tones.</li> </ul>	<b>Gently comfort your baby if he/she is upset:</b> <ul style="list-style-type: none"> <li>Expose infant to rhythmic, slow, and steady sounds (like mom's heartbeat).</li> <li>Use slow, fluent movements when picking up or placing infant down.</li> <li>Avoid bouncing up and down.</li> </ul>

## Monthly Multidisciplinary Taskforce Meeting

All NAS cases Reviewed for:

- NICU admission
- Need for pharmacologic treatment
- Number of doses given



## BASIC

### Planning Participation

**Team Lead:** Dr. Shakir Mohamad, Neonatologist

**Nursing Leaders:** Julie Nickles DNP, RN, NICU Nurse Manager and Melissa Miller MSN, RN, RNC-NIC, FNP-C

**Pharmacy:** Laurie Niewoehner, PharmD, Clinical Pharmacy Specialist NICU

**Plan to engage further participation from nursing staff and Pediatricians**