

Opportunities to Support Breastfeeding Mothers and Newborns Affected by Opioids (mno)

***Breastfeeding during
COVID is possible if you
wear a mask, wash
hands before and after,
and routinely clean and
disinfect surfaces
(CDC, 2020)***

***Mothers who receive
Breastfeeding support are
almost twice as likely to
breastfeed than mothers
who did not receive
support (CDC, 2020)***

***Mothers are eligible to breastfeed while
taking the following medications (ABM
2015):***

- ***MAT therapy (Subutex,
Buprenorphine, Suboxone,
Methadone)***
- ***Oxycodone (prescription only)***
- ***Hydrocodone (prescription only)***
- ***Lorazepam (prescription only)***
- ***SSRIs (citalopram (celexa),
escitalopram (lexapro), fluoxetine
(prozac), fluvoxamine (luvox),
paroxetine (paxil), sertraline (zoloft)***

***Substance use is
not necessarily a
contraindication
to breastfeeding
(WHO, 2014)***

***Encouraging
breastfeeding will
help optimize non-
pharmological care for
newborns with NAS
(ILPQC, 2020)***

***More information available
at www.ilpqc.org***