Opportunities to Support Breastfeeding
Mothers and Newborns Affected by Opioids (MNO)

Breastfeeding during COVID is possible if you wear a mask, wash hands before and after, and routinely clean and disinfect surfaces (CDC, 2020)

Mothers who receive Breastfeeding support are almost twice as likely to breastfeed than mothers who did not receive support (CDC, 2020)

Mothers are eligible to breastfeed while taking the following medications (ABM 2015):

- MAT therapy (Subutex, Buprenorphine, Suboxone, Methadone)
- Oxycodeone (prescription only)
- Hydromorphone (prescription only)
- Lorazepam (prescription only)
- SSRIs (citalopram (celexa), escitalopram (lexapro), fluoxetine (prozac), fluvoxamine (luvox), paroxetine (paxil), sertraline (zoloft))

Substance use is not necessarily a contraindication to breastfeeding (WHO, 2014)

Encouraging breastfeeding will help optimize non-pharmaceutical care for newborns with NAS (ILPQC, 2020)

More information available at www.ilpqc.org