**Milk received in NICU**

**Collecting Milk:**

* Mom dons mask or available barrier
* Cleans surface for bottles/syringes
* Performs hand hygiene
* Expresses milk into provided containers
* Labels containers with baby’s sticker, date and time.

NOTE: Hand hygiene and cough etiquette around these activities are essential for all families and should be taught with teach-back for all patients.

Patient Education Emphasizing:

* Excellent hand hygiene
* Wearing a mask

**Hospital:**

* Mom’s HCW dons PPE and enters room
* HCW retrieves the milk and wipes down the containers with antiseptic wipe
* HCW deposits containers into clean bag outside mom’s room
* Baby’s NICU nurse is notified
* Milk is taken to the NICU in the clean bag

**Location of mom**

* Bottles are brought into baby’s room
* Designate clean and dirty areas for sanitizing the bottles
* Place bag of bottles on area designated dirty area, then wipe the bottles with sanitizing wipes and place to clean area.
* Clean work surface with sanitizing wipes when finished
* Put clean bottles into the baby’s refrigerator

Milk that needs to be placed in the freezer room requires a second RN, wearing gloves, outside the baby’s room to receive the sanitized bottles and take to the freezer to be placed in the baby’s bin.

**Bringing milk to the hospital:**

* Unexposed support person will deliver expressed milk to designated staff at prearranged location
* Support person drops milk into clean bag brought by staff
* Receiving staff member should wear gloves

**Home:**

* Send mom/family home with sterile milk storage bottles, baby’s patient labels, and plastic bags
* Support person wipes down bottles with sanitizing wipes if available
* Bottles are placed in plastic bag and stored in refrigerator or freezer