

SPEAK UP Champion™

Implicit and Explicit Racial Bias Education

November 9 & 16, 2021
8:30AM-12:30PM CT

ILLINOIS

INSTITUTE FOR
**PERINATAL
QUALITY
IMPROVEMENT**
www.perinatalqi.org



A Black woman is 3 to 4 times more likely to die of pregnancy-related complications than a white woman. Research shows that inequities in outcomes are primarily due to differences in how women are treated within the health care setting based on race (racism).

The SPEAK UP Champion™ Implicit and Explicit Racial Bias education is a total of 8 hours over two days (Nov. 9th & 16th) of live virtual interactive learning that outlines quality improvement strategies to support individuals and groups with dismantling racism, providing quality equitable care, and reducing health disparities.

Target Audience

Healthcare professionals who support and care for patients before, during and after pregnancy or professionals that care for newborns.

Objectives

01

Background Knowledge

Describe factors that contribute to perinatal disparities based on a social justice framework.

02

Improvement Science

Outline quality improvement strategies and tactics for eliminating implicit and explicit bias when caring for women before, during, and after pregnancy.

03

Action Plan

Develop a quality improvement action plan for ensuring equity in perinatal outcomes.

Quotes from Previous Participants

“Eye opening!”

“I will continue to check myself and speak up when I see bias. Excellent training! Thank you!”

“Great training. Very helpful and empowering!”

Faculty

Debra Bingham, DrPH, RN, FAAN
Renée Byfield, MS, RN, FNP, C-EFM

Tuesday, November 9, 2021 8:30AM-12:30PM CT

Time	Objectives	Faculty & Methods of Instruction
8:30 CT (15 min)	Welcome and Introductions	Patricia Lee King, PhD, MSW, State Project Director, Quality Lead, Illinois Perinatal Quality Collaborative
8:45 CT (45 min)	Group Introductions Commitment to the Process	Debra Bingham, Renée Byfield & all participants
9:30 CT (60 min)	Current Trends <ul style="list-style-type: none"> Describe the current trends in maternal mortality and racial disparities 	Debra Bingham Lecture Videos Q&A
10:30 CT (20 min)	Myths and Historical Context that Impacts Racism <ul style="list-style-type: none"> Explore myths that misinform Black health and contribute to maternal racial and ethnic disparities 	Renée Byfield Lecture Q&A
10:50 CT (10 min)	BREAK	
11:00 CT (45 min)	Factors that Contribute to Disparities, Part 1 <ul style="list-style-type: none"> Provide historical context to describe the negative impact of racism on Black women's health Glossary of Terms 	Renée Byfield Debra Bingham Lecture Q&A
11:45 CT (40 min)	Factors that Contribute to Disparities, Part 2 <ul style="list-style-type: none"> Describe factors that contribute to maternal racial and ethnic disparities <i>Group Discussion: Scenarios</i> 	Group Discussion Breakout Rooms
12:25 CT (5 min)	Adjourn	Thank you for participating!

Tuesday, November 16, 2021 8:30AM-12:30PM CT

Time	Objectives	Faculty & Methods of Instruction
8:30 CT (30 min)	Reflections Factors that Contribute to Disparities, Part 2 (cont'd) <ul style="list-style-type: none"> Define implicit and explicit bias <i>Group Discussion: Sharing implicit bias results</i> 	Debra Bingham Renée Byfield Group Discussion
9:00 CT (45 min)	Social Determinants of Health <ul style="list-style-type: none"> Describe social determinants of health Discuss tactics for using SPEAK UP when caring for perinatal patients with substance use disorder Describe how to use SPEAK UP to reduce inequities in care <i>Group Work: S.M.A.R.T. Goals</i> 	Debra Bingham Lecture Q&A Group Work Socio-Ecological Model Ishikawa Diagram
9:45 CT (15 min)	Strategies for Eliminating Perinatal Disparities <ul style="list-style-type: none"> Identify strategies for reconciliation and healing 	Debra Bingham Lecture Slides Q&A
10:00 CT (15 min)	BREAK	
10:15 CT (75 min)	QI Strategies to Eliminate Perinatal Disparities <ul style="list-style-type: none"> Identify tactics for eliminating perinatal disparities <i>Group work: Utilize QI tools to create a QI Charter</i> 	Renée Byfield Debra Bingham Group Work Project Charter Worksheet Breakout Rooms
11:30 CT (55 min)	Next Steps and Evaluations <ul style="list-style-type: none"> Share one thing you learned 	Participants
12:25 CT (5 min)	Closing statement Adjourn	Thank you for participating!

Continuing Education Credits

This nursing continuing professional development activity is approved by the Northeast Commission on Accreditation for 5.75 CNE contact hours. Boston University School of Medicine designates this live activity for a maximum of 7.75 AMA PRA Category 1 CME Credit(s)[™].

Conference Registration

This education is by invitation only. It is free to one QI team member from each ILPQC Birth Equity Hospital Team and the Perinatal Network Administrator from each Administrative Perinatal Center. The Zoom link is provided after registration.

[REGISTER HERE](#)

We suggest that you **register by October 19, 2021** in order to assure that a workbook can be mailed to you.

Please fill out our [pre-survey](#). A post-survey will be sent after the conference for CNE/CME.

Implicit Bias Self-Assessment

All participants are requested to complete the Harvard Implicit Bias (Race IAT) self-assessment prior to attending the SPEAK UP Champion[™] education. The test is free and can be accessed at <https://implicit.harvard.edu/implicit/takeatest.html>.

Additional Learning Activities

Registrants will receive a free promo code to access the online [SPEAK UP Module Bundle](#).

Module 1

Why Everyone Must SPEAK UP: Trends and Racial Disparities in Maternal Mortality and Morbidity

Module 2

Pledging to SPEAK UP: Recognizing Bias, Inequity, and Racism in Perinatal Care

Module 3

How to SPEAK UP Against Racism in Perinatal Care

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Additional Resources for ILPQC Hospital Teams

- **[CDC Hear Her Campaign](#)**: Resources to raise awareness of life-threatening warning signs during and after pregnancy and improve patient-provider communication, including patient story videos and discussion tools.
<https://www.cdc.gov/hearher/index.html>
- **[Diversity Science](#)**: The three e-modules focused on implicit bias and reproductive justice. Option to integrate into hospital learning management systems through ILPQC access.
<https://www.diversityscience.org/ilpqc-2/>
- **[The Office of Minority Health](#)**: Think Cultural Health: The four e-modules focused on Culturally and Linguistically Appropriate Services (CLAS) in maternal health care.
<https://thinkculturalhealth.hhs.gov/>
- More education and quality improvement resources available for ILPQC Birth Equity hospital teams at <https://ilpqc.org/birthequity/>.

This SPEAK UP Champion[™] education is supported by

