

ABC's of Reproductive Well-Being for Healthy Families

Illinois' new Medicaid for Family Planning program offers an opportunity to ensure families have coverage for needed primary care after Moms and Babies coverage ends 12 months postpartum. Here's what you can do to supportive reproductive well-being of your patients by ensuring no new Mom loses coverage:

A SSESS eligibility for coverage. Does the patient:

- Identify as a resident of Illinois?
- Earn less than \$3,500 a month before taxes as an individual (not household)?
- Not already have public benefits (i.e. Medicaid)?

If yes, this patient may qualify for the HFS Family Planning Program (HFS FPP). Open to patients of any gender (including partners/Dads!) or age, this program includes an immediate, temporary coverage option called Family Planning Presumptive Eligibility (FPPE) open to patients regardless of immigration status 2x per calendar year. Coverage is also open to patients with private insurance that they can't or don't want to use because of privacy or cost concerns.



B UILD AWARENESS of covered services.

Being physically and mentally healthy is foundational for parenting. The HFS FPP covers a wide range of primary care services including cancer screenings, family planning counseling, referrals to behavioral health/substance use services, preconception education, and all options counseling for mistimed/untimed pregnancies:

- Annual physical exams with focus on prevention for chronic conditions such as high blood pressure or diabetes.
- All FDA-approved birth control methods (short, long-acting, permanent methods, and emergency contraception)
- STI testing/treatment and HIV testing/prevention with PrEP and PEP.
- Screening for breast (mammogram), cervical (pap) , and colorectal cancer
- HPV vaccines for cancer prevention.
- Treatment for genital/urinary infections and abnormal uterine bleeding.

C ONNECT clients to needed care and coverage.

ICAN! partnering health centers understand the complexities of managing a new family and are trained to provide person-centered TRUER* care before, after and in between pregnancies. Scan the QR code to refer a patient to an ICAN! Quality Hub offering all birth control methods without financial barriers or visit ican4all.org to earn more about the HFS FPP, access free trainings and educational assets including a reproductive well-being screening form and more.



Birth Control Options After Pregnancy

Finding the birth control that's right for you after having your baby should be a discussion between you, your partner (if desired), and your clinical team. Learn about different methods, understand the safety and efficacy at different times after birth, and how they may affect breast/chest feeding. Birth control hormones are not harmful to milk quality, but methods with **estrogen** (see below in gray) may decrease milk production and increase medical risks like blood clots in the first few weeks postpartum.

Time Period	Tubal ligation	Vasectomy	Implant	Copper IUD	Hormonal IUD	Depo shot	Condom	Lactational Amenorrhea	Progestin (mini) pill	Fertility awareness	Combined pill	Patch	Ring
WITHIN 10 MINUTES POST-PLACENTA	Blue	Blue	Blue	Blue	Blue								
WITHIN 24 HOURS POSTPARTUM	Blue	Blue	Blue	Yellow	Yellow	Blue							
1 TO 3 DAYS POSTPARTUM	Blue	Blue	Blue	Yellow	Yellow	Blue	Blue	Blue	Blue				
3 DAYS TO 3 WEEKS POSTPARTUM	Blue	Blue	Blue	Yellow	Yellow	Blue	Blue	Blue	Blue	Yellow			
3 TO 4 WEEKS POSTPARTUM	Blue	Blue	Blue	Yellow	Yellow	Blue	Blue	Blue	Blue	Yellow	Yellow	Gray	Yellow
4 TO 6 WEEKS POSTPARTUM	Blue	Blue	Blue	Yellow	Yellow	Blue	Blue	Blue	Blue	Yellow	Yellow	Gray	Yellow
6 OR MORE WEEKS POSTPARTUM	Blue	Blue	Blue	Yellow	Yellow	Blue	Blue	Blue	Blue	Yellow	Blue	Blue	Blue