# A Community Approach to Addressing Inequities in Infant Mortality

#### Meredith Shockley-Smith, PhD

Executive Director, Cradle Cincinnati Field Service Assistant Professor-AFF, UCMC Founder, Queens Village

#### James M. Greenberg, MD

Co-Director, Perinatal Institute
Professor, Department of Pediatrics, Division of Neonatology



# A Community Approach to Addressing Inequalities in Infant Mortality-Part 1

James M. Greenberg, MD
Co-founder, Cradle Cincinnati
Co-director, Perinatal Institute
Professor of Pediatrics
Cincinnati Children's Hospital Medical Center
University of Cincinnati College of Medicine





#### Infant Mortality is a Wicked Problem

Tame: a problem you can solve

VS.

- Wicked (malignant/risky/tricky/aggressive): a problem you can work at
- Wicked problems:
  - Lack a common definition
  - Require continuous (endless) attention
  - No single solution (bad/better/best)
  - Difficult to validate solutions





#### Infant Mortality is a Wicked Problem

- Controlled trial and error is risky/impossible
- The value of previous knowledge is limited
- Are characterized by a more desired future state
- Those who attempt to solve wicked problems are open to criticism if they are "wrong"





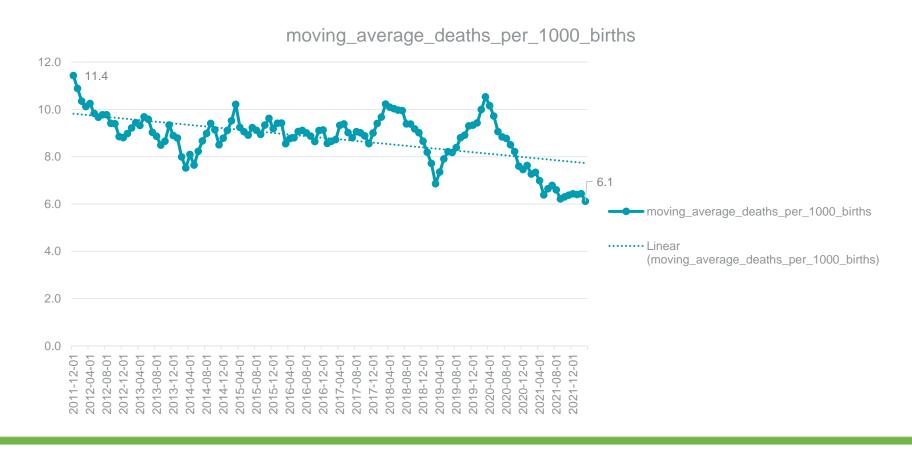


- Co-Founded with Elizabeth Kelly, MD, MPH, Executive Vice Chair, Department of Obstetrics and Gynecology, UCCOM in 2013 as a collective impact collaborative to eliminate infant mortality in Hamilton County OH
- Response to excess infant morality in metropolitan Cincinnati
- Housed within the Perinatal Institute at the Cincinnati Children's Research Foundation/Cincinnati Children's Hospital Medical Center





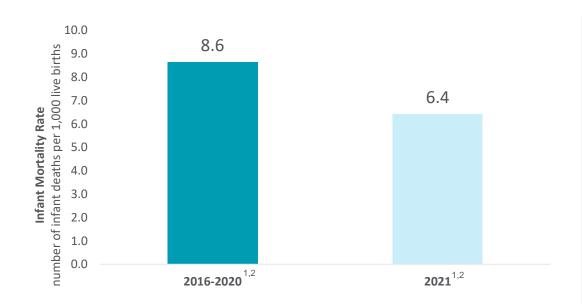
## Where Are We Today? All Cause Infant Mortality Hamilton County Ohio 2011-2021







## Infant Mortality Rate, Hamilton County, 2016-2021



#### **Key Points:**

- In 2021, 66 babies died in Hamilton County 10 fewer than in 2020.
- With 10,266 live births, the 2021 Hamilton County infant mortality rate was 6.4 deaths per 1,000 live births.
- This is by far the lowest rate ever measured in Hamilton County since modern record keeping began in 1968.
- Hamilton County below the state (7.8)¹ and above the nation (5.6)³.

#### ources:

- 1 Ohio Department of Health (ODH) (2021)
- 2 Hamilton County Fetal and Infant Mortality Review (FIMR)
- 3 National Vital Statistics Reports (CDC) (2019)





#### Questions

- What did you do?
- How did you do it?
- What are your interventions?
- We want to do this in (insert location/organization here).
   Can you help us get started?





#### "Answers"

- Specifics are important
- But not necessarily relevant
- Context is key: "All politics is local"

# But there are generalizable concepts





#### 1. Choose a Framework

- Infant Mortality is a wicked problem
- Collective Impact: a framework for wicked problems
  - Common agenda
  - Shared measurement
  - Mutually reinforcing activities
  - Continuous communication
  - Backbone organization
- Cradle Cincinnati June, 2013
- www.cradlecincinnati.org



#### Channeling Change: Making Collective Impact Work

nade equally impressive progress toward measurement systems, mutually reinforc- vs. Collective Impact" on page 2.)

hat does a global effort to re- concept of "collective impact" by describ- tive Impact" below.) duce mainutrition have in common with a program to collaborative efforts that had achieved tions offered a more powerful and realistic. reduce teenage substance substantial impact on a large scale social paradigm for social progress than the preduction a small rural Massachusetts problem, such as The Strive Partnership? 
valing model of isolated impact in which 
county? Both have achieved significant described in limitative in Cinninast, then-

orogress toward their goals the Global in Virginia, and the Shape Up Somerville dress social problems independently. The has halped reduce nutritional deficiencies campaign against childhood obesity in complex resture of most social problems among 350 million poor people across the giolos, while the Communities That Care have the five key conditions that disturbed in the complex resture of most social problems believe the idea that any single program or or organization, however well managed and Coalition of Franklin County and the North
Quabbin (Communities That Care) has of collaboration: a common agenda, shared large-scale change. (See "Isolated Impac

y, a or int or or int or	and the presence of a backbone organiza- ing. Hundreds of organizations and in	
	The Five Conditions of Collective Impact	
	Common Agenda	All participants have a shared vision for change including a common understanding of the problem and a joint approach to solving it through agreed upon actions.
	Shared Measurement	Collecting data and measuring results consistently across all participants ensures efforts remain aligned and participants holeach other accountable.
	Mutually Reinforcing Activities	Participant activities must be differentiated while still being coordinated through a mutually reinforcing plan of action.
	Continuous Communi- cation	Consistent and open communication is needed across the many players to build trust, assure mutual objectives, and creats common motivation.
	Backbone Support	Creating and managing collective impact requires a separate organization(s) with staff and a specific set of skills to serve as the backbone for the entire initiative and coordinate participating organizations and agencies.





## 2. Define the Primary Outcome

- The single variable that you will use to judge success.
- Measurable
- Easily understood
- Matters to all stakeholders





#### **Infant Mortality!**

- Among standard public health metrics, infant mortality is considered the "canary in the coal mine" as a measure of overall community wellbeing.
- Deaths per 1,000 live births in a specific geographic location
- "Live birth" in Ohio includes any baby who is born and either: has a pulse OR takes a breath OR shows movement of voluntary muscles at any gestational age
- Counted until first birthday
- Counted at Mom's home address





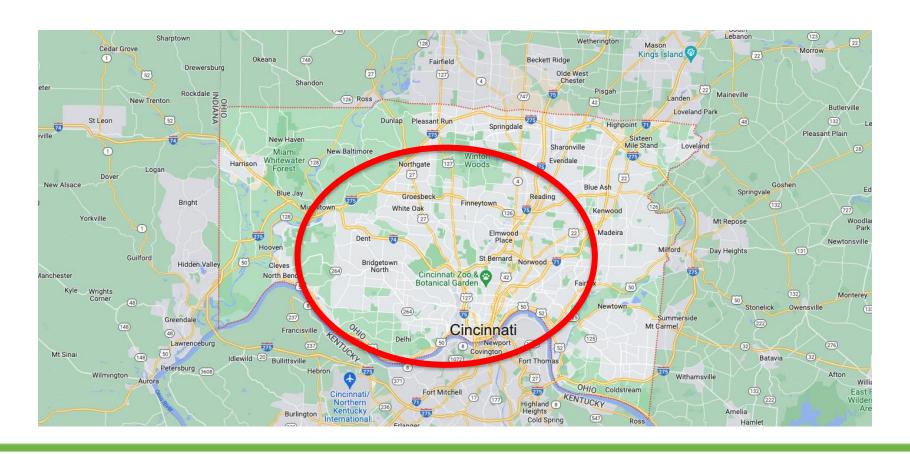
## 3. Define the Geography

- High incidence
- Reliable and sustainable measurement
- Minimal contamination
- Hamilton County OH
  - 10,200 live births/year
  - 2007: 120 infant deaths
  - Two major public health department jurisdictions



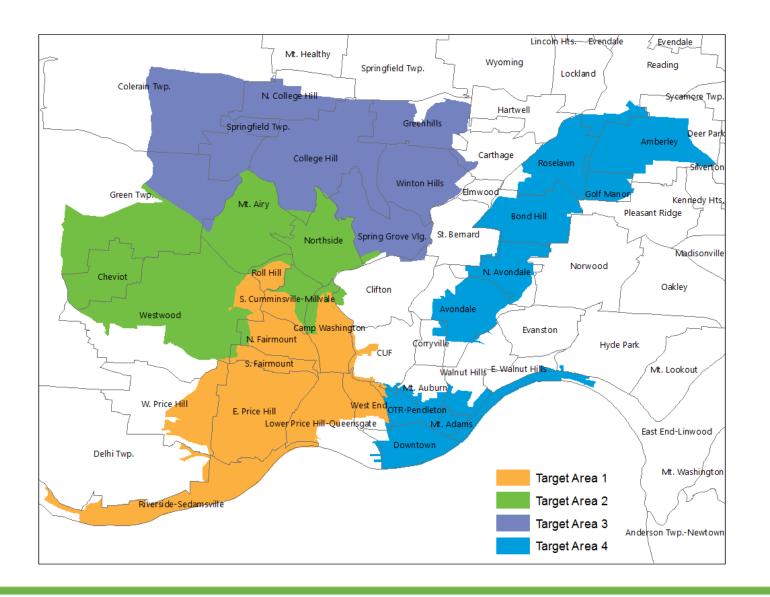


#### **Some Compromises**









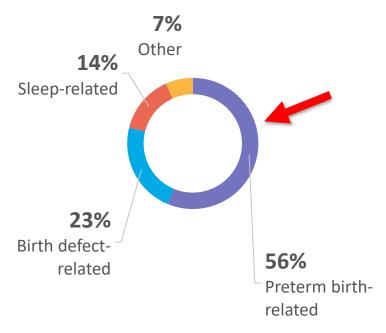




#### 4. Data, Data, Data

- Sources
- Access
- Trust
- ODH
- Hamilton County
- City of Cincinnati
- Maternity centers

#### Causes of Infant Death Hamilton County 2015-2019



Sources: Hamilton County FIMR, Hamilton County Public Health, City of Cincinnati Health Department





## 5. Translate Theory Into Action

Theory (preterm birth):

SFS

Stress

Racism

Social Determinants

**Health Behaviors** 

Geography

Nutrition







Health Status



- Uterine contractions
- Dilation of cervix/LUS
- ROM

Term Birth





## A. Strategy

- Is it effective?
  - Published evidence/Plausibility
  - Learning from others
- Will it matter?
- Is it feasible?
  - Cost
  - Time
- Is it measurable?





#### B. Tactics

- The "3 S's"
  - Smoking
  - Spacing
  - Sleep

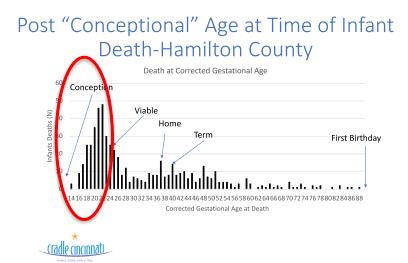
- Smoking
- Spacing
- Sleep
- Equity





#### 6. Avoid Well-Intended Distractions

- Impact on IMR:
  - Parent support/Home visiting
  - Poverty
  - Education
  - Housing
  - Breast feeding







**7**.

Health Care ≠ Public Health



Health Care & Public Health

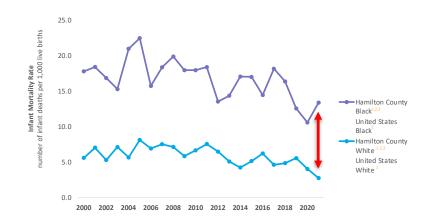


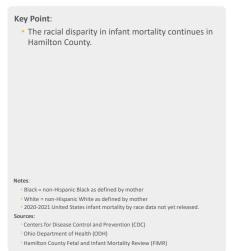


#### 8. Learn Along the Way-This is Important!



#### Racial Disparity in Infant Mortality, Hamilton County and United States, 2000-2021





Disparity

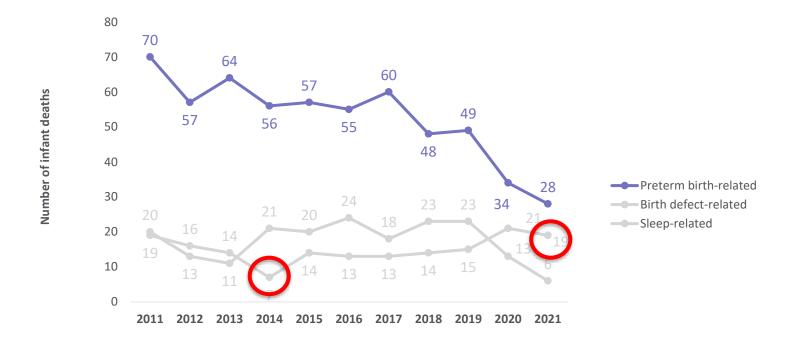
cradlecincinnati.org

23





## Learning Along the Way...







## A Few Final Thoughts

- This is not easy work (IM is a wicked problem)
- Focus
- Persistence
- Systems thinking
- Equity
- RACISM







Strategy 4

# It is racism. Not race.



#### **Equity Strategy**





Use your data to understand what race or ethnicity is most affected



- In the community
- In the organization



Build what you see & hear for interventions and for system level change

How we get it done? Centering on Black women, listening and providing community.



#### **Equity Outcomes**

- A badging system to provide mothers with a way to follow the equity in progress at all hospital systems in Hamilton County
  - Infant care
  - Mother care
  - Staff care
  - Community care













#### Shared power changes outcomes.





#### A collective approach to ending infant mortality

Cradle Cincinnati is a network of community members and organizations working across sectors to measurably improve Hamilton County, Ohio's infant mortality rate and eliminate racial inequities in the health of moms and bables. We bring together services and systems to help moms and, in turn, save bables' lives. Rooted in the collective impact model, our

health and civic partners include community maternity hospital systems, public health departments, social service agencies, and families. We believe there is power in working with many partners and aligning multiple efforts to a common goal: keeping every infant in Hamilton County alive.



Cradle Cincinnati Connections is an initiative that provides moms with the immediate help and support they need to care for themselves and their infants.

Cradle Connections comprises a professional group of community health workers, nutritionists, educators, and advisors helping women find and connect with neighborhood services before, during, and after pregnancy. The vital support they provide is as varied as each mom's needs and could include getting the new baby a crib, helping mom schedule and get to and from doctors' appointments, and securing housing.





KINGS>> STAND

Queens Village is a supportive community of powerful Black women who come together to relax, repower, and take care of themselves and each other. To talk, listen, connect, relieve stress, and process trauma—all of which lower preterm birth, which is a major risk factor for infant mortality.

Kings Stand is a Queens Village brotherhood where Black fathers can grow and support each other in our work toward equity for Black women. This community group holds space for conversation, for fathers to have an outlet from everyday struggles and connect with other fathers who can relate.

learning collaborative

The Cradle Cincinnati Learning Collaborative is a network of healthcare professionals representing hospitals, community health centers, home health agencies, and social support systems. Its goal is to transform prenatal care for women and their families through quality improvement practices.

The Cradle Cincinnati Policy Committee comprises community members and local leaders who identify and advocate for local and statewide policy changes that make pregnancy less stressful and healthy living easier.

policy committee



How we get it done: Centering on Black women, listening and providing community.

#### **Brand Extension: Equity**







TRUST BLACK WOMEN











RESPECT
TRUST
CARE
HONOR
ADVOCATE
FOR BLACK WOMEN



#### Developing Provider Pocket Cards

# For Black Women Safe Spaces



With me and Queens Village on your side, we want to ensure that you have a safe, healthy pregnancy and birth with the support you deserve.

Queens Village provides safe spaces for Black women through:

- Monthly Village meetings
- Wellness Workshops: featuring yoga, mindfulness activities, healing circles, quit challenges, and more
- Neighborhood gatherings and community events
- Support for Dads





infant care

maternal care

staff care

community care

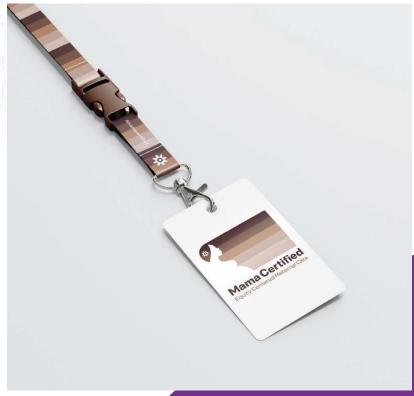
Mama Certified Key Areas

#### Mama Certified

- A certification system to provide mothers with a way to assess and compare maternal equity in local hospital networks
- Badging categories:
   infant care
   mother care
   staff care
   community care
- Levels of progress: starting with a commitment level then an ongoing scale of metrics achieved









#### Accomplishments

HB 11 (expanded Group Prenatal Care)

Medicaid Coverage for a year postpartum

**Pending Doula Legislation** 

8 weeks paid parental leave in Hamilton County (from 0 weeks)

Tobacco 21 Legislation at City of Cincinnati

Pregnant women as priority population at Cincinnati Metropolitan Housing Authority