



Illinois **DocAssist**

Answering your child and adolescent behavioral health questions

866-986-ASST (2778)

Illinois DocAssist provides assistance via phone consultation to primary care providers, nurses, nurse practitioners, and other health professionals to screen, diagnose and treat the mental health and substance use problems of children and adolescents up to age 21. The service is available to providers who are enrolled in any medical program administered by the Illinois Department of Healthcare and Family Services (HFS).

Illinois DocAssist's Child and Adolescent Mental Health Consultation Support provides:

Consultations: By phone with psychiatrists about the mental health and substance use assessment of children and adolescents.

Onsite Practice Consultations: Our psychiatrists will visit your practice setting to help you strategize ways to integrate regular mental health screenings into your practice routine.

Workshops: Education via web-based clinical resources and office-based training workshops.

Referral Resources: When necessary, assistance with finding community resources for children and adolescents who require assistance outside of the primary care setting.



Illinois **DocAssist**

Answering your perinatal
mental health questions

866-986-ASST (2778)

Illinois DocAssist provides phone consultation to primary care providers, nurses, nurse practitioners, and other health professions to screen, diagnose, and treat the mental health problems of women during the perinatal period including complications that can occur within the family. Practitioners can consult our staff for non-emergent situations.

Illinois DocAssist's Perinatal Mental Health Consultation Support provides:

Consultations: By phone or on-site with psychiatrists about the perinatal mental health needs of pregnant women and new parents.

Onsite Practice Consultations: Our psychiatrists will visit your practice setting to help you strategize ways to integrate regular perinatal mental health screenings into your practice routine.

Workshops: CME-eligible educational trainings for primary care clinicians (family medicine, OB/GYNs, pediatricians, and nurses).

Referral Resources: When necessary, assistance with finding perinatal mental health resources and support for families outside of the primary care setting.

Medication Chart: Outlining the latest clinical recommendations for psychopharmacology with pregnant and lactating women.

Screening Tools: We will help you decide which screening tool (e.g., Edinburgh, PHQ-9, etc.) makes the most sense for your patient population.

Contact

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Illinois DocAssist is a **FREE** service.

