



Immediate Postpartum Intrauterine Device (IUDs) Insertions

WHO	Women with Medicaid insurance who are medically complicated and/or have low likelihood of following up for their postpartum visit (unregistered patients, poor/no prenatal care, etc.).
WHAT	Insertion of IUDs
WHERE	Labor and Delivery
WHEN	IUD insertion within 10 minutes of placental delivery in both c-sections and vaginal deliveries.
WHY	<p>Only 60% of women will come to their postpartum visit. Many of these women will already be sexually active within 6 weeks of delivery and we know that ovulation can happen as early as 25 days postpartum in non-breast feeding women (meaning they could get pregnant during this time). Another pregnancy within 18 months of their previous pregnancy can lead to poor maternal and fetal outcomes such as increased risk of maternal death, IUFD and preterm delivery.</p> <p>The immediate postpartum period is a great time for IUD or implant insertion. Women who have recently given birth are often highly motivated to use contraception. They are also admitted to the hospital which is convenient for both patient and provider.</p>
HOW	Immediate postpartum IUDs and implants will be discussed with patients during their prenatal visits, in triage or even during early labor. If patients express interest, they will be given written information. The OB provider will consent patients for IUDs, either progesterone only or copper, with plans to place immediately after delivery. Placement within 10 minutes of placental delivery is important as this decreases the risk of IUD expulsion.